

## Front cover

The photograph shows the finish “balloon” at the Waitangi 4 Day event, which was kept inflated by an air compressor – for most of the time.

## Club officials

### Auckland (AOC)

President: vacant	Immediate past president: Craig Pearce
Secretary: Selwyn Palmer	Treasurer: Raewyn Bennett
Club captain: Simon Jager	Summer series: Roger Woodroffe
Other events: Steve Oram	Coaching: David Stewart
Membership: Chris Jager	Mapping: Selwyn Palmer
Promotion: vacancy	
Committee members: Aidan Elmers, Liz Pascal, Joanna Stewart	

### Counties-Manukau (CMOC)

President and AOA: Val Robinson	Secretary: Martin Peat
Treasurer: Anne Humphrey	Equipment: Bev and Lyndsay
Magazine: Greta Knarston	Coaching coordinator: James Bradshaw
Mapping coordinator: Wayne and Trish Aspin	
Promotional and social secretary: Unni	

### North West (NWOC)

President: Andrew Bell	Secretary: Diane Taylor
Treasurer: Jill Smithies	Club Captain: Rob Garden    Coach: Nick Harris.

## Editorial Bits

### Next Issue: April 2007

Please send your contributions to John Powell at [rae.jon@pl.net](mailto:rae.jon@pl.net) by March 20, phone 09 2388 159

### Distribution

If you change your address please contact your club membership officer or Stephen Reynolds at 09 358 854 or [stephen.reynolds@roar.net.nz](mailto:stephen.reynolds@roar.net.nz)

**Sender:** Jill Smithies, secretary/treasurer Auckland Orienteering Association, 4b Fairbanks Place, Glendene, Auckland.

The Auckland Orienteer is the monthly magazine of the Auckland Orienteering Association. It is produced monthly and is available online from the NWOC homepage, [www.geocities.com/nwocnz](http://www.geocities.com/nwocnz). Other orienteering related publications are welcome to draw material from the magazine although credit is asked for both the author, if stated, and the magazine.

## Editorial

The national championships hosted by Counties-Manukau are a month away with a closing date for entries of March 9. A late entry will cost you an additional \$5/day. If you have yet to pay a 2007 club membership fee that affiliates you to the NZOF, then you will have to pay an extra \$15.50 (junior), \$27 (senior) and \$70.50 for entry for the three days.

The feature article in this edition is from Gregg Flynn on some of the interesting course setting features at the Waitangi 4 Day event in which he had a starring role. It was an enjoyable event and receives favourable comment in the club news following. A pity that Waitangi Day is on a Wednesday next year as the organisers may have a rest year.

The general information section towards the end of the magazine is based on material included in the PAPO magazine and include some which I wrote myself. I will publish it from time to time for the information of new members. It is a first draft so I would appreciate being informed of missing items or lack of clarity.

This edition lists the persons who are administering the clubs this year. Much club administration is done by dedicated and long-serving enthusiasts but club committees generally need some ordinary members to help with administration for a few years. Advice on how to do particular tasks is available from others on the committee and club members who have done the job before. It does not take over your life, everyone is grateful that you are doing it, and if you commit yourself for 2-5 years you can exit with honour. Give it some thought when a vacancy occurs.

A related administrative matter are the actions of SPARC to improve the quality of the administration of national sporting organisations and hence club administration. My observation of a number of sports clubs is that it has been very successful with the national sporting administrative authorities but that the transfer of good governance and management practices from national organisations into clubs appears difficult. The problem appears to me to be that well-funded and governed national organisations sit on top of hobbyist and largely untrained club committees. National organisations clearly have a training function with regard to club administrators assuming that it is desirable for management ideology to extend into club administration.

Apologies for the late delivery of the February magazine. The printing firm has been unsatisfactory on more than one occasion and I hope that having changed printer for this edition that you will have received it in the first week of the month.

## Auckland chatter

Simon Jager

I am glad to begin my reporting days for AOC as the new Chatter author. Firstly, we say welcome to the newest member of the club, Matthew Peter Michael, born to proud parents Jeff & Ali on January 8. The little tyke has already been spotted hooning around a couple of orienteering courses – boy they start young these days! We also welcome the other new members to our club – the Spemann family. See you in the forest soon!

We also welcome home the Scott family after a six-month term in the UK. We are looking forward to seeing some of the maps and hearing about their orienteering experiences over there.

On that note, congratulations to Imogen Scott who has received a scholarship for tertiary study after finishing school last year. I also very pleased to have been granted a University of Auckland Scholarship, which I plan to take up next year.

The Munro family has been training hard in preparation for a family challenge to be held at the New York Marathon at the end of the year – good luck to them all! Meanwhile, Guy Cory-Wright and Dave & Catherine Crofts have been down south competing in the Coast to

Coast. Dave and Catherine put in a superb effort to come in 17<sup>th</sup> in the mixed teams category, while Guy was outstanding, finishing 3<sup>rd</sup> in the Veteran Men's World Champs. Well done to all!

Unfortunately for the Jager family, we have been overseas for the last month, and it seems we missed an awesome multi-day event. The Waitangi 4-Day event was held 3-6 February out of Taupo, with 7 events over the 4 days!

This was a tough schedule, but enjoyed by everyone. 2007 was the second year this event has been held, and it is becoming somewhat of a showcase of orienteering in New Zealand. Thanks to the organizers of a great event, and I hope you all get a chance to take part next year!

Hard luck to Aiden "Soggy Aiden" Ellmers, who had been doing some good training in the lead-up to the event, only to bust his ankle early in the weekend.

Back in Taupo in a couple of weeks from writing this is the annual night relays, Katoa Po. This is the 27<sup>th</sup> time the event has been held, and this year is on the weekend of March 10-11. There is also a plan for a couple of other events over the weekend.

As the new Club Captain, I will be coordinating our teams for this event. If you are an AOC member planning to come down to Taupo or would like to be in a club team, please let me know at [si@maxnet.co.nz](mailto:si@maxnet.co.nz).

Finally, the next club meeting will be held at the Stewart residence – 38A Glendowie Rd, Glendowie at 7:30pm on the 12th March. All club members are welcome to attend if they have

anything they would like to raise or just come along to see how the club decisions are made! If you can't make the meeting, just get in contact with myself or another committee member if you have something you would like mentioned.

I hope you are all enjoying the summer and I look forward to seeing you soon at an event.  
Go AOC!

## North West News

By Lesley Stone

Over 30 North West club members took part in the Waitangi Weekend event hosted by the Macnut Northerners and Taupo Orienteering Club. Over 300 competitors were there and I have been told many times how superbly the whole weekend was organised. Better brace yourselves for next year guys!

Comprising 1 long race, 1 middle race, 1 short qualifier and 1 short final (chasing), 1 relay and 1 sprint event there was something for everyone. There were no age grades or separate men's/women's races, just 4 courses, except for Elites and 20E Australia / New Zealand competition.

One of the most interesting head to head duels to emerge was that of

Marquita Gelderman versus Matthew Ogden at the front of Course 2. Matthew ended up with two wins and two seconds while Marquita had one of each. Should make for an interesting year on the Auckland scene! Others to gain top three placings were Paul Ireland, Terje Moen, Nick Mead, Elke Haag, Dave Middleton, Jill Dalton and Ben Reynolds.

Best club member in the International races was Thomas Reynolds M20E with two firsts and two seconds. Congratulations to all of you. How can you be so fit so early in the year?!

## Babies and more babies

Congratulations to Shaun and Madeleine Collins on the birth of their daughter Annie Rose in November; a sister for Zara and Meg. Madeleine says she's finally starting to get some order back into her life after the usual muddle and sleepless nights a new baby causes.

Rob and Gay Ambler are grandparents again with Aussie based son Peter and his wife Kristina having a girl in January. They have named her Chynna. I hope she gets her priorities right and represents New Zealand when she grows up!

The Amblers' RV has been experiencing gearbox problems so they have been staying and working at a vineyard somewhere between Cromwell and Wanaka. I can think of worse places in which to be holed up.

Marit Moen and her man Tim had a bonny daughter in January also, and Aimee Rose is doing well. Excited first time grandparents Terje and Mary are busy scheduling baby sitting duties into their calendar.

Dave and Glen Middleton's daughter Sasha and husband Bruce McLeod are also expecting a baby girl in a few months.

Congratulations to all of you. What's happened to baby boys? Have they become extinct?

## AGM

The club AGM was held on 11 February. Elected to office were President: Andrew Bell, Secretary: Diane Taylor, Treasurer: Jill Smithies, Club Captain: Rob Garden, Coach: Nick Harris.

Who are these people? Andrew started orienteering about 1980 while at school. (I notice from some old results he was fourth in the 1981 OY competition in M13-14!) After a long break to pursue a career and have a family he came back to the sport and is now into his second year as President. Course setting is one of his favourite club jobs. An Air NZ pilot Andrew enjoys travel and with Connie and daughters Victoria and Catherine takes part in other outdoor pursuits, notably biking, sailing and waterskiing.

Diane Taylor and her husband Ken arrived in New Zealand from England in 2005. They have been orienteering for about 20 years, and their Regional Area team was fittingly North West! Diane enjoys the administrative side of the sport while Ken likes course setting. They are both into travel and tramping and Diane hopes to do more biking to keep up with Ken. Welcome aboard.

Jill Smithies, husband Alastair and daughter Nicky came to North West in 1996 from Southland Club where they had been orienteering since 1988. An accountant by trade Jill enjoys the administrative side of the sport and

getting to know people through this. She has been both secretary and treasurer of our club and the AOA, and also did these tasks in Southland. Kayaking and tramping are among other outdoor pastimes they enjoy.

Rob Garden first started orienteering with Counties, previously South Auckland, in 1980, and joined North West in 1992. He represented New Zealand at the World Champs in Hungary (1983) and France (1987). One of his fondest memories is winning the NZ Milo 7-day event in 1986 where he beat 38 other competitors to take out the elite grade. As Rob has moved through the age grades he has always placed at or near the top, but still finds time to actively encourage and coach

anyone who asks. Rob used to be in the fishing industry but now has interests in farming and macadamia production. Together with Marquita he enjoys travelling and taking part in a number of outdoor events which include mountain bike orienteering and adventure racing.

Nick Harris has only been orienteering since 2003 but has contributed a lot to the club with his enthusiasm. He ran coaching sessions last year which paid dividends for a number of people and he is hoping to do the same this year. He comes from a general sporting background and also enjoys adventure racing. One of his big aims is to do well at this year's Nationals. Good luck Nick; just keep spiking those controls.

## Counties-Manukau Chit Chat

By Greta Knarston

As I lay in bed in the South Island on Waitangi weekend I thought about all you orienteers out running round, getting exercise and hopefully not getting too lost. I was a little jealous for a moment I must admit, then I fell asleep again. However I have heard about some of the antics that went on and that it was an extremely well organised and successful weekend. As the host club for nationals I hope those in our club learnt the secrets of putting on a weekend like that. As I wasn't there to witness these results myself

I'm very sorry if I miss some people, its not intentional, I just don't have enough space to put everyone in.

Day 1

6<sup>th</sup> James Bradshaw M21E

4<sup>th</sup> Andrew Peat M20E

Day 2

7<sup>th</sup> James Bradshaw M21E

5<sup>th</sup> Tania Robinson W21E

4<sup>th</sup> Andrew Peat M20E

## Day 3

1<sup>st</sup> Robbie R33<sup>rd</sup> Andrew Peat M20E3<sup>rd</sup> Tania Robinson W21E

## Day 4

3<sup>rd</sup> Nicola Peat W20E

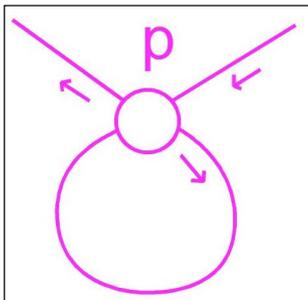
Many events are beginning again or have begun, I went to the summer series at Mt Richmond last week and failed to bother reading the email properly. As a result I currently look like I'm still wearing socks from all the

biddy bids that rubbed my ankles for the duration of my run. Despite this, as usual it was very well organised and a great way to do a little orienteering in the city. There are a lot of other events going on which I haven't yet managed to get to but I hear they are great, Katoa Po is also coming up on the 10<sup>th</sup> and 11<sup>th</sup> of March so if this article comes out before then good luck! Otherwise I hope it went well!

### Different formats used at the Waitangi 4-Day 2007

By Greg Flynn

To try and create interesting and exciting races not only for the competitor but the spectator as well we used a couple of different formats at the Waitangi 4-Day 2007, these can easily be included in any course these days with SportIdent.

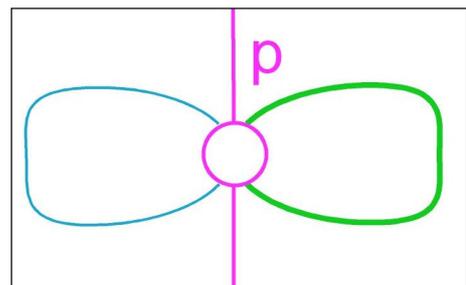


One used as a small loop to and from a pivot control. This was to get access into an awesome area that had very little room to and from it. Often on courses there are controls really close together when doing a loop or cross over, this could be used in place of the 2 controls as if you are approaching the same control from different directions it

can still be a challenge.

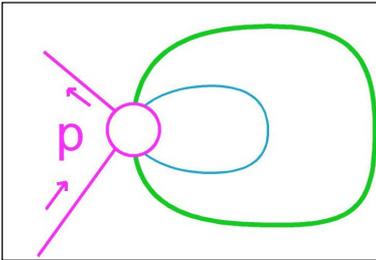
Butterfly loops have been around for a couple of years now. The standard format is to have 2 small loops off in opposite directions from a pivot control.

This pivot is visited 3 times before continuing on with the rest of the course, 1<sup>st</sup> when entering the



pivot from your course, again after completing one of the loops and finally after completing the other loop. The loops can also be done in different orders, this is done to try and break up groups that may form. As long as the controls on the loops are done in the same order it is fair. This can also be used to try and get the most out of a small very nice area.

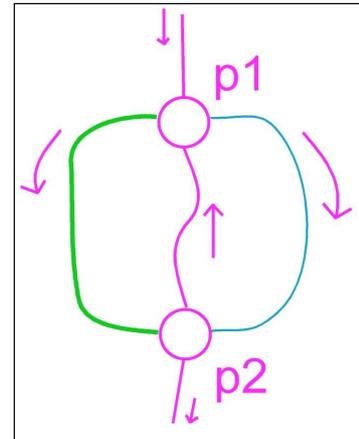
At PioPio during Waitangi, Simon Addison, who set the long event, wanted to



make it as spectator friendly as possible. To do this he included a butterfly loop system, but instead of the standard format, he used a bigger loop and a small loop inside each other. The event centre was right between these 2 loops.

The smaller loop had a control at the bottom of the event centre for spectators. The larger loop had the runners going through just above and below the event centre. This gave you the opportunity to see a runner at least twice just in the butterfly system. He also included a route choice where one option was through the event centre and a very spectator finish. All of this added the interest and excitement at the event centre.

Finally the most innovative double pivot butterfly system. There are 2 loops, from p1 to p2, these are like the normal butterfly loops where they can be done in either order. The line from p2 back to p1 is common. So a runner could go, p1, loop to the right, p2, common back to p1, then loop to the left, p2 and continue on the rest of the course. So each pivot is visited twice, both loops and the common line are all done once.



This was used in the chasing start in a very complex area to serve 2 purposes, break up groups and get the most of the area. To build on this further the pivots could be close, far part, the loops could be big, small, different sizes and the common line could be short, long, doing some zig zag control picking. Really anything can be added to help add something extra to any O course.

Thanks all that attended the Waitangi 4-Day 2007. I hope you enjoyed these formats and most of all found it interesting and exciting.

## General Information

By John Powell

**Cancellations:** These are exceedingly rare and when they do occur it is likely due to some unforeseen circumstance so the first you are likely to know about a cancellation is when you arrive at the event centre or a farm/forest gate.

**Electric fences:** Step over, vault or roll under. Use your plastic map bag and compass to hold down a top electrified wire but note that this does not work if they are wet. Treat all electric fences as live unless you have good reason to believe otherwise.

**Farm/forest access roads:** Some farm roads can be slippery in wet weather so drive carefully and be prepared to park early and walk in to the event centre. In some cases, the organisers may require you to park some distance from the event centre.

Deep pot holes can be a hazard on farm and forest roads as they sometimes cannot be seen until the last few seconds before you plunge into them. Best to follow another car but if you are in front or on your own then drive cautiously. Note that foresters are adept in giving you a kilometre of smooth road and then a pot hole around a corner.

**Farm animals:** Cattle and sheep are a farmer's livelihood and are very easily spooked into running wildly in every direction – a bit like what you do when you are lost. So go carefully around them and avoid stampeding them or giving the herd leader the impression you are challenging its authority.

You might find cattle will trot inquisitively and sometimes aggressively towards you. This can be very frightening for some children who have not met it before so parents should accompany their children around courses which go through cattle paddocks until the children are comfortable enough to go on their own.

If you come across a bull then you will know immediately that you are out of bounds!

**Fences:** Cross these at the thick posts, preferably at corners. Report any damage you cause to the event organiser.

**Forest car access:** Car access to an event in a forest in the Auckland region can be conditional upon you signing a form on entry into the forest that you have third party insurance on the car you are driving so that the forestry company is insured through you for any damage you cause like setting the forest on fire when you crash into a tree while you were trying to avoid a very large pot hole.

You are not allowed to go for a tour through the forest so please follow the O signs to and from the event centre. One good reason for this is the presence of tree felling and forestry trucks in other parts of the forest.

**Gates:** Leave these as you find them. Climb over them at the hinged end.

**Horses:** You are likely to meet people on horse back on some forest tracks and roads. They are easily spooked if they can hear you but not see you, particularly if you are running fast and making a lot of noise. The rider will be appreciative if you step off a track and let the horses through or, if you are running towards horses on a track, angle your run to go well in front of the horses. The rider will stop and let you pass in front when you are seen.

**Mountain bikes and motor bikes:** Get off the track if you hear one.

**Signposting:** The turn off from a main road to an event is signposted with distinctive signs with the word "orienteering" or the letter "O". Different clubs have different signs. In some cases, a warning sign will be given prior to the turn off. Changes in direction on farm/forest roads are also signposted.

If the start is not close to the event centre then where to go will be signposted and, if necessary, will be taped or tagged.

**Whistles:** Carrying a whistle while on a course is highly recommended. The emergency signal is 6 blasts repeated at about 2 minute intervals or so until you run out of breath or get bored or become unconscious.

You are obliged to help someone who whistles for help. This even applies to the person in your grade who consistently beats you by 5 minutes and always seeks you out to find where you went wrong that day.

## Event Calendar

Details of events may change between the publication in this newsletter and the date of the event. Check on club websites. Phone club secretaries, if necessary, for confirmation.

**AOC:** Selwyn Palmer, 625 7798, selwyn@quicksilver.net.nz

**CMOC:** Martin Peat, 274 1693, martinpeat@gmail.com

**NWOC:** Diane Taylor, 834 8094, nwocnz@hotmail.com

The websites *mapsport.co.nz* and *nzorienteering.com* contain a more comprehensive listing of national and international event listings than listed below.

### Auckland Area Events

#### March 2007

- |        |    |   |
|--------|----|---|
| Sun 4  | NW | Sprint + park courses as for summer series courses 2-4, Rangitoto College, East Coast Bays Rd. 1-3pm                        |
| Tue 6  | A  | Park event, Ambury Park, 5.30-6.45pm  |
| Thu 8  | A  | <b>Night park event, 8.15pm start</b> , Craigavon Park, Connaught Rd, Green Bay   |
| Thu 15 | A  | Park event, Cornwall Park/One Tree Hill, Manukau Rd, Royal Oak, 5.30-6.45pm   |
| Sun 18 | CM | Park promotional event, Totara Park, Hill Road, Manurewa, 10.00am-12.30pm   |
| Sun 25 | NW | Forest score event, Weiti forest, East Coast Rd between Silverdale and North Shore City, mass start 11am, arrive by 10.30am |

#### April 2007

- |       |    |   |
|-------|----|---|
| Sun 1 | A  | Forest promotional event, SH16/Rimmer Road, 10.00am-12.30pm                                   |
| Fri 6 | CM | Nationals, sprint, preentry and Auckland Secondary Schools Championships, Hill Road, Manurewa |
| Sat 7 | CM | Nationals, middle, preentry, Waiuku town  |
| Sun 8 | CM | Nationals, long, preentry, SH27   |
| Mon 9 | CM | Nationals, relay, preentry, Waiuku town   |

Wed 11	A	Tamoc sprint event, Massey university campus, Carrington Road, Mt Albert, preentry
Thu 12	NW	Tamoc, Woodhill forest, middle, South Head Rd, 30 minutes north of Parakai, 10.00am-12.30pm, preentry
Fri 13	NW	Tamoc, Woodhill forest, <b>night event</b> , relays or score, South Head Road, 5 minutes north of Parakai, preentry
Sat 14	NW	Tamoc, Woodhill forest, A level event, preentry, South Head Rd, 30 minutes north of Parakai
Sun 15	NW	Tamoc, Woodhill forest, A level event, preentry, SH16/Rimmer Road
Sun 29	A	Woodhill forest, SH16/Rimmer Road, 10.00am-12.30pm

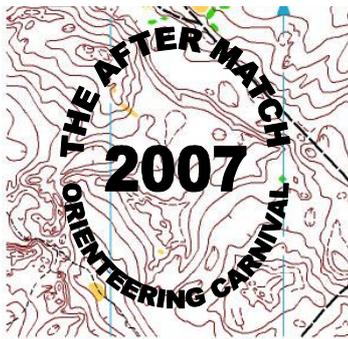
### May 2007

Tue 1	A	Night street event, <b>**starts, signpost**</b>
Sun 6	NW	Score event 1, Pulpit Rock, SH16/Restall Rd, <b>**starts</b>
Tue 8	A	Night street event, <b>**starts, signpost**</b>
Sun 13	NOS	Forest run, <b>**details**</b>
Tue 15	A	Night street event, <b>**starts, signpost**</b>
Tue 15	NW	Auckland Year7/8 School Championships, Moire Park, <b>detauils**</b>
Sun 20	NW	Ralph King Score event , Slater Road, South Head Road, <b>**times</b>
Tue 22	CM	Auckland Secondary School Champs, Waiuku forest, <b>**details</b>
Tue 22	A	Night street event, <b>**starts, signpost**</b>
Sun 27	CM	Forest promotional event, signposted from Waiuku town

### Major NZ Events

March 10-11	Taupo	All night relay, Katoa Po
March 17-18	Dunedin	Otago championships
April 6-9	CMOC	NZ championships
April 21-22	Egmont	North Island Secondary School Championships
June 2-4	Wellington	Multiday

July 13-14	PAPO	NZ Secondary School Championships
July ?	Dunedin	National Ski-O
Sept 16	PAPO	South Island Secondary School Champs
Sept 22-23	AOC	Auckland Area Championships
Oct 20-23	WOA/CDOA	WOA and CDOA Area Championships
Nov 17-18	Nels-Marlb	South Island Area Championships



## ***The After Match Orienteering Carnival*** (TAMOC) 11-15 April 2007

*5 Events in 5 Days following the Nationals*  
including rounds of the  
Senior/Junior Super-Series

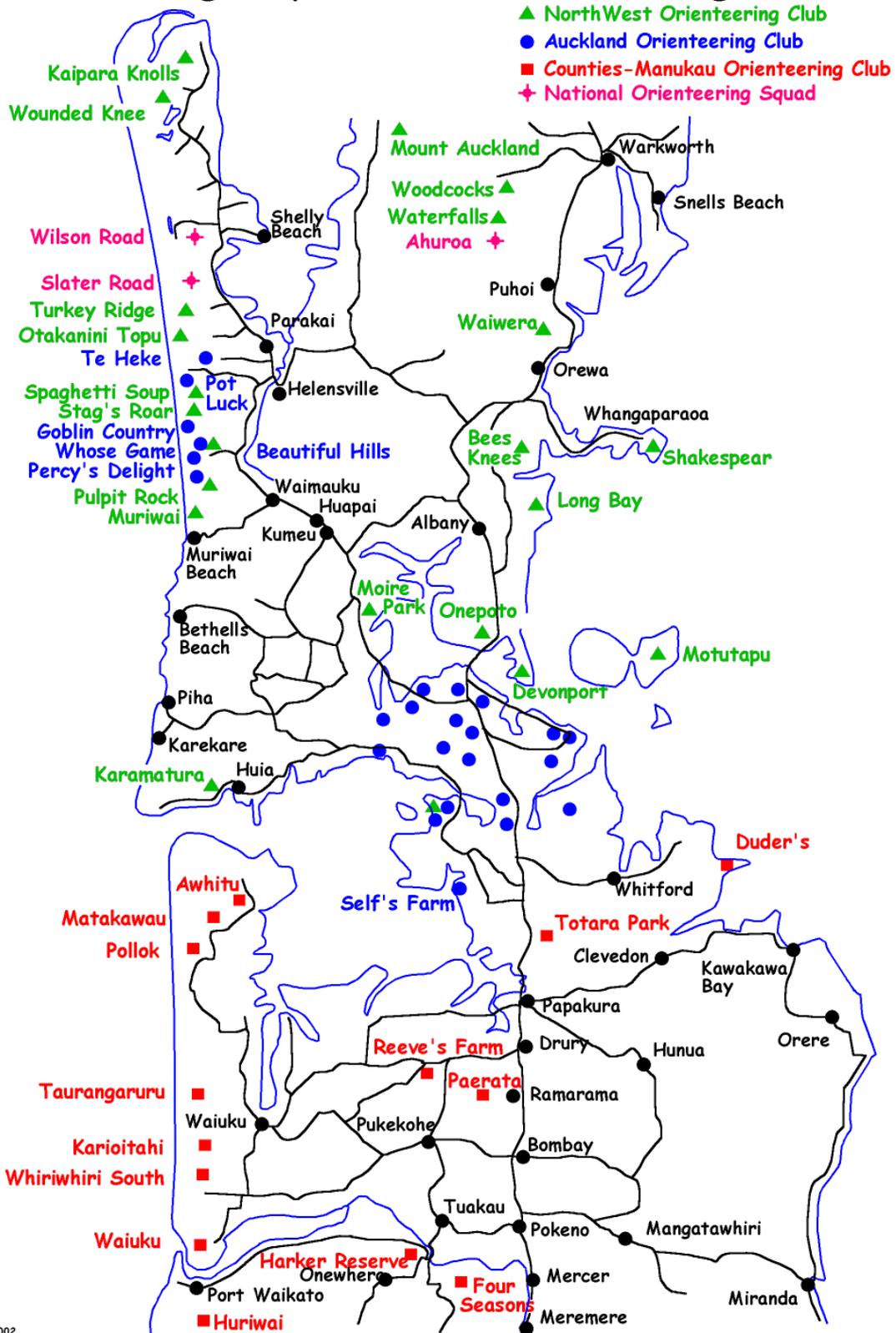
- Wednesday 11 April - Sprint O at Massey Campus - Albany map
- Thursday 12 April - Middle Distance at Woodhill - White Lightning map
- Friday 13 April - Night Relay / Score - Turkey Ridge map
- Saturday 14 April - Multi day long distance at Woodhill - White Lightning map
- Sunday 15 April - Multi day long distance at Woodhill Forest - Whites Line/Beautiful Hills map

Entries close Wednesday 4 April 2007

An entry form and information is available at [www.geocities.com/nwocnz](http://www.geocities.com/nwocnz)

Enquiries - contact Andrew Bell ph: (09) 428 4337 email:  
the.bells@xtra.co.nz

# Orienteering maps of the Auckland region





**Sender:**

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132 Waikoukou Valley Road, RD2 Waimauku

The  
Auckland  
Orienteer



