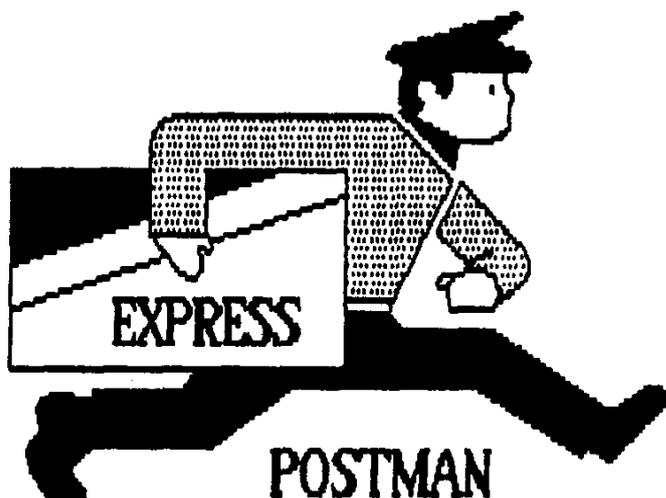


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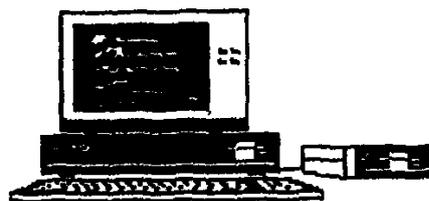


*Please send articles & news to the editor
before Jan 20th for February issue.*

EDITORIAL

Hi Folks,

Well this is the last issue for this year with Xmas season and New Year approaching.



I hope the "Oeers" enjoyed their run at the NZ Champs in Hawkes Bay, there were three beautiful sunny days, with some photos of the event later in this issue.

This month will be pretty quiet so there will be fewer articles and news SO SORRY!, couldn't brighten it up for the festival season except to say that the Summer Series has gone off to an excellent start with a good turnout at the first two events. We seem to have excellent support from the public (the second event was better than the first).

There will be no issue in January 1992, the first issue for 1992 will be in February so the deadline for the issue is 20th January 1992.

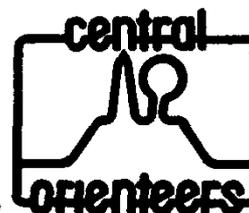
Mervyn Paitry

COMING EVENTS

DECEMBER

3	TUES	C	AUCKLAND DOMAIN	5-7pm
10	TUES	C	ONE TREE HILL	5-7pm
17	TUES	C	SELS FARM	5-7pm
28	SAT	WOC	POLLOCK	
29	SUN	WOC	WOODHILL FOREST	
30	MON	WOC	HURIWAI	
31	TUES	WOC	WAIUKU FOREST	
1	WED	WOC	WAIUKU FOREST	
14	TUES	C	WESTERN SPRINGS	5-7pm
21	TUES	C	AUCKLAND DOMAIN	5-7pm
28	TUES	C	ONE TREE HILL	5-7pm
1	SAT	SA	HAYMAN PARK	4-6pm
4	TUES	C	SELS FARM	5-7pm
8	SAT	SA	MT RICHMOND	4-6pm
9	SUN	NW	AMBURY PARK	10am-12.30pm

THE CENTRAL SPY REPORT



- * The venue for the club's committee meetings is 56 Allens Road, East Tamaki. Look for the O' flag marking the venue. The starting time is, as always, 7.30pm. The meetings are always held on the first Wednesday of the month. There will be no meetings in December or January. The next meeting will be on the 5th February. All members are invited to attend as we don't have an appointed committee.
- * News is still coming in. In fact it has stopped. If anyone has any boasting, info or gossip that they would like published in the O 4 Focus would they please contact THE SPY (Messages may be left at Ph 576-9147).

The Spy

NORTH WEST NEWS



**NORTH WEST
ORIENTEERING CLUB**

- * Well done Brenda Stone she was awarded the top prize at Rangitoto College and took home the cup for Dux. Brenda was top in all five of her subjects with an average mark of 88%.
- * Sasha Middleton was awarded Sportsman of the Year at Northcote College's prizegiving and Kirsten Ambler won a gold medal at Orewa College for sport. Congratulations.
- * The club AGM was held at the Stone's house, followed by pot luck dinner and an entertaining and informative talk by Katie Fettes. A large number of club members attended and enjoyed a great evening.
Main Office Bearers elected were:
President Ann Fettes
Secretary Colin Tait
Treasurer Alison Stone
Club Captain Rob Ambler
Membership fees were decided, and the forms will be mailed to you in due course. However it has been suggested that those going to Tasmania be financial before leaving.
The list of our events for 1992 is now in circulation so if you wish to volunteer for a specific job at an event get in touch with Rob Ambler quickly. The evening ended with the women's Trivial Pursuits team, ably captained by Michelle (?) Hood beating the men by a close margin. Revenge is sweet.
- * The North Harbour Sports Foundation had their annual Volunteer Luncheon at the Mon Desir last weekend. All sports clubs who are part of the foundation nominate one of their hard working volunteers to go and enjoy a free lunch and the chance to be selected as one of 6 prizewinners. North West sent Phil Johansen and the North Harbour Kiwisport Co-ordinator asked Lesley Stone to go as his nomination. Guess who won a prize? Phil received a lovely showerproof jacket in North Harbour colours. Way to go Phil!!!
- * Several club members had a successful weekend at the recent Wellington Champs. Those to win their grades were Charlotte Hood,

Peter Ambler, Ann & Katie Fettes, Charlotte and Peter teamed with Alex Hood to win the Mixed B relay, while those 'Mature gentlemen' Dave Middleton, Rob Ambler & Mike Beveridge came 2nd in the Mixed A.

* Good luck to everyone who will be taking part in the Veteran World Cup events in Tasmania; the rest of us will be enjoying a well earned break at home.

North West Newshound

DJ JAZZY JEFF AND THE SOUTH AUCKLAND GOSSIP CORNER



- ⊙ Well this is the last mag for the year. How will you survive without me, there is not much in this edition except for couple of items.
- ⊙ Kings College had an interhouse relay at Totara Park recently with Parnell House winning the competition in the time of 84.26, with Averill House coming 2nd in the time of 86.08 and Major House coming 3rd with the time of 92.00. Congratulations to Matthew Taylor who had the best individual time of 20.28 but his house was disqualified as he took the wrong map.
- ⊙ The AGM will be held at Tremain's place instead of Unni Lewis as previously reported in the last issue, the date for the AGM is 3rd of February.
- ⊙ Also for Robbies' Course Setters meeting, the date for this meeting is 1st of December.
- ⊙ A report of the club dinner had everyone enjoying themselves with great music and food. It was pleasant to see Mavis Hatwell at the dinner, we hope you will be orienteering next year.
- ⊙ That it for this year so have fun over Xmas and New Year and don't forget to send in some info for Feb issue. All the best for next year.

DJ JAZZY JEFF

TIMES SQUARE

NZ CHAMPS MANGARARA 27/10/91	
Peter Godfrey M55A Course 9	
S-Tri	0.30
Tri-1	18.49
1-2	12.30
2-3	37.42
3-4	9.55
4-5	5.31
5-6	4.32
6-7	0.15
Total	89.44



LETTERS TO THE EDITOR

11 Viewland Avenue
Onehunga
AUCKLAND 6

10 November 1991

Mervyn Paitry
16 Korma Road
MT ROBKILL



Dear Mervyn

First of all, congratulations on the new look O-4-FOCUS, it is really a catchy cover design, and the inside has lots of interesting things to read as well.

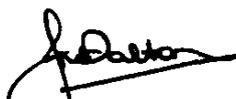
I thought I might write a bit about the official launching of the new orienteering book by Peter Wilson (see advert in last magazine), as I have been working with Peter to enable this book to finally hit the shelves.

Some background - originally the book was to have been produced by the Department of Education, but they folded and the Ministry of Education said 'we don't fund this sort of thing'. So NZ Mountain Safety raced to the rescue, we included a chapter linking orienteering to the great outdoors, and before you know it, we have a new book.

This has been distributed to all clubs, as well as a wide variety of other places. However, if anyone would like to buy copies - then I have some available in Auckland (\$12).

However, back to the launch! Dunedin O Club organised a function at the Botannical Gardens - a delightful venue - and along with this came lots to eat, and some interesting South Island wines to taste (right up my alley). Heaps of people were invited (and came along as well!), and we had a great time. I was the official NZ Mountain Safety representative, and speakers included Helen Carmen, Bob Scott (who told some interesting tales about WOC 1985 in Australia), Bunny Rathbone, myself, and of course the author himself. All in all, a great tribute to the work Peter has put in to complete this project - and a thoroughly enjoyable way to launch the book.

Kind regards


Jill Dalton

FROM THE ARCHIVES



There were no events in the Auckland area in Dec or Jan (Woodhill Forest was closed because of the "Fire Risk"). Several orienteers were taking advantage of the jogging boom and running in marathons and half marathons - Phil Melsop, Rosemary Gatland, Ray and Jackie Sheldon, Gordon Evans, Robinsons, Gary Seymore. A group of South Aucklanders with Phylis and Jim Sneddon leading jogged around the Coromandel Peninsula.

Jeanne Browne went to Japan interpreting for Laurie Baxter. Athol Lonsdale and Ken Browne in the Pacific Champs. They met up with Terry Nuthall, Frank Smith and Don Rolfe who were later placed 2nd in the M43 relay behind Australia. The highlight of the trip for Jeanne of being billeted with Ruth Humble and rubbing shoulders with Anmkin Krinstead.

Looking back on 1981 it is interesting to note that year initial training sward of 16 women and 20 men, 8 women and 10 men later represented NZ at WOC and 11 women and 12 men are still orienteering.

Ken Browne

COLOUR CODED EVENTS

The introduction of a series of colour-coded events to our calender next year has drawn some mixed feelings among Auckland orienteers. I believe this series will be a terrific way of helping people advance in orienteering after the summers series which all three club run. In the past, the closet equivalent has been a forest promotional event run by Central Club often on Temu Road, with 4 or 5 courses. This event has always been well attended with 200+ people, and a series of similar events will be an excellent way of improving the orienteering skills of newcomers and hopefully will entice them into a long-term involvement with the sport.

The courses will be: Red Long, Red Short, Orange, Yellow and White. The two red courses are for experienced orienteers only and should be approximately 7km and 4km. The orange course should be about 5km long but with controls that are placed reasonably close to obvious features and/or with catching features. The yellow course of about 3km should have the same features as the orange course as well as using handrails where possible and the white course of 1-1.5km should be very easy to cater for the very young and new people. Taping between controls is to be used if necessary (The above course lengths are for flattish areas and should be reduced for steeper areas.).

It is vital that all courses be set so very few (if any) people DNF or take excessively long times.

Each club should have 2 or more instructors and where possible regular club people should help explain to newcomers. Clubs have a chance to use inexperienced course setters with experienced controllers, but please controllers, don't be afraid to change courses dramatically; too many controllers simply check control sites.

Color-coded events therefore provide a good opportunity for both novice course-setters and novice orienteers as a stepping stone before trying an O.Y or a major event.

Please contact me if you are unsure of your courses and would like some guidance

Rob Garden, AK Technical Officer Ph 643-676

NOTICES

WHANGAREI CLUB are holding a combined Training/Event weekend for their club members and Auckland clubs are welcome to join.

Date 22nd/23rd February 1992

Map Mangawhai South

Overnight accommodation is available at Moirs Point Christian Camp, Mangawhai

Cost \$17 per adult covers dinner, breakfast + lunch, \$10 for children 4-10yrs, below 4yrs free.

Plan is to have training events Saturday, 22nd from midday, and an event Sunday morning 10-12 o'clock start.

A low key weekend before the season starts

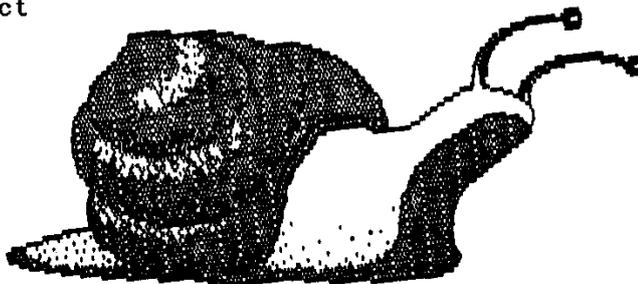
Anyone interested should contact

Mike Williams Whg 4389-296

Rhys Thompson Whg 4384-866

Thanks

Mike Williams



1992 MACPAC KAWEKA CHALLENGE

This event, organised by the Hawkes Bay Orienteering Club and the Heretaunga Tramping Club, will be held on 15/16 February 1992. Entries close on 18 January 1992. Entry forms are available from your club secretary, or from

Mrs S Mardon
Evenden Road,
Hastings.
Ph 06-876-8558

To all those Orienteers who sent me encouraging messages I want to say a grateful thank you.

Your caring and concern certainly helped to keep up my spirit.

A special thank you to those fabulous letter-writers and visitors

Love and best wishes to orienteers everywhere by the way of S.A.O.C.

From Mavis Hatwell

PHOTOS

The photos were taken by Gay Ambler
of North West Club at NZ Champs in
October.





Yikes!! Is this how the photographer
treats its editor??

NZ World Cup Men and Women Relay Team members at the presentation ceremony, NZ Champs on Mangarara map (Jan Davies and Tania Robinson absent).



From left Robert Jenson, Bill Teahan, Greg Barbour, Eddie Fettes, Marquille Gelderman, Alister Landels and John Robinson, the team coach.



Ak Junior kids relaxing



Oeers' having fun on tractor



Sunday evening meal at Robin's Nest Cafe.
Waipukurau after NZ Individual Champs.



Scenes from NZ Relays, Smedley Station.





NATIONAL MUTUAL NEW ZEALAND MASTERS GAMES 1992

This is for the 35 year plus gang – something special – just for us!

The 1992 National Mutual New Zealand Masters Games are to be held in Dunedin 3 – 9 February 1992. Two days of orienteering are included in the programme of events offered by the 40 plus sports organisations participating.

The Dunedin Orienteering Club will hold two days of Orienteering on February 8 – 9 at Seacliff which is about 30 minutes drive (33 km) north of Dunedin. The area consists of open rolling to steep farmland with extensive areas of runnable native bush, some pine forest and some intricate scenic open areas. Magnificent coastal views exist taking in the Karitane Peninsula, Purakanui Beach and Taiaroa Head – home of the Albatross Colony. An updated map of the area is presently being produced by Michael Wood.

The week will be busy with opportunities to participate in different sports and a wide range of social events and special events such as the 'Masters Mile' for participants of all ages and pace.

Courses

The key to the Games is participation at all levels. There will be both A grade and novice courses ranging from M/W 35 to 60+.

A Grade This is for A and experienced B grade orienteers. The courses will be slightly shorter than normal (similar to a multi-day length) and will be on unfenced maps.

Novice These courses will cater for people with little or no experience. Our aim is to encourage friends, family and masters participants from other sports to 'have a go'. There will be special fenced maps for these courses. A great chance to introduce a friend to the sport of orienteering.

To make the trip worthwhile, the South Island Orienteering Championships are being held in Southland the weekend after the Masters Orienteering. These two events will be held on a new map – February 15–16 at Dunsdale about 16km from Invercargill.

Pre-entry is necessary and enquiries about this event should be directed to:-

Bob Scott
101 Moana Street
Invercargill
Phone (03) 217-6091

For Masters Games entry forms, write to:-

National Mutual Masters Games
PO Box 5845
Dunedin

Or contact your local Club Secretary.

Peter Wilson
ORIENTEERING CO-ORDINATOR



AOA NEWS

The annual general meeting of the AOA was held on Tuesday 12th November. Those elected were:

Chairman	Lesley Stone (NW)
Deputy Chairman	Dave Middleton (NW)
Secretary	Barry Tuck (C)
Treasurer	Unni Lewis (SA)
Technical Officer	Rob Garden (NW)
Fixtures	Dave Middleton (NW)
Statistician	Keith Stone (NW)

Help - is there anybody out there who would like to take responsibility for the AOA trophies - OY and Championship? We need someone who would maintain a record of winners and collect the trophies towards the end of the year for engraving.

We are grateful to Ralph King for all the newspaper publicity he has given the sport over the years. However there are many more opportunities waiting to be used for our benefit - radio, TV, other publications etc. Please let me know any ideas you may have or any contacts we can use.

Thankyou to Mervyn Paitry who is tackling the job of the Auckland Magazine with enthusiasm. Would club treasurers please keep Mervyn up to date with any new members before the end of each month to ensure that they don't miss out on their magazine.

The next AOA meeting will be held in February 1992. Would all clubs ensure that they have at least two delegates in attendance. All matters to be decided on should have been well discussed at club meetings and the delegates able to communicate their club's decisions. I would like to ensure that all agenda items are sent to clubs well in advance of each AOA meeting and in plenty of time to be debated at club level.

Best wishes to John Robinson and his organisers for the NZ Five Day to be held at the end of December and to those orienteers travelling to Tasmania for the Veteran World Cup.

Lesley Stone, Chairman

**NZOF COURSE SETTING
COMPETITION 1991**



Peninsula and Plains Orienteers invites all orienteers to enter the 1991 Course Setting Competition.

- * All entrants must be financial members of a club affiliated to the NZOF
- * Juniors are to plan one course for M13
Seniors are to plan two courses - one for W21A and one for M13A
- * Courses must conform to national badge standard for a single day event, with winning times consistent with those recommended by the NZOF Technical Committee
- * Maps must be marked in accordance with NZOF rules (red ballpoint will be accepted), and control descriptions must be in IOF symbols.
- * The map to be used is "Living Springs". The finish will be marked on the maps, and must be used. The setter chooses the start, but it must be the same for both courses (for seniors).
- * Entrants will receive four maps. These, along with other relevant information, will be sent to entrants on receipt of their registration. Extra maps are available for \$1 each.
All maps will be returned, along with judges comments.
- * There is no closing date for registration but completed entries must reach Chrissie Williams by 22 January 1992.
- * The winner of the senior section will receive the Silva Trophy, and the junior winner the Currie Trophy. These will be presented at Easter 1992.

Send entries to Chrissie Williams
145 Pine Avenue
South New Brighton
Christchurch 7

Entry fees: Senior \$10 Junior \$6
Make cheques payable to PAPO

Please register me for the 1991 course setting competition

Name: _____

Address: _____

Senior/Junior (under 20) (delete one)

Fee enclosed: Senior \$10 Junior \$6

NEW ZEALAND ORIENTEERING FEDERATION

NEWSLETTER

NOVEMBER 1991



COURSE SETTING COMPETITION

PAPD has offered to run the course setting competition for 1991. Club secretaries and Area newsletter editors have been notified of this.

ADDRESS CHANGES

Hutt Valley Orienteering Club
Secretary: Mark Copeland
P O Box 30 398
Lower Hutt

Wellington phone numbers now have the 7 digit format.
Michael Wood, NZOF Coaching Director is ph 0-4-566 2645

NEW PUBLICATIONS

"ORIENTEERING - A Way of Learning Outdoor Navigation" by Peter Wilson
Published by New Zealand Mountain Safety Council.

Assisted by a grant from the Hillary Commission

This excellent, readable and well presented book on orienteering has at last been published. It is written as a guide for teachers, instructors and participants, and would be a useful textbook for senior secondary school students.

Copies are available from the NZ Mountain Safety Council, P O Box 6027, Te Aro, Wellington at \$12 a copy (or \$9 per copy for 10 or more).

"SPORTS DIRECTORY"

Published by The NZ Sports Foundation Inc.

Lists major sporting events (including orienteering) over the summer. Complimentary copies available from any Liquor King outlet, Shell Shop or Canterbury of New Zealand shop.

COACHING ANNOUNCEMENTS

Junior Camps for 13-16 year olds

Two camps are to be held in December - one in the North Island organised by Julia Fraser and one in the South Island organised by Bunny Rathbone. Either camp would be suitable for coach training - for learning about the practical exercise part of coaching. You would set the exercises under the guidance of an experienced coach. All costs are met from the NZOF Coaching Budget. More information from Michael Wood.

Coach of the Year

The award of the "Coach of the Year" has been made to Jo Guest of PAPD. In spite of a broken ankle, Jo has reported 5 coaching activities this year (more than all other reported activities). Jo is working in the current priority area (beginner and intermediate orienteers), she is using the resource collection and she is reporting what she is doing - she is a model coach!! Well done Jo.

NEW ZEALAND ORIENTEERING FEDERATION

NEWSLETTER



NZOF DEVELOPMENT PLAN

Submissions are invited for the next stage of the NZOF Development Plan, covering the years 1992-5. They are needed by Christmas.

The first stage was the "Think Tank" at Waiouru in September. This group reported that the biggest gap between Federation purpose and achievement is in Promotion. It said that employment of staff was needed to close that gap.

The second stage was the endorsement of the purposes of the Federation by the Council Meeting, at Havelock North at Labour Weekend. The next stage is the writing of action plans including time and money estimates. These will be presented to clubs for consideration before the next Council Meeting.

The Council Meeting set up four committees to do the Action Planning:

Promotion Committee

(but with a lot of impact on Fundraising)

Convenor Stan Foster, 70 Waimarie Road, Whenuapai, Auckland;
Phone 0-9-416 7106

Fundraising Committee

(but with a lot of impact on Promotion)

Convenor Barrie Foote, 71 McKerrow St, Waverley, Dunedin;
Phone 0-3-454 4931

Training and Assistance to Clubs

Event Quality

Other

TEO Committee

Convenor Les Warren, 4/42 Queens Ave, Hamilton;
Phone 0-7-839 1214

Leadership

Communication

Structure

LCS Committee

Convenor Bruce Henderson, 95A Major Drive, Kelson, Lower
Hutt; Phone 0-4-565 1524

NEW ZEALAND ORIENTEERING FEDERATION

NEWSLETTER



The committees need to write practical plans of action. They already have a large number of suggestions, and you can see these in the green Think Tank report, available from your club secretary or Think Tank participant. What is needed now is any **ADDITIONAL** ideas. Deciding what we will or won't proceed with, and the priorities, should be left to the next stage, when the committee reports are given to clubs.

Send your ideas direct to the relevant convenor, **BY CHRISTMAS**. If you are unsure which committee to send to, or you want to know more about the planning process, please ask the convenor of convenors:

Michael Wood, 5 Atahu Grove, Lower Hutt; Phone 0-4-566 2645

Chrissie Williams

Chrissie Williams
NZOF Secretary

P O Box 18836
New Brighton
Christchurch
Ph 0-3-880 798

AUS/NZ CHALLENGE

WESTERN AUSTRALIA

9TH - 17TH APRIL

1993

- 9TH April Family Relay**
- 10-12TH April Easter 3 Day**
- 14TH April Score Event / Sprint 0**
- 16TH April ANZ Individual Challenge**
- 17TH April ANZ Relay**

Printed Black on White A4

1000 for **\$37⁵⁰** incl GST

500 for \$27.50

250 for \$20.00

604 Great South Road, Greenlane. P.O. Box 51-572 Pakuranga, Auckland. Fax 5799-934.

Auckland Orienter

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