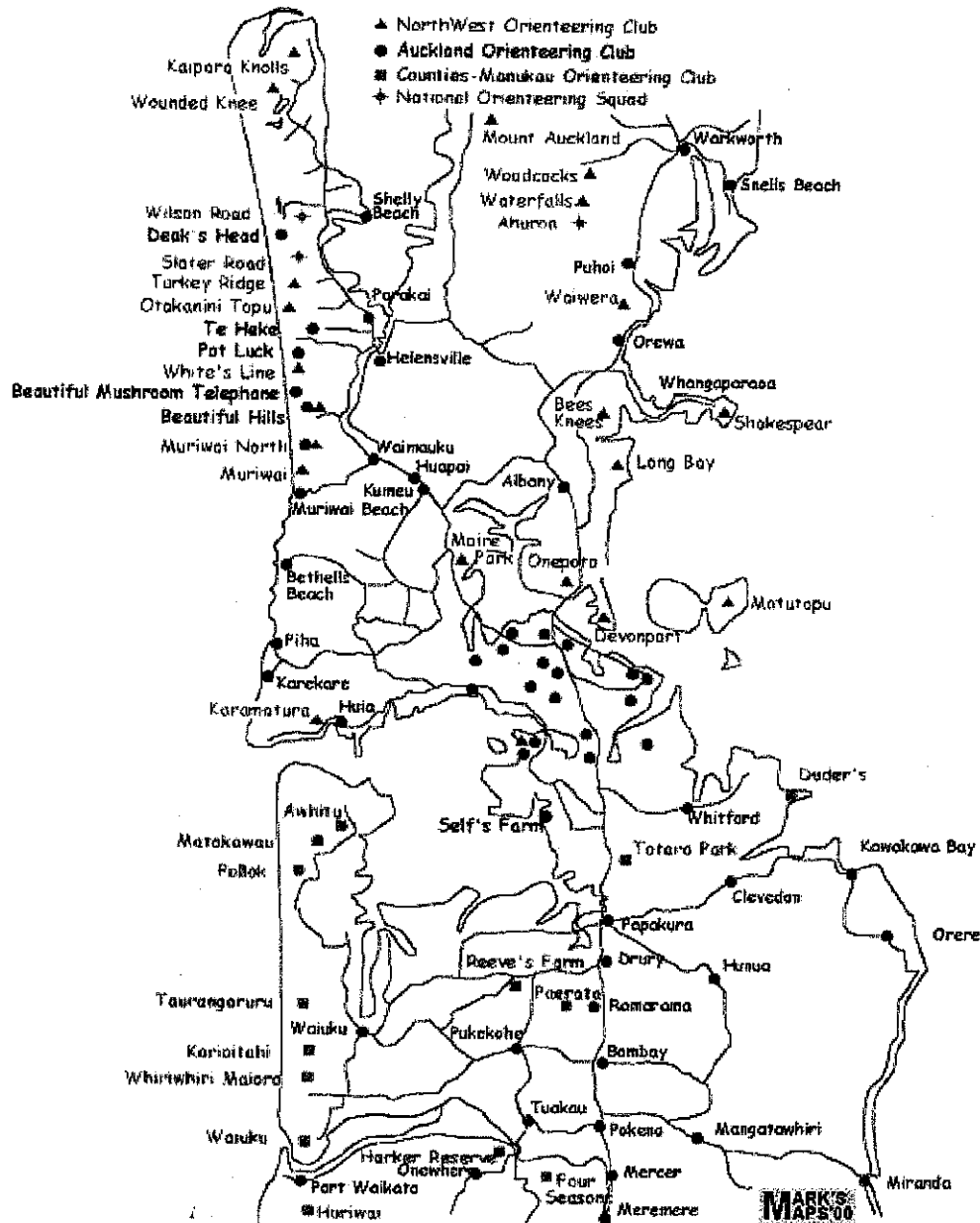


AUCKLAND REGION ORIENTEERING MAPS



FIRST THINGS FIRST

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ORIENTEERING ON THE WEB

NWOC	www.geocities.com/nwocnz
AOC	http://www.orienteeringauckland.org.nz
CMOC	www.cmoc.co.nz
OY results	http://homepages.paradise.net.nz/pebble/orienteering/
Orienteering news	www.maptalk.co.nz
NZOF homepage	www.nzorienteeing.com
MTB-orienteering	www.mapsport.co.nz/mtbo/mtbo.html
Rogaining	www.mapsport.co.nz/rog/rogaine.html
Ski-orienteering	www.mapsport.co.nz/skio/skio.html

The Auckland Orienteer is the magazine of the Auckland Orienteering Association and incorporates articles from the Auckland Orienteering Club Inc., the North West Orienteering Club Inc., and the Counties-Manukau Orienteering Club Inc. It is produced monthly and is available online from the NWOC homepage. Other orienteering related publications are welcome to draw material from the AO pages although credit is asked for both the author (when stated) and the AOA. Information for advertisers is available from the editor (details in Last Bits) Cover: Meihana Taumauna of Murrays Bay Intermediate finds number 59 at the North Shore Intermediate Schools Orienteering Field Day. Photo:Kathy Farquhar

EDITORIAL

Hello

A delayed issue this month due to technical difficulties (a computer that no longer does what it should!)

But worth the wait I think with some wonderful photos from the North Shore Intermediate Schools Orienteering Field Day taken by Kathy Farquhar. I have put these where Last Bits usually is so they can be printed in all their colour glory. Last Bits is bumped up a page.

Also this month, information about the 2006 Orienteer of the Year competition and results and route choices from the Auckland Secondary Schools Orienteering Champs.

Unfortunately there are some columns missing this month as some of our contributors have been too busy competing in, as well as planning, events. Hopefully we will hear from them again next month.

Another plea to anyone out there who fancies themselves as an editor. It is a relatively straight forward job and not too time consuming once templates are set up. Please contact me on 09 8177621 or at shaun.and.mad@slingshot.co.nz to find out more.

Hope you enjoy your read.

Madeleine Collins

EVENT CALENDAR

Please call club secretaries for final confirmation of these details:

A	Auckland. Craig Pearce 09 579 4340	NOS	National Orienteering Squad. Wayne & Trish Aspin 09 235 1074
CM	Counties-Manukau. Hilary Iles 09 235 2941	R	Rotorua. Roger Pooley 07 349 0309
E	Egmont. Judy Martin 06 758 7955	T	Taupo Terry Brighthouse 07 378 9851
H	Hamilton. Ingrid Perols 07 829 7170	Wh	Whangarei Malcolm Mack 09 437 5161 big_mack@ihug.co.nz
NW	North West. Gary Farquhar 09 476 8510		

June

Sat 10	AOC	Sprint event - St Kentigern's College (yet to be confirmed). Start times from 4pm. Please pre-enter to auckoc@hotmail.com See http://auckoc.tripod.com/ for more details.
Sat 17	AOC	Sprint event - Auckland College of Education, Epsom. Start times from 4pm. Please pre-enter to auckoc@hotmail.com See http://auckoc.tripod.com/ for more details.
Sun 18	CM	Auckland Relays Waiuku forest, signposted from Waiuku township. Teams of 4 people, \$20 per team. Would one person from each club contact Hilary Iles by the 10th June with the number of club teams attending. All teams to assemble by 10.15, the draw will be made at 10.30 and maps given out at 10.45. The start will be at 11.00. Would last years trophy winners please bring the trophy.

July

Sun 2	NW	OY 1 - Weiti
Fri 14 - Sat 15	AOC	Silva National Secondary School Championships - Wiggles
Sun 16	AOC	OY 2 - Wiggles
Sun 23	AOC	Training - Wiggles
Sun 30	NW	OY 3 - Pulpit Hills

August

Sun 6	NW	Training - Pulpit Hills
Sun 13	AOC	OY 4 - Hobbits Coast
Sun 20	AOC	Training - Hobbits Coast

September

Sun 3	CM	OY 5 - Kelland Rd, signposted from Waiuku township.
Tue 5	AOC	Winter Night Street Event - Blockhouse Bay
Sun 10	AOC	Training day - Pot Luck
Tue 12	AOC	Winter Night Street Event - One Tree Hill
Sun 17	CM	OY 6 - Karioitahi, signposted from Waiuku township.
Tue 19	AOC	Winter Night Street Event - Parnell
Sat 23 - Sun 24	NW	Auckland Champs - Kaipara

NOTICEBOARD

Hi There,

We are a Family from Cornwall in the UK, and one of our main family hobbies is Orienteering. We are in our early 30's with 2 young well behaved children, Finnegan aged four who loves both String and White Courses and Rosie who is one and a half and loves anything new. We are both non-smokers who have a passion for anything to do with the outdoors from orienteering, adventure racing and mountain biking through to geocaching and kitesurfing.

We are looking at coming to New Zealand from Mid November 2006 through to mid January 2007 (8 weeks in total). Our primary aim for our trip is to explore both the North and South Island and to also try to get to a few Orienteering Events while we are visiting.

At the moment, we are struggling to find a Motorhome for the entire trip duration that is within our budget and so we thought we'd turn to some likeminded people for some help or advice. Would it be possible for you to email your members to see if there is anyone willing to exchange the use of a 4 berth Motorhome with the use of a 3 bedroom home in beautiful Cornwall (not necessarily concurrently, we are happy to move out for a short period of time in exchange for the trip of a lifetime) - or alternatively, if anyone has any tips or advice on where we could hire a vehicle at a reasonable price that would help us enormously.

Also, if you know of any good MTB O events, Rogaining or Orienteering Events that are happening whilst we are in New Zealand, let us know where and when!

Contact us on

Many thanks in anticipation,

Donna and James Timmis

NZ SS Champs 3-Days 14-16 July 2006 Public Entries

Auckland Orienteering Club is hosting the Silva New Zealand Secondary School Championships this year with the long distance courses on Friday July 14th and relays on Saturday July 15th. These events are in the southern part of Woodhill Forest, on re-mapped areas of the forest, some of which haven't been used for several years. Forest entry points to be advised, but probably at Muriwai on Friday and Restall Road on Saturday. Also on Sunday 16th July, Auckland Club is hosting Auckland OY2 on the "Celebre" map which was used for the National Champs in 2003 and Auckland Champs in 2004. Forest entry for this event is via Rimmer Road, off SH16, about 3 kilometres south o Helensville.

For the events on Friday and Saturday, after all Secondary Schools entrants have started, the courses will be open to the public, but pre-entry is required so maps can be printed.

Entry details and prices will be the same as for the school entries and are available from the NZOF web site:

Entries for the OY2 on Sunday are accepted on the day using pre-printed maps.
Fees are: NZOF - members: Snr \$12, Jnr/Student \$6, Family \$24
- non members: Snr \$14, Jnr/Student \$7, Family \$28

All events use Sport Ident. E-cards can be rented as per the NZ SS entry form, or can be rented on the day for the OY.

Contact for entries is: Raewyn Bennett

CLUB NEWS



NORTH WEST NEWS

By Gay Ambler

Well Rob and I turned traitor last weekend and went down to the Central District Champs at Rotorua. Rob had set the courses at Pulpit Rock and left his Controller Dave Middleton to fill in his place on the Sunday at the event. He went out to the map on Thursday with Neil Kerrison and Greg Flynn who very kindly helped him put out controls for the event. He was very appreciative of their help as they put out 50 controls between them, while he put out 10, even then having a bit of trouble finding one of the control sites. Apparently Dave had also had trouble finding the same site some weeks before when he was checking the sites.

Anyway, Rob and I cruised off for a 4 day weekend away with Sue and Phil Johansen, as we left Friday lunch time and didn't come home until Monday afternoon. In between we orienteered on a new map at Lake Okere which had the most fabulous river running through it. At the start we were told in no uncertain terms that we were not allowed to go in to the river, that we had to use the bridges. OR ELSE!!! When you saw the river you could understand as it was a RUSHING RIVER. One of those ones where you could sit and watch all day its different aspects. White loud water, water falls, clear water sliding over big boulders like silk. Gosh I suppose I am boring you. To add to that the map was up a hill, down a hill, great views and the weather was a pearly!!! Rave, rave.

Sunday morning was the Sprint O that we didn't get to but heard that it was good fun. Sue and I went off to the "Sixth Sense" show at a posh hotel for an hour, while Rob and Phil went off to get some stuff for their Mountain Bikes and a coffee. The afternoon was filled



Phil Johansen, Terje Moen and Rob Ambler at the MTBO in Rotorua. Photo: Mary Moen

with women's chatter while the boys, Terje, Rob and Phil went pedalling off onto the Rotorua Forest for the MTBO. Rob arrived back early, peeved off because he could not find a control that turned out to be in a river bed a long way down off the track. Phil arrived back grinning from ear to ear, followed not too long after by Terje. All in all a great weekend.

Another great orienteering day was the one at Turkey Ridge earlier in May, it was a glorious day again and fun courses, set by John Barrett and Andrew Bell. In the sun it was really hot. The views back across Parakai towards the river were great. Again I forgot my camera. Must be getting old.

This weekend it is off to Rob and Marquita's to do the Rogaine and Mountain Bike event. We are taking Winnie and have talked our son Chris, and nephew David in to doing the events. Don't know how they will go, but they should be alright. Then the following weekend is the Queens Birthday Event. Gosh we're almost half way through the year. I look forward to seeing you all there.

Kathy Farquhar has been keeping us informed about Ralph King. If you have time to visit, apparently he would like to see you. He is at Ranfurly Home, 539 Mt Albert Road. Bert has suggested that he make a map of the Home to keep his hand in.

NEWSHOUND MARK II



Greg Flynn starts his MTBO race in Rotorua. Photo: Mary Moen



AUCKLAND CHATTER

By Craig Pearce

It seems like only yesterday that I sat down to write the last chatter, well it was an evening and the weather was not so great outside. Since there was nothing outside to tempt me out, you got my longest effort to date. For reasons of balance I will make this chatter a bit shorter this time. The difference today is that it is a lovely morning and there is an orienteering event on today that has tempted me to go out.

Firstly last month I listed all who had competed at Katoa Po for Auckland teams. I am now aware that I overlooked a couple of names. I did not give credit to two members who were in the unofficial Auckland team. Chris Jager and Mervyn Paity need to be added to the list. Thank you, Mervyn, for bringing this to my attention.

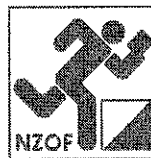
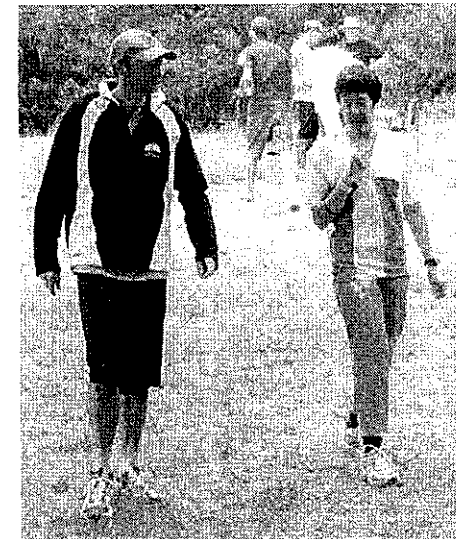
The winter street series has started in Auckland with the first half of the season nearly over. Do not worry, the 2nd half is only a few weeks away. Winter weeks seem to take longer than summer ones so it may be longer than you think. In between are the park sprint events. These will be held on Saturdays with one exception. As this will have occurred by the time you get to read this I will not go into any more detail.

The feedback from the street events has been very encouraging and it seems that there is general interest in the concept from a wide range of people.

We farewell the Scott family who are departing our shores for at least 6 months to the UK. David has arranged an exchange with an English based academic institution. I understand the orienteering will be some what different to NZ. I am told that there are some flat areas that have small depressions that for no apparent

reason are arranged in lines, a legacy of war. We wish you the best of luck for this adventure.

In the last addition of the magazine there was a photo described as Auckland club members. It was not clear from the photo who the members may have been, so here it is again, but this time a close up. Its Jeff and Nicola after the middle distance event on Big Rabbit. Photo credits go to Melvina.



NATIONAL NEWS

NEW ZEALAND MOUNTAIN BIKE ORIENTEERING TEAM
to contest the
WORLD MTBO CHAMPIONSHIPS
Finland, 9-14 July 2006

Women:
Marquita Gelderman
Fiona McBryde
Dianne Michels

North West OC
North West OC
North West OC

Men:
Greg Barbour
Stuart Lynch
Michal Glowacki
Darryl Taylor

Orienteering Taranaki
North West OC
North West OC
Hawkes Bay OC

Manager/Coach:
Rob Garden

North West OC

The NZOF acknowledges the support of
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The MAPsport Shop
New Zealand Community Trust
The Lion Foundation
Oxford Sports Trust
McNally Valuation (2000) Ltd
Pub Charity Inc.
Access Immigration NZ Ltd

This issue of NZOF NEWS is also available at www.nzorienteeering.com

REGULAR COLUMNS

SMALL TALK

By Thomas Reynolds

The Auckland Secondary Schools orienteering champs were held this Thursday just gone, and despite being in the middle of exams for many schools there was still a good turnout. K rates were fast on the Celebre map, open rolling forest combined with strong fields led to some fast times. Senior Girls was won by Greta Knarston ahead of Alisha Henderson from Birkenhead. Greta is showing some serious form this year, putting her hand up for the schools tour to Perth. In Senior Boys I finished just ahead of Simon. Jourdan Harvey placed third, just ahead of fellow Kings runner Andrew Peat, impressive because Jourdan is still eligible for intermediate. Tyler Elliot from Westlake had a consistent run to head off Nick Mead by just over 30seconds in the Intermediate Boys. Shani Kana from Birkenhead was the winner in Intermediate Girls, just beating the rapidly improving Bronte Linkhorn. Mathew Ogden was dominant in Junior Boys, winning by a huge 9.55min margin. He is one third of the trio coming through at Massey High. In Junior Girls Kate Smirnova just beat Renee Beveridge. One thing noticeable from this event is the impact that NorthWest juniors are having. The dominance that was once possessed by Counties is being steadily worn away.

Westlake Boys won the boys trophy for the most teams points. While in the girls EGGs narrowly beat Birkenhead to win the trophy.

Interview with an elite.... Chris Forne

Club.... PAPO
Superseries Team.... Southerly Storm
Favourite o discipline.... Long
Favourite map.... Some place in Switzerland that I can't remember.
Also Pagodas in Australia.
Years orienteering.... 23
Best orienteering achievement.... NZ mens champion Sprint, Middle and Long. World Champs, Japan 2005: 28th - Long distance final, 27th Sprint Final.
Orienteering aspirations.... Top 20 in World Champs.
Memories from junior orienteering.... Running past Steve Gurney
Best orienteering advice.... Think specifically about why you might be losing time and try to improve in these areas. This could range from small things, like entering and exiting a control, to improving your navigation speed through detailed terrain. Running speed is important, but most people lose more time through navigation and route choices than they think.
First represented NZ.... 2003



A big thanks to all the organisers, especially John Powell for such brilliant courses, the Stewarts for their sportident work and of course Robbie and Val for all their work in secondary school orienteering.

The k rate for the winner of Senior Boys was 6.14min/km, continuing the theme of fast k rates for secondary school events this year (North Islands was 6.30min/km). No doubt this will continue on Wiggles for national champs.

The Hawkes Bay secondary schools champs were held the Sunday following Auckland schools. In Senior Girls Rachel Goodwin retained her title ahead of Emma Watson and Chloe Gregory. Senior Boys was perhaps an upset, with Scott McDonald just beating Jack Vincent with 3rd former Duncan Morrison in 3rd. In the intermediate grades Aari Barrett showed a return to form by winning the boys. While super fast Jaime Goodwin beat Kate Morrison in the girls. No doubt the battle between Auckland and Hawkes Bay will be tight at nationals, perhaps home advantage will help.

Keep on running....

FROM THE ARCHIVES

By John Powell

June 1996

Mark Roberts' June 1996 editorial, amongst other things, thanked Geoff, Lisa, Rob G and Marquita for having bought PCs so that he did not have to type their hand written contributions. Desktop computers, email and the internet were not common at the time.

Central Club held a planning day with facilitator Rob Crawford introducing the club to strategic planning.

NWOC provided a secondary school event at Muriwai and the school championships at Kaipara Knolls.

Central had a forest event at Pulpit Rock (Bruce Horide/Mark Roberts) and a park event in the Domain (Terry Nuthall/Tom Davies).

Richard Bolt (Central) was selected for the NZ team to the Junior World Championships.

AOA members at the world veteran championships in Spain were Andy and Jill Brewis, Heather and Tom Clendon, Christine Crate and Maurice Penny, Phil Mellsoy, Graham Peters and John and Rae Powell.

Highlights reported by Jill Brewis included one of the party being asked, in English, by a Brit to show him where he was and getting a reply in Spanish, which caused him to walk off complaining to his friend that the Spaniard doesn't speak English!

Selwyn Palmer summarized an AOA survey about the O season, which he forwarded to the AOA representative on the NZOF technical committee. He noted that whatever the choices to be made about the season about two thirds would be dissatisfied to some extent.

COOK-O

Thai Green Curry with Straw Mushrooms

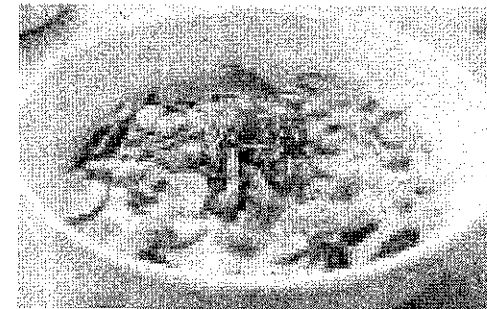
300ml coconut milk
40g Green curry paste
300ml Vegetable stock
4 small round aubergines, each cut into 8 pieces
40g palm sugar or light muscovado sugar
block of tofu, cut into chunks
1t salt
4t vegetarian fish sauce / soy sauce
25g krachai or galangal (or ginger) peeled and chopped into long thick strips (don't eat this its just for flavour)
425g can straw mushrooms, drained
50g green pepper, thinly sliced

To garnish:
a handful of fresh basil leaves
2T coconut milk

Heat the coconut milk in a saucepan with the curry paste. Stir to amalgamate. Add the stock and then the aubergines, sugar, salt, fish sauce, krachai and mushrooms (and tofu).

Bring to the boil and cook, stirring, for 2 minutes. Add the green pepper, lower the heat and cook for 1 minute.

Serve in a bowl with rice, garnished with the basil leaves and drizzled coconut milk



FEATURES

AUCKLAND SECONDARY SCHOOLS CHAMPIONSHIPS

by John Powell, course planner

Auckland club hosted the Auckland secondary school championships on the Celebre map on Thursday 25 May.

The rainy Auckland weather of the previous three weeks broke for one day and the event was held in overcast conditions with no wind.

A feature of the event was the (re?)appearance of Pukekohe High School in considerable numbers and with significant success given the short time that Counties-Manukau's John Robinson has been coaching them. A force to be reckoned with in the future?!

Seniors had red courses, Intermediate was orange, Junior was yellow and the Standard course was a mixture of white and yellow.

Senior girls had a shorter version of the Senior boys' course but there was no gender distinction for the intermediate and junior courses.

There was a high rate of course completion in all classes with the exception of senior boys. The juniors were noteworthy in this regard as there were no 'dnfs' and only four of the forty-four participants miss-punched.

Another feature was the perseverance of many with fourteen taking more than ninety minutes to complete their course.

The senior boys' course was challenging with six of the nineteen either miss-punching or not finishing. One was due to an injury and another got lost through not having a compass. Incredible but true!

The senior boys' class is very competitive nationally. One of the country's elite men ran the senior boys course after course closure and, somewhat to his surprise, was only two minutes faster than the winning time.

Epsom Girls College won the inter-school competition having the best overall result for the first five placings in each class.

Senior boys (19)

1st, Thomas Reynolds, Westlake Boys; 2nd, Simon Jager, Mt Roskill; 3rd, Jourdan Harvey, Kings.

Senior girls (16)

Greta Knarston, Epsom Girls; Alisha Henderson, Birkenhead; Nicola Peat, St Cuthberts.

Intermediate boys (21)

Tyler Elliot, WBHS; Nicholas Mead, Takapuna; Gene Beveridge, Massey

Intermediate girls (25)

Shani Kana, Birkenhead; Bronte Linkhorn, St Cuthberts; Alina Smirnova, Auckland International.

Junior boys (18)

Matthew Ogden, Massey; Jericho Malabonga, Birkenhead; Kaito Walley, Pukekohe

Junior girls (26)

Kate Smirnova, EGGS; Rene Beveridge, St Dominics; Bridget Lambert, EGGS.

Standard (1)

Chevelle Sands, Strathallan

Long leg route choice

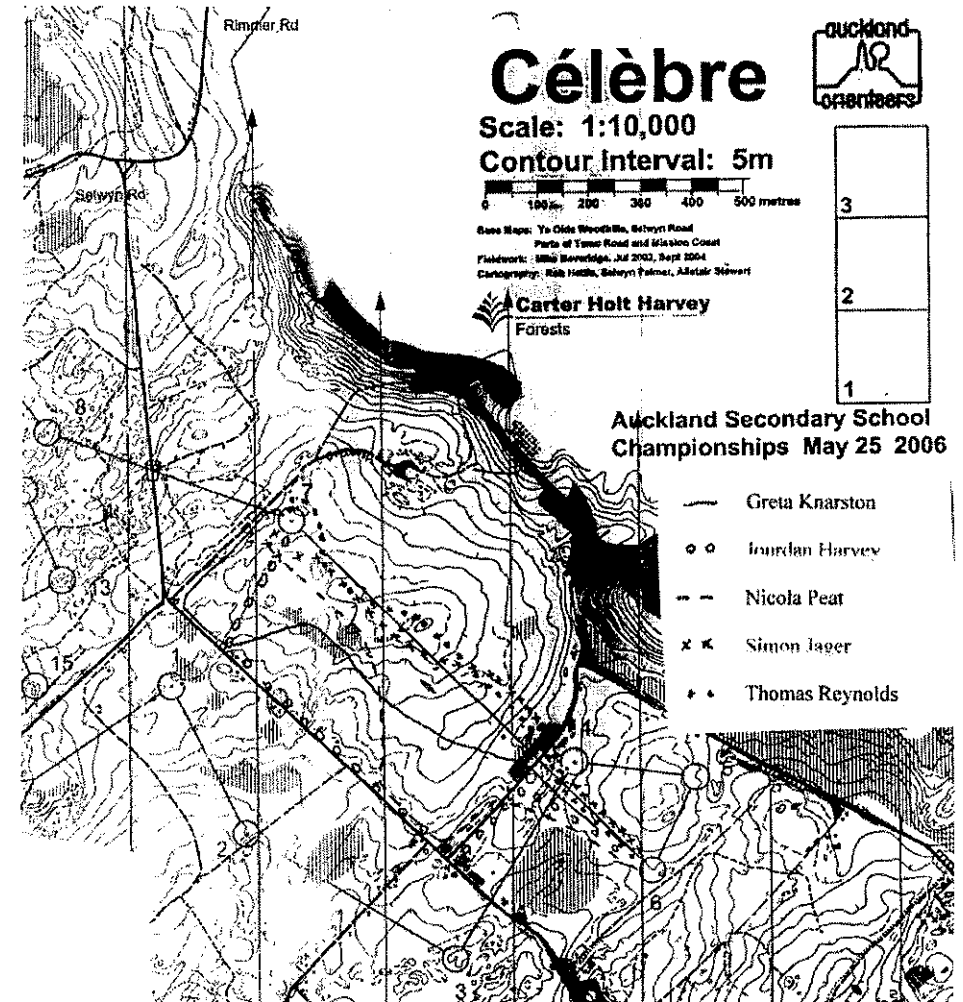
The senior boys and girls shared the same long leg which is shown on the following map along with the route choices taken by some of the faster in each class. Split times and total times for the first three in each grade were:

Senior boys	Split	Total	Sp/T
Thomas Reynolds	5.51	38.12	15.3%
Simon Jager	6.09	39.51	15.4%
Jourdan Harvey	7.15	47.06	15.4%

Senior girls	Split	Total	Sp/T
Greta Knarston	10.05	39.31	25.5%
Nicola Peat	8.29	44.49	18.9%

The ratio of split times to total time for Thomas and Simon is very nearly the same which is not unexpected given that they had similar route choices and made a similar error. Harvey had a quite different route choice which was equally effective although he did run an extra 500 metres which could well have had its cost later in the race.

The routes taken by Greta and Nicola lost them a lot of time. If they had the same ratio on this leg as for the boys then Greta would have been four minutes faster (she still won!) and Nicola would have saved one and a half minutes.



www.greencoast.co.nz



www.macnut.co.nz

ORIENTEER OF THE YEAR COMPETITION 2006

By Peter Godfrey

This year's Orienteer of the Year (OY) competition comprises six events over a tight two-and-a-half-month period 2 July to 17 September. Competitors in each class earn points in each event based on both their placing and their time. The five best performances of each competitor will be totaled to determine the winner of the Orienteer of the Year award in each class.

The program for 2006 is as follows:

OY1	2 July	Weiti (Okura)
OY2	16 July	Celebre (Woodhill South)
OY3	30 July	Pulpit Rock
OY4	13 August	Hobbit Woods
OY5	3 September	Kelland Road (Awhitu Peninsula)
OY6	17 September	Karioitahi

Entering the Competition

If you are a financial member of any New Zealand club, you do not have to do anything to enter as you will automatically earn points in the class in which you compete. Non-members can compete too, but will not earn OY points. You can change classes whenever you like, although the points you earned in the first class can't be carried over to your new class. However, you must be eligible for that class in order to earn OY points.

Your age at 31 December 2006 determines your official class, but competitors may still compete in a different class if they wish. Classes designated 21 (e.g. M21E and W21AS) are open to everyone. Junior classes (those below 21) mean *Up to and including this age*, while senior classes (those above 21) mean *This age or older*. Classes designated S (e.g. W40AS) provide a shorter course for that age group. If you choose to run a *course* which does not provide a *class* for which you are eligible, you should enter as *Unofficial*.

Pre-start

All six OYs will have SportIdent electronic punching. If you do not already own one of these E-cards, they can be hired on the day. Pre-marked maps (using OCAD technology, of course) will be used at all OYs. You will not see your course, therefore, until the starter starts you.

OY Points

The points awarded in each class are calculated in two parts:-

- > Place points are awarded in each class, from 10 for first and 9.5 for second, to 0.5 for twentieth.
- > Time points are awarded according to the following formula:

$$10 - [(\text{Your time} - \text{Winner's time}) / (\text{Winner's time} / 10)]$$

This means that you lose one time-point for every 10 percent of the winner's time that you are slower, until no time-points are earned when your time is double the winner's time. Clear?

OY Awards

The winner of each senior class receives an OY certificate at the end of the season, provided that they have run in a minimum of *four* of the six OY events, or have earned more points than others in the grade who have run in at least four events. Junior competitors qualify after *three* events.

Results

Cumulative results are published at and , as well as being displayed here in *The Auckland Orienteer*.

Class and Course Combinations

These are shown on the following page and are virtually the same as last year. The sole change is that M70A is longer this year and runs on Course 5 instead of Course 6.

Technical Difficulty

The following explanations of color-coded terms apply to forest maps and might change at venues such as farmland maps.

- > **Red** courses are designed to be as technically difficult as possible. They are intended for experienced orienteers only.
- > **Orange** courses have controls near attack points but away from handrails, and offer some route choice. They are for experienced juniors and inexperienced seniors.
- > **Yellow** courses have controls near handrails, and offer little route choice and no reliance on the understanding of contours. They are for inexperienced juniors and novice seniors.
- > **White** courses have controls on handrails; all routes directly along handrails; no route choice; and no contour features. They are for novice juniors.

To Club Officials

The OY Statistician relies on up-to-date lists of current financial members produced by the participating clubs. Competitors not listed in them are ineligible for OY points. Thus, the appropriate official in each club must advise the OY Statistician before every OY event of any new financial members. For this reason, members excluded from OY results should contact their club treasurer in the first instance.

Club members visiting Auckland may run in an OY and earn points without producing proof of their membership and age, unless they are intending to run in sufficient OYs to be challenging for a title. In this case they will need to produce proof of membership and age from their club.

The OY Statistician also relies on the prompt arrival of the published results (preferably as a spreadsheet) from each OY so that OY points can be calculated for prompt display on the internet.

Course lengths must be, and climb should ideally be, included in these results for each event so that competitors' times can be compared with other events.

The names of the controller and the setter must be included with the published results if they are to be allocated OY points. The points allotted will be the equivalent of their best score from the entire series. These points will therefore not be able to be finalised until the end of the season.

Course	Men's Classes	Women's Classes	Technical Difficulty	Winner's Time
1	M21E		Red	90 mins
2	M21A M40A	W21E	Red	65 mins
3	M18A M21AS M50A	W21A W40A	Red	60 mins
4	M16A M40AS M60A	W18A W21AS W50A	Red	50 mins
5	M50AS M70A	W16A W40AS W60A	Red	45 mins
6	M80A	W50AS W70A	Red	40 mins
7	M14A M21B	W14A W21B	Orange	40 mins
8	M12A M21C	W12A W21C	Yellow	35 mins (2.5 to 3.5 km)
9	M10	W10	White	25 mins (2 to 3 km)

LAST BITS

NEXT ISSUE

JULY 2006

Please send your editorial contributions to Madeleine Collins, 122 Victory Rd, Laingholm, Auckland, or e-mail shaun.and.mad@slingshot.co.nz tel 09 817 7621 to arrive before Sunday 25 June.

DISTRIBUTION

If you change your address (and still wish to have this magazine reach you!), please contact your club membership officer or Steven Reynolds at 09 358 8549 or fax 09 355 6518 or e-mail stephen.reynolds@lion-nathan.co.nz

CREDITS

SPORT AND RECREATION NEW ZEALAND



SCHOOLS ORIENTEERING

North Shore Intermediate Schools Orienteering Field Day – Tuesday 9th May

450 pupils enjoyed fine weather but damp conditions underfoot added to the fun as they slipped and slithered in the muddy parts of the Onepoto Domain. Organiser Mary Moen and her team of experienced assistants from the North West Orienteering Club coped with 72 teams of pupils as they set off to find controls on six courses. Set in loops around the Domain, the courses were designed to give the pupils a bit of adventure as they dashed through long grass, up bush tracks and across the grass to the finish. Closest finish of the day was between the top two girls teams with Glenfield just beating Belmont by 3 seconds.

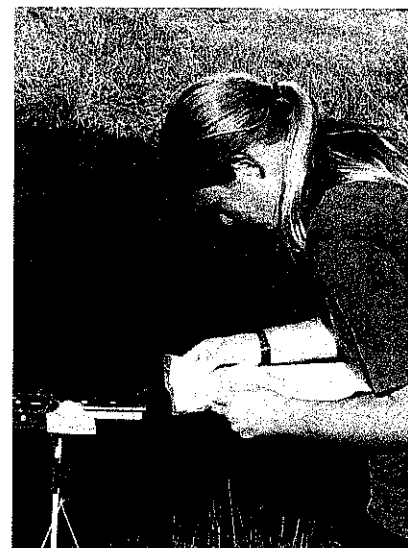
Results are as follows, based on the 4 best times from each school team.

Girls –

1. Glenfield Intermediate	83:35
2. Belmont Intermediate	83:38
3. Birkdale Intermediate	86:55

Boys

1. Takapuna Normal Intermediate	72:30
2. Takapuna Normal Intermediate #2	76:20
3. Murrays Bay Intermediate	78:25



Photos clockwise from above: Bert Chapman (NWOC) with Dylan Vaetoe, Murrays Bay Int.; Siobhan Dixon (rear) and Jacinta Fenton from Belmont Int.; organiser Mary Moen with Rebekah Jensen from Birkdale Int.; Hannah Coombridge from Birkdale Int. checking her map. Photos: Kathy Farquhar