

The AUCKLAND ORIENTEER

Te Map - 'Some Place'

SCALE 300,000 for 1



Base map: Fore Fingers
Land owner: L. Hand
Fieldwork: A. Pendage
Cartography: T. Thumb

JUNE 1997

The time has come...

...for me to draw some maps, set some permanent courses, get a life, you know, that sort of thing. Would anyone like to take over as Editor of the Auckland Orienteer?

Requirements of the job are the use of a PC and a laser printer; about 8 hours per month (all at once after the 20th of the month), literacy, a willingness to print only 4 pages if that's all you have to print, and acceptance that no-one owes you anything, least of all articles.

Perks of the job are receiving every newsletter published in NZ, getting lots of attention just after the 20th of the month, and free reign to print anything you like, as long as you don't mind the feedback!

Full training and support given, and you can even use the Auckland OC computer if it's mutually convenient.

Missing from this newsletter

- A report from someone who went to the NZOF AGM / Workshop
- News from Auckland OC
- Information about several upcoming events

(Although lots of stuff did arrive this month, and I thank all of the contributors.)

Get real, guys

After careful consideration I have chosen not to publicise the following events in the hope that their organisers will in the future wake up, smell the roses, and not organise events which conflict with well-publicised orienteering events on the same day in the Auckland region.

- Lactic Turkey
- Cascades Bush Run, in support of competitors going to the Junior World Championships

I will gladly publish information about any event that may be of interest to orienteers - but get real, guys!

MARK ROBERTS

CALENDAR

The editor takes no responsibility for the accuracy of the following information which has been collated from many sources and no-one tells him anything anyway so he just makes most of it up. Please call Club Secretaries for final confirmation, although no-one tells them either: (A) Auckland: Rae Powell 624 1513 (CM) Counties-Manukau: Linda Brighthouse 09 298 8380 (E) Egmont: Jay Paterson 06 751 3589 (H) Hamilton: Jim Barr 07 856 9501 (NW) NorthWest: Ann Fettes 827 5358 (P) Pinelands: Chris Jackson 07 886 5313 (R) Rotorua: Mark McKenna (07) 345 3318 (T) Taupo: Alison Mensen 07 378 0577 (WACO) Waikato and Auckland Universities: Shaun Collins 631 0204 (Wh) Whangarei: David Nevin 09 435 2415.

JUNE 1997

Wed 4th	CM	Club meeting, 19:30, Briffett residence, 44 Dales Road, Ramarama
	A	Club meeting, 19:30, Janice Cyprian's place, 1/11 Erson Avenue, Royal Oak
Sun 8th	P	Waihou, 11:00-13:00, off Whites Road, Putaruru
	A	Pakuranga Streets / Lloyd Elsmore Park 10:00-11:30

Park and streets event, new format, should be interesting, short courses stay in the park, longer courses use the street map as well. Cycle option! \$4 club members \$5 others, results in *AUCKLAND ORIENTEER* Setter Clive Bolt Signs on Pakuranga Rd.

- Thu 12th NW Club meeting, 19:30, Mead residence, 10b Patuone Avenue, Devonport
- Sun 15th H Sanatorium Hill, 11:00-13:00, off Maungakawa Road 10km NE of Cambridge
- NW **Score event, Weiti**, Haigs Access Road, off East Coast Rd north of Browns Bay Setter Ralph King, Controller Dave Melrose, 60 minute score event, also Secondary Schools event 6 with standard courses. 20 controls, Red, Orange, Yellow and White to cater for all age classes - 5 year classes above 35 and below 21. 3 mass starts at 11:00, 11:30 and 12:00; 20 minute pre-start to mark up maps and plan routes.
- Wh Kioreroa Road, 11:00-13:00
- T Taurewa, National Park, 11:00-13:00 (?? best to call)
- Wed 18th A Auckland Secondary Schools Championships, Wilsons Road, Woodhill Forest pre-entry, organisers Alistair and Joanna Stewart 575 5695
- Sun 22nd R Lake Ngahewa, past Rainbow Mt on SH30 from Rotorua to Taupo, 11:00-13:00
- Sun 29th H **CDOA OY4 Mount Eliza**, 11:00-13:00, north of Waharoa on the slopes of the Kaimais, steepish pines / bush, signs from Manawaru SE of Te Aroha

JULY 1997

- Wed 2nd CM Club meeting, 19:30, Robinson residence, 45 East Street, Pukekohe
- Sun 6th T Spa Thermal Park, 11:00-13:00
- A **Mount Richmond**, Otahuhu, starts 10:00-11:30 self start / self finish \$4 club members \$5 others, results in *AUCKLAND ORIENTEER*
- Thu 10th NW Club meeting, 19:30, Middleton residence, 24 Shanaway Rise, Glenfield
- Sun 13th WACO Sixteen Mile Training, all day, call 631 0204 for details
- Wh Winstones, 11:00-13:00
- 18/19 HB Silva National Secondary Schools Championships, details in this issue
- Sun 20th NW **Shakespear Regional Park**, Whangaparaoa Peninsula, 10:00-12:30 A special event to celebrate midwinter. 3 or 4 short, fun, different mass start events.
- Setter Geoff Mead, Controller Mark Lawson. More details next month.
- R Owhata, 11:00-13:00

Sun 27th H Rose Gardens / Sandford Park, 11:00-13:00

August 1997

3 A Beautiful Hills
 10 R Park TBA Rotorua
 Wh Maunu
 17 H Forest Lake
 NW Spring Series Handicap, Beautiful Hills
 24 E CDOA OY5
 A Churchill Park / Glendowie Streets
 31 CM Spring Series Handicap, Waiuku

December 1997

? Junior Camp, Auckland
 1 HB Rogaine, Smedley
 3 H Rose Gardens
 7 R Okawa Bay
 Wh TBA
 10 H Waikato University
 17 H Hamilton Lake
 ? Oz 5 day, Canberra

September 1997

7 NW Spring Series Handicap, Muriwai North
 14 R CDOA OY6, Peka Block
 WACO Training event (?)
 21 H Pakaroa
 A Spring Series Handicap, Beautiful Hills
 Wh Tangiteroria
 27-4 Veteran World Ch, Minnesota, USA
 28 WACO Training event
 P Redwoods, Tokoroa

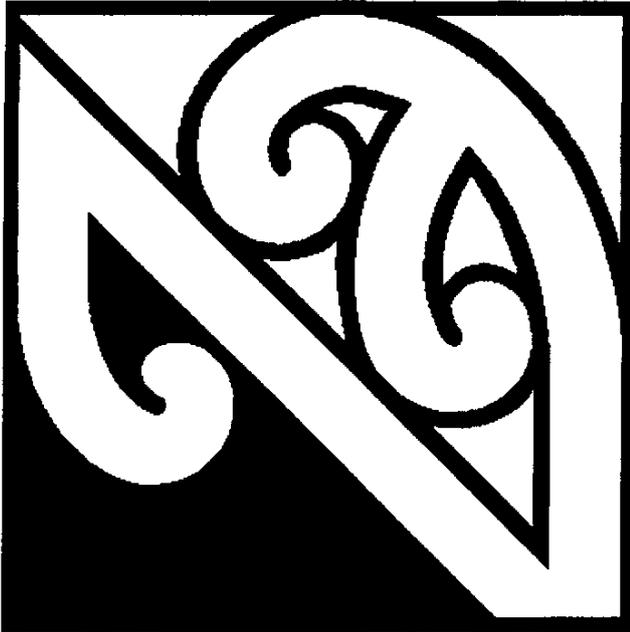
October 1997

5 CM Spring Series Handicap, Waiuku
 R Crater Block
 6-10 Squad Dev Squad Camp TBC Rotorua
 12 T CDOA OY7
 Waco Training event
 Wh Mair Park
 18/19 NW Auckland Championships
 Uren Road, Kaipara Knolls
 19 P Greenpeaks
 25/27 H Labour Weekend 3 Day
 Kallarney Lake, Kawhia
 PAPO South Island Champs 3 Day
 Dalethorpe, Acheron, Canterbury

November 1997

2 CM AOA Relays, Whiriwhiri Maioro
 6 CM Auckland Primary Schools Champs
 8/9 E CDOA Championships
 9-16 All National O-week
 16 H Four Brothers
 Wh Mangawhai
 23 R Okere Falls
 29/30 Wellington Championships

NORTHWEST NEWSHOUND



We are pretty spoilt in Auckland in having Woodhill forest, and now Riverhead forest is proving an ideal venue for orienteering - as in Mountain Bike O.

I can recall traditional orienteering on the Riverhead map at least 10 years ago - complete with swamps and plentiful "green" terrain. But the acres of green are no handicap in the bike-O version introduced to Auckland by Shaun Collins and Darren Ashmore.

A good crowd of young-at-heart NW members have taken to this great network of gravel roads and forest tracks, adjusting (or otherwise in my case!) to a vastly different map scale and consequent lack of the detail to which we are accustomed - to emerge seriously muddy after a couple of hours of great fun.

Definitely worth a try if you can ride a bike or need an excuse to buy a new mountain bike.

Oops

Seems that I got my facts muddled in my account of the North Island Secondary School champs in last month's column. Jonine Nash and Natalie Rouse of Birkenhead College were 2nd and 4th respectively in the Senior girls grade, while Beth Tilton of Kelston was 4th in the Intermediate girls

individual race.

People

Asta Wistrand is another orienteer making an impact on her grade (W50) in recent months, particularly since taking part in the Easter training week.

Rob Garden and Marquita Gelderman are off to Europe and the World champs at the end of June. Also heading to a northern hemisphere summer are Robin and Gay Ambler and Sasha Middleton - happy traveling. Marquita and Rob are the selectors for our club relay teams for the nationals at Queens Birthday weekend - let's hope they come up with some winning combinations.

Club captain Geoff Mead would like to hear from anyone keen (or just anyone!) to co-ordinate a Spring series forest event at Beautiful Hills (Woodhill) on 17th August. This involves organizing people-power and helpers on the day so you don't need to be an experienced orienteer. Please phone Geoff on 445 4555 if you can help.

Our club is taking a step into the age of technology and purchasing an OCAD package which will be available to club cartographers. OCAD is a computer aided design package for drawing orienteering maps.

Next club meeting

The June club meeting will be held at 19:30 on Thursday 12th June at Lisa and Geoff Mead's home, 10b Patuone Avenue, Devonport.

The July meeting will be held at 19:30 on Thursday 10th July at Dave and Glen Middleton's home, 24 Shanaway Rise, Glenfield. All NWOC members are most welcome to attend.

LISA MEAD 445 4555

AUCKLAND ACCIDENTALLY

Next club meeting

The June club meeting will be at 19:30 on Wednesday 4th June at Janice Cyprian's place, 1/11 Erson Avenue, Royal Oak.

COUNTIES- MANUKAU NEWS

Events

On May 7th, Franklin District Primary Schools held their O Champs, thanks to long time club member Val Robinson, with the help of other dedicated club members, teachers and parents. Our appreciation goes to Mr. Cole, the Manager of the Pukekohe Racecourse, for the use of the venue. A great day was had by more than 550 competing children. Our congratulations to Marijke Currie and Jayne Shuker for winning their grades.

People

We have a movie star in our midst - Esmay Green was recently seen on TV talking about her time at Middlemore Hospital.

Meanwhile Ken won 3 Golds, 1 Silver and 1 Bronze at the Masters' Games. Golds for indoor rowing and orienteering, Silver for 100m sprint and Bronze for Long Jump - well done Ken.

The Club extends its sympathy to the Curie family on the recent loss of Doesjka's father.

Tania Robinson is off to Norway on 7th June for the World Champs. We all wish you the best of luck, Tania.

Club meetings

The June meeting will be held at 19:30 on Wednesday 4th June at the Briffett residence, 44 Dales Road, Ramarama.

The July meeting will be held at 19:30 on Wednesday 2nd July at the Robinson residence, 45 East Street, Pukekohe.

All Counties-Manukau Club members are welcome.

MARGARET BRIFFETT

ARCHIVES MAY 1987

The first event for May 1987 was the forerunner of the current inter-club competition. 135 competitors turned up for a promotional event on

the Redoubt Road map, and after the run Unni Lewis used her Norwegian experience to allocate points for team places. Everyone enjoyed it but for some reason the idea fell by the wayside.

The OY series continued on Telephone Track with Rob Garden, Mark McKenna, Carey Martin and Katie Fettes the top elites. Colin Bray M35 and Ian Currie M40 had winning runs.

The QB3 day - Huriwai, steep and rocky, where Wellington's Peter Hill beat Kevin Ireland and David Melrose (and M Roberts of HVOC won the M21B grade.) Then to Glenbervie, the Whangarei Club's first colour map and a selection trial for the WOC team. Peter Hill had another win, this time beating Al Landels with Rob Garden close behind.

Finally Woodhill, the Quarry Road map, now part of Muriwai, Muriwai North, Beautiful Hills etc. Mike Ashmore's comments: "I calculated my course lengths with an intentional error towards the long side. Ten to fifteen minutes over NZOF approximate estimated winning time is approximate enough for me. I'm not a purist."

KEN BROWNE [CMOC]

SPRING SERIES HANDICAPS

AOA is implementing a handicap system for the 1997 Spring Series.

The objective of the handicap is to turn the Spring Series into a race for all E and A grade orienteers irrespective of ability and fitness. The portly M40 plodder will be able to compete with the M21E's. Top orienteers will be under pressure from all the other orienteers competing against them with a handicap advantage.

The races

Sunday 17th August
Beautiful Hills, Woodhill, NWOC

Sunday 31st August
Waiuku, CMOC

Sunday 7th September
Muriwai North, Woodhill NWOC

Sunday 21st September
Beautiful Hills, Woodhill AOC

Sunday 5th October
Waiuku, CMOC

There is only one competition, that goes across all grades and courses. Competitors in OY grades W21E, M21E and M19 to 49A, must run in the long red course offered at each Spring Series event. Other OY grades can run in either of the red courses (long or short) offered in the Spring Series (the competitors choice).

The handicap committee is Geoff Mead and Keith Stone (AOA Statistician). Decisions of the handicap committee may not be challenged by competitors. Any communication with the handicap committee will result in a less beneficial handicap.

Handicaps will be calculated and published (in the July newsletter) using the results of the 1997 OY series. The handicap will be in the form of a multiplier less than or equal to one. This multiplier will be used to adjust a competitor's time for the handicap placing results.

The multiplier will be largely calculated on the basis of an individual's average km rates over the OY series, compared with all other individuals. The committee will also use a range of other top secret formulae that cannot be published (mainly because they haven't worked them out yet.) Each competitor in the 1997 OY series (in the E and A grades) will be given a multiplier.

An example. Rob Superstar is a leading M21E orienteer, who won the 1997 OY M21E competition; his multiplier assigned by the committee is 1.00.

Joe Slowsmith is an M40A who finished well down the M40A grade in the OY competition, his assigned multiplier is 0.50.

Trish Veryfast is a W45A with an assigned multiplier of 0.60.

Bill Bigman is a M60A with a multiplier of 0.40.

Results from the first Spring Series event. Rob and Joe ran the long Red course. Trish and Bill ran the shorter red course:

Long Red

	Time	Mult	Adjusted time	Placing
Rob	42.00	1.00	42.00	2
Joe	80.00	0.50	40.00	1

Short Red

	Time	Mult	Adjusted time	Placing
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Trish	30.00	0.60	18.00	1
Bill	50.00	0.40	20.00	2

The handicap placings above would then be used to calculate the series results.

Best 4 results out of the five races to count for each competitor. 50 points for first place, 49 for second etc. Competitor with the highest aggregate of points from 4 races wins. In the unlikely event of a draw, the handicap committee will pick the winner. AOA prize for the winner.

GEOFF MEAD, KEITH STONE [NWOC]

(I have to say that I am a little worried about Joe the portly M40 and expect all correspondents to be kinder about him in future issues - MR 8^)

OY5 WACO MURIWAI NORTH

Bowdlerised extracts from the Controller's report...

"I received many comments on the style of course setting, commentary, music and general aim of creating some sort of atmosphere at the event. This was mostly well received, but the comments delivered with the most (shall we say) passion and conviction were of a negative vein.

I have been involved with O since I was 11 and it has been a source of great friendships, competition, focus, happiness, disappointment, triumph and social interaction. We all enjoy O because we get something out of it.

O is in limbo. The number of affiliated orienteers has been dropping steadily as people are attracted to other sports for whatever reason. What do we want from O?

Some regard O as a recreation. Their view may be that as long as someone sets courses and takes their finish time they wouldn't care how small O becomes. No commentary, no music, minimal people, just a nice quiet day in the forest. This does have its merits but it doesn't help O. Another group of orienteers invest 8-15 hours per week in O: administrators, coaches, elites. Growth is what they want to see.

Growth of O in NZ increases cashflow in O, attracts more media interest which opens the door for sponsors. More people means a wider

spread of the workload; more cashflow means better facilities and funding for elites to train and compete internationally.

One way to increase number at events is to make them as enjoyable as other sporting events, and with as much atmosphere.

There are individuals doing great work in schools and at Summer Series events to get new people into O. But once at the event, the experience must be consistently positive.

If anyone had a problem with the degree of change from the norm at Sunday's OY, I would suggest a trip to the largest multi-day sporting event in the world. O-Ringen is a 5-day event held each July in Sweden, truly awesome, 6 different starts, 9 finish chutes, commentators, TV, live bands, 25,000 competitors. It works! If we can emulate a fraction of the atmosphere of O-Ringen by promoting ourselves with the likes of music and commentary at events, new and interesting concepts, a few fresh marketing ideas and we can instill some enthusiasm into newcomers, who knows where it may lead!

One day we could offer prize money at races for elites or even A-grades. The National Mountain Bike Tour pays prize money to Elites, Juniors and three Veteran grades. It is possible.

The key is in attracting and keeping new competitors at O events. There is very little effort involved in a bit of music and a race commentary. OYs are supposed to be a showpiece of O - why not make them so?

To the minority who don't like the fact that they can hear a PA system or some groovy tunes while running in the forest, I would suggest that you stick to promotional events or bring earplugs. If exciting new formats and some well overdue change means growth for O then O can afford to lose you.

We cannot please everyone, but music, commentary and general hype all create atmosphere, and add to enjoyment of the event. If you want to see it work elsewhere, come to the next Lactic Turkey race or visit O-Ringen: 25,000 Swedes can't be wrong.

SHAUN COLLINS [WACO]

(Those few who attended the National Park O Champs may have noted the lack of a PA. It was because the Controller (that's me) loathes PA systems at events. Rarely do they give me information I want and invariably they annoy me

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an awful lot - they're just noise pollution to me. I felt that a PA in Albert Park for an event with only a few dozen competitors was inappropriate.

I am a significant contributor to O, and PA systems annoy the hell out of me. One or two contributors annoyed as much as that balances any number who enjoy (?) or tolerate PAs. No contest. O happens because of contributors - like me, and like Shaun - not because of competitors who want to hear music.

On The Other Hand - I'm prepared to help Shaun any way I can to provide more O to more people at more places. I'll help anyone to do that.

[As Editor of the Auckland Orienteer I have decided no longer to publicise Lactic Turkey events which conflict with O events in the hope that Phil and Shaun will choose better dates in future.] - MR)

NZOF AGM

This is what I learned from reading other newsletters:

Bruce Collins was awarded the Silva Award for being generally wonderful, much deserved for his efforts in mapping, setting, newslettering, and technicaling.

The Silva Compass Award for largest increase in Club membership went to Hamilton OC.

The Club Magazine of the Year was Dunedin OC's newsletter, which contained the most coaching material.

Auckland OC's remits re voting at AGMS were accepted: one per affiliated member, clubs may split votes.

AUCK SECONDARY SCHOOLS CHAMPS

This year's Auckland Secondary School Champs are to be held on Wednesday, 18th June on the Wilsons Rd map, Woodhill. They are being run by the Auckland club, set by Jean and Alistair Cory-Wright. Entry forms were sent to all Secondary schools by the ASB Secondary Schools' Sports Coordinator in April, with entries closing on 30th May. However if any secondary

school members wishing to compete have not been given the information by their schools they should URGENTLY contact us.

There will be courses for Junior, Intermediate, and Senior for boys and girls. A non-competitive novice course, with entry on the day, will also be available.

JOANNA & ALISTAIR STEWART 575 5695

THE PERFECT HOLIDAY

What absolute decadence! Four whole days having to think of nothing other than one of my favourite leisure time activities, surrounded by delightful young people who were prepared to give their time and energy to do their darndest to help me gain a bit more skill and hence enjoyment from this activity. Then, at the end of the day a delicious meal served out to me to be enjoyed in the pleasant company of others who share my interest.

This was my thoroughly enjoyable experience while attending the orienteering training camp after Easter.

I must confess to approaching the experience with some trepidation. Straight after the four days of Easter, how would my exceedingly unfit body that has never been a runner even in its younger days, cope with four more days of training? Would I even be able to drag myself out of bed by day two? Would everyone else there have to wait around for me to finish so they could move on to the next activity? How could I expect 'gun' young orienteers to bother trying to teach the likes of me, only in the sport for my own enjoyment?

I could have saved myself the effort of worrying - Much to my surprise I found that the usual exhaustion at home after a day's orienteering didn't happen at camp. There was no longer the thought of preparing a meal, tidying a house etc. At the end of the day it was into the shower and sit around relaxing and chatting about the day's activity or discovering a whole new 'non-orienteering' side to fellow members, while waiting for dinner to be served. What's more each activity had been carefully thought out to allow for the variation of physical and orienteering

abilities so we could all get the most out of it at our own pace assisted by the helpful but non-threatening coaches who obviously get so much pleasure out of their sport that they are prepared to assist even the likes of me.

I don't believe that my four days of coaching are going to do a great deal to change the times I post on a course - I will continue to get my money's worth as nothing is going to get me fast up those hills, but I do know for certain that the enjoyment I get out of being there, feeling more in control, and knowing what I am doing, has been greatly enhanced.

If the opportunity of such a camp arises again in the future, make the effort, juggle the job and the family and allow yourself the luxury of a few days of selfish enjoyment! I know I will be doing my very best to be there.

A GRATEFUL JOANNA STEWART [AOC]

SECOND NZ ROGAINE CHAMPS IN SOUTHERN ALPS

Veterans Tony Gazley and Chris Tait won the Macpac Craigieburn Rogaine held in the foothills of the Southern Alps of New Zealand at Easter.

Their 1520 points was 70 clear of second placegetters Bob Foster and Stephen John, also a veteran team. The event was the second NZ Rogaining Championships.

Gazley and Tait have a considerable reputation as mountain runners, with Gazley an impressive multisport athlete as well. They are relatively new to rogaining, but took part in the second World Rogaine Champs in WA last year, placing 46th after some navigational troubles in the dark.

With more experience this pair could be a top 10 prospect in the next World Champs, which the pair is seriously talking about.

In third place on 1400 was a mixed team consisting of endurance athletes Vivienne Prince and John Howard, and Vivienne's teenage son Aaron. Prince and Howard have international experience in those multi-sport team events which involve mountains, canoes, bikes, and little sleep for days on end. Apparently navigation is

playing a greater part in these events, and several of these top multi-sporters have joined orienteering clubs, there being no separate rogaine organisations in NZ.

The first open team was in fourth place, consisting of orienteers Jo Sheriff, Andrew Pealing and Alister Metherell.

The only other WA participants to take part, Mike and Alan Lowrie, were 13th, affected by a bout of sickness the week before. There were 18 teams in the 24-hour event.

Jac and Lesley Woudberg led home 6 teams in the 12-hour event, while Greg and Jeff Mitchell won a 6-hour category. This was well supported with 6 junior teams in the field of 13.

MICHAEL WOOD [HVOC] ON ONET

GAFFLING

I asked on Onet where the word "gaffe" comes from - a term which had cropped up on Onet a few times recently in the context of split controls - MR

It comes from the Swedish word "gaffel" which is a noun and means fork (the thing you eat with). There is also a verb, "gaffla" which means "to talk" but that has nothing to do with it. The best is really to use the straight English translation which is "to fork - forking".

My old English-Swedish dictionary gives 2 meanings to the word "fork" as a verb.

1. (transitive verb) "to make fork-shaped" or
2. (intransitive verb) "to branch" .

The word "forked" as an adjective means "branched out, fork-shaped".

So if you think of what you do when you set relay courses with "forked" legs it is quite obvious what we are talking about.

The use of "gaffling" is not that new in orienteering. I think it started to be used in the early 1970, when they started to use that method on the big relay "10-mila".

ELIS EBERLEIN, USA

Actually, according to my Oxford English Dictionary "gaffe" is a perfectly good English word; it just has uncommon usages:

1. a steel lever for bending a crossbow
2. a stand to rest a musket on while aiming it
3. a steel spur attached to a rooster's leg for cock fighting

And guess what? These are all "forked" devices!

WILLIAM LUITJE, USA

Gaffel is a Swedish word which means literally "fork" or "prong". (it also has a few other contextual meanings which in the orienteering sense are irrelevant.) Its use has grown to the extent that most European orienteers now use it to describe the splitting nature of relay courses.

You can say: ...the course was gaffelled... (note spelling - not gaffled! - but this is Swedish!) ...I had the northern gaffling of the three controls... (I can't find the spelling for this - it probably doesn't exist!) ...this gaffel is more difficult than that one...

Of course as with lots of other words in common use - you can of course twist the meaning however you want - it's just up to the reader or listener to attempt to understand what you're trying to say!

Happy gaffling.

ALISTAIR LANDELS [AOC]

AUCKLAND JUNIOR REGIONAL SQUAD

The following juniors have recently been named in the Junior Regional Squad for 1997. The squad consists of promising Juniors who have not yet attained Development Squad level. The criteria for selection were enthusiasm for the sport, demonstrated by regular attendance at recent events, coupled with orienteering ability, shown in their results.

The newly named squad met together after OY4 at Velvet Downs, where Darren Ashmore, their coach, described the purpose of the squad and gave some advice on training and post race analysis, as well as discussion of the map and the courses the members had just completed. It is intended to hold several training days in the second half of the year in preparation for the Junior Regional Challenge at the CDOA Championships in November.

The squad is:

Sarah Beaumont, Katherine Bolt, Ineke Currie, Antoinette Fotherby, Lise Moen, Fiona Monks, Jonine Nash, Michelle Nash, Sarah Phelps, Claire Rankin, Meredith Rouse, Natalie Rouse, Nicky Smithies, Lindsay Smale, Beth Tilton.

James Currie, Bryce Davies, Graeme Hattie, Nic Foster, Jamie Munro, Daniel Rowe, David Stewart, Mark Stewart, Adam Thorpe, Simon Thorpe, Craig Wilson, Stuart Wilson.

JOANNA STEWART, JUNIOR REGIONAL
SQUAD MANAGER

LETTERS

Dear Mark

After reading W100's humorous articles over the years it comes as a surprise that she has produced a note of concern in last month's item. However I am forced to agree that her comments are something that all prospective course setters should heed.

Next month I am setting the courses for the Spring Series in Waiuku Forest so that my fellow orienteers may enjoy a day's recreation. I hope to obtain a certain amount of satisfaction from tramping around in the forest selecting route choices and control sites - something I have been doing for 21 years and 4 months.

However I have never attended a course or gained an O Diploma / Certificate. The only excuse that I can offer to the inevitable group who congregate after their run (we know who they are) and look for faults will be "I can't produce my bit of paper."

KEN BROWNE [CMOC]

Dear Mark

Copying a course from a master map is not an orienteering skill and this year the AOA made the marvellous move of allowing a pre-start time. This is particularly helpful to new orienteers, and certainly is not a hindrance to experienced orienteers.

The trial worked well at OY3 and yet at OY4 the old lags of Central Club went back to the old system. They may have changed their name to Auckland but their ideas are still in the era of Central.

Let us have a proper trial of prestarts throughout the OY series and then see the opinion of a wide representative sample of orienteers as to their benefit. Personally I am a firm fan of a prestart time but probably 4 minutes is enough.

RICHARD RANKIN [WHOC]

(To set the record straight:

Despite two debates on the issue, the Auckland Orienteering Association has NOT chosen to have prestarts at OYs. Those who claim that a decision has been made are mistaken; those who repeat the claims are misinformed.

Anyone who believes that the AOA has decided to have prestarts at OYs is welcome to examine the minutes of the relevant meetings. I have copies in my possession.

As editor of this newsletter, I apologise for publishing information about the decision in an earlier issue as if it had been made.

Some member clubs of the AOA have chosen to have prestarts. That is their right. - MR)

Dear Mark

The results from the last two OY's have raised issues which I would like to comment on. Put my hand up so to speak.

First Issue:

Scott Vennell's comments that he prefers the 6 minute prestart to copy his map out.

I would like to add my support to that. I hate copying my course down under pressure, my eyes struggle to find the correct control site and I like to check that everything is marked correctly. I vote for the 6 minute prestart. Hands up everyone in favour...

Second Issue:

Matt Tuck's comments about the WACO format for OY5.

My feelings are that there is a place for all of the innovations that they tried, I am not convinced that they should be done at an OY level at this stage. I personally really enjoy the big events where the club concerned has gone to the trouble to provide commentary and spectator controls etc.

It gives the event a real party atmosphere. Maybe we do need to bring that party atmosphere to Auckland events so that newcomers do feel welcome. I'm not sure that I like to hear loud music of any description when out in the forest, I

did find it a little distracting but at least I always knew where the finish was.

Thank you for a great event WACO, a little bit of innovation never hurt anyone.

LORRI O'BRIEN [NWOC]

Dear Mark

I am writing regarding my comments in the results of OY4. Although grateful to the compiler of these results, he only included a small proportion of the corrections to my comments that I sent to him. Apart from the embarrassing grammar and vernacular, I did in fact advocate a 4 minute pre-start for OY competitions.

SCOTT VENNEL [AOC]

Dear Mark

Is our Sport SMOKEFREE?

At the recent OY5, Muriwai North I had just completed my course gasping for air as I attempted to sprint up the road to the finish. With a deep breath I took in a smoke haze! Someone was smoking (not an orienteer).

Apart from ruining a great run and the fresh air surely smoking is illegal in a pine forest? I do not wish to tolerate this for it happened once or twice last year. Can we make our sport SMOKEFREE?

ANON (I LOST THE NAME)

(I very much doubt that smoking in a pine forest is illegal. But it is most certainly INCREDIBLY STUPID. I would invite all clubs to resolve that smoking be banned at their forest events. - MR)

NZ PARK CHAMPIONSHIPS

Saturday 17 May 1997

I guess I entered this event because it was billed as a National Championship, again a little WACO innovation. It was hard to justify orienteering on a Saturday as well Sunday to my hubby, but what the heck, the chores would have to wait. When Shaun emailed me that the event was to be held in Albert Park I speculated how I could run 3 km around Albert Park and came to the conclusion we must have to run over to the Domain and

back at least.

I was thrilled to be handed this brand new map of the University and Albert Park. I have worked at the University for more than 20 years and here at last is an excellent orienteering map of the area. I really enjoyed being able to look at my map for the next control, recognise the area, plan and memorise my entire route to the centre of the control circle and run at speed (well my speed) without constantly checking and rechecking my whereabouts.

If this event had been held on a Sunday there would probably have been more entries, maybe next year it will get a better place in the calendar. It is always nice to run on a new map with the course premarked. Well done WACO (and Mark Roberts for the excellent new map). I hope to see some promotion events planned for the students of university and AIT in the near future.

I will even help if asked.

LORRI O'BRIEN, NATIONAL VETERAN
WOMAN PARK CHAMPION

TIO MILA

Tio Mila is Sweden's biggest relay, it has about 500 men's teams of 10 runners and usually starts about 11pm in the dark.

This year however the first legs started at 7pm then it stopped and they had a "chasing" restart at midnight.

My club decided after my dismal performance at the Spring Cup that I should be inflicted with first leg which ran up the side of a ski-slope! The first control was gaffled (split) and about 1.5 -2 km which was hectic and very fast, however the real fun began at control 2 which was common and had only 4 punches!. These were Regnly punches which are a lot faster to punch than the traditional clipper punch, but even so the prospect of at least 100 runners passing though a single punch within 2-3 minutes was something the course planner hadn't really thought about. To make it worse the punches were all mounted on a single log about 3m long!

Hope you're getting the picture... When I arrived at the control, probably about half a minute after the leaders, the control resembled a mass of struggling bodies about 10 persons across! So

the fight began!

Some people probably took half a minute to punch (like me :-)) but others must have taken 2-3 minutes - it was just how hard you fought!

If that wasn't enough the same happened at about 6km (out of a total 10km) at control 8 which this time was complicated by the fact that the control was in a steep gully between two cliffs! As I tried to punch, the control was slowly slipping down the hill with the weight of 50-100 people on it! Some people were sensibly trying calm everyone down and stop the potentially dangerous situation (due to the rocky-cliffy terrain). I even got pulled back a couple of times by people trying to make the punching more orderly, however I wasn't going to have any of that so dived in too and successfully punched within about half a minute again!

The orienteering was generally quite easy and I did 56mins for my 10.2km losing only a minute at one control near the end and coming in 73rd 3 minutes down on the leaders. My team finished 30th which is quite good for us although at one point during the night we made it up to 8th place only 15secs behind first.

ALISTAIR LANDELS [AOC] VIA EMAIL

ETCETERA

National Schools O Champs, Hawkes Bay, 18/19 July 1997

Entry forms are now available for this event - contact Pamela Morrison 06 877 4870.

South Island Champs, Canterbury, Labour Weekend 25/27th October

Entry forms are now available for this 3 day badge event, hosted by PAPO on the Dalethorpe and Acheron maps west of Christchurch. Contact Dave Evans for details on 03 366 0268.

1998 National Championships, Dunedin, Easter 1998

Early information is now available about next year's Nationals, hosted by Dunedin OC on 10th-13th April. Day 1 is a model event; day 2 Classic, Day 3 Short, Day 4 Relay. The three competition days will be on new maps of new areas; the

Classic on gully/spur forest, days 3 and 4 on rocky "moonscape" terrain.

Entry forms will be available in July 1997. Early booking of accommodation and travel is recommended. There is some likelihood of a junior training camp in the week following and a two day event at Naseby the following weekend. For information contact Peter Wilson, 27 Highgate, Dunedin.

THE AUCKLAND ORIENTEER

The AUCKLAND ORIENTEER...

...is the monthly newsletter of the Auckland Orienteering Association, combining the Auckland, Counties-Manukau and NorthWest Orienteering Clubs. It is edited by Mark Roberts, AOC (520 5993) and distributed by Marquita Gelderman, NWOC (412 8879) and published at the beginning of every month except January.

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Mail your contributions to Box 99612 Newmarket, or deliver to 23a Shore Road, Remuera, or fax 263 4794 or 520 5993, or call me or my machine at home on 520 5993, or call me at work on 263 4793, or email mark@kiwiplan.co.nz or nmr@iprolink.co.nz

The deadline for contributions for the July AUCKLAND ORIENTEER is Friday 20th June.

Disks or email please, if you can; ASCII text with no hard returns, or Microsoft Word, on DOS 3.5" disks for preference. Please don't format your document with spaces or tabs, it takes me ages to get rid of them all.

I would prefer not to have to return your disk, but just ask and I will give you as many disks as you want.

If you can't supply on disk, and the article is fairly long, please supply as camera-ready copy, on A4 with a 16mm border all round (265mm x 178mm), and font size at 11 points. Careful! This border is smaller than your WP or typewriter would normally be set up for, and the font size is bigger.

I am prepared to type contributions if necessary.

Credits

The New Zealand Orienteering Federation gratefully acknowledges the support of the Hillary Commission.

MARK ROBERTS 520 5993

NZ PARK O CHAMPS

Grafton, Saturday 17th May 1997

Course 1 - Open Men

1	Darren Ashmore	30.13
2	Rob Jessop	31.02
3	Phil Wood	32.14
4	Fraser Mills	34.01
5	Brent Edwards	34.15
6	Michal Glowacki	36.02
7	Alistair Cory-Wright	37.22
8	Matt Tuck	37.30
9	Stuart Barr	37.56
10	Simon Teahan	39.22
11	Neil Kerrison	41.31
12	Bill Teahan	42.45
13	Mark Lawson	46.55
14	Phil Collins	47.59
15	David Barr	50.20
16	Tony Cooper	50.48
17	Steve Oram	55.24
18	David Nevin	57.00
19	Jason Hoseason	100.00

Open Women

1	Rachel Smith	44.23
2	Lyn Stanton	52.01
3	Rebecca Smith	57.34
4	Michelle Nash	53.23
5	Jonine Nash	54.23

Veteran Men

1	Terry Nuthall	40.42
2	Dave Middleton	46.39
3	Alistair Stewart	52.17
4	Russell Howard	55.13
5	Peter Godfrey	60.04
6	Eddie Reddish	61.21
7	Michael Hood	61.59

Course 2 - Junior Men

1	Malcolm Barr	26.39
2	David Stewart	29.20
3	Mark Stewart	29.23

Junior Women

1	Fiona Monks	34.40
2	Antoinette Fotherby	38.08
3	Sarah Beaumont	39.40
4	Rebecca Howard	62.30

Veteran Women

1	Lorri O'Brien	31.10
2	Joanne Stewart	33.13
3	Robyn Howard	63.18

Others (not running in grade)

SM	Scott Vennell	34.39
VM	Bert Chapman	37.26
VM	Andy Brewis	40.15
SW	Nicola Kinzett	49.30
SW	Lisa Brooks	49.30

Total of 41

Grade winners received glorious prizes of Gaiters donated by Silva, and magnificent trophies were presented at the Nationals prizegiving a couple of weeks later.

DISASTER FOR NZ ORIENTEER

Top NZ elite Marquita Gelderman fractured her tibia on Sunday, running in the afternoon race of the NZ Short-Distance Championships.

Marquita would have been a certain selection for NZ's World Championships team. She had just come a close second (80sec) to Tania Robinson in the previous day's Classic Distance Championship, and in the morning race of the Short-O had a 4-minute lead over Tania. The accident happened in an area of large rough-open sand dunes, when she became tangled in some bracken. She couldn't move without pain, and first-aid personnel called in a helicopter to take her to hospital.

This is a bitter blow for the NZ women, who gained an unprecedented 6th place in the World Cup Relay in Norway last year. The team consisted of Gelderman, Robinson, and Antonia Wood. The only light in the gloom of the kiwi camp is that Katie Fettes, who placed 10th in the World Champs in France in 1987, has returned from mountain running and is considering her availability for Norway. Fettes was third behind Gelderman in the NZ Classic race on Saturday, and second to Robinson on Sunday.

The NZ Championships were held in sand-dune terrain on the west coast of the North Island, about one and a half hours north of Wellington. The classic area "Kaikokopu" contained a variety of forest blocks. These were separated by rough and smooth open land, giving a patchwork which was not particularly difficult but called for frequent change of technique.

Darren Ashmore won the 11km mens race by 15sec from Shaun Collins, with a further 12sec back to Aidan Boswell. This will do no harm to Collins' chances of selection, and his first trip to Scandinavia. Ashmore and Boswell are also likely team members.

In the juniors, Michal Glowacki has suddenly pulled up from previous 4-6th positions to take the M20 class. He won by a substantial 3min from Karl Dravitzki, with 19sec back to Fraser Mills. Rachel Smith was no surprise in W20A, with a large margin over her twin Rebecca, and

Madeleine Barr. These six are among NZ's junior team for Belgium.

Gelderman's accident in the Short-Distance race allowed Tania Robinson to win, while 20-year-old Rachel Smith showed her potential to take third after Fettes. Melissa Edwards gave away her race to help Gelderman.

Odin Tellesboe of Norway headed off Darren Ashmore for the mens Short-Distance win, followed by Bruce McLeod, another solid candidate for Norway. McLeod was fourth in the classic. Tellesboe who was the JWOC Classic Champion in 1993 is studying in New Zealand.

And Swiss exchange student Esther Hegglin took the W20A class from Andrea McDiarmid and Madeleine Barr. Meanwhile Michal Glowacki maintained his winning form in M20, followed by the consistent Karl Dravitzki and Mark Hudson.

Another exchange student in New Zealand is Karin Sorlie (Norway) who won W18A on both days. Behind her was the large group of talented 16-18 year-old women, who as they become more consistent will impress in the same way the current M20s have done.

We now await the selectors' announcement of NZ's World Championships team. This is not made any easier by the absence of Alistair Landels (Sweden), David Farquhar and Greg Barbour (Britain), Antonia Wood and Jenni Adams (Sweden) and Kirsten Ambler (Norway)

The JWOC team has already been announced and will leave for Belgium on 28 June.

MICHAEL WOOD [HVOC] ON ONET

Marquita snapped both her cruciate ligaments in her left knee and as the patella moved forward it whacked against the tibia, fracturing that. It is reasonably certain her elite running days are over, and she has been deprived of her chance to improve on her 27th placing at the last World Championships in Germany. She is in hospital until Friday (New Zealand time) and I'm sure she would really love to hear from people she has met in her O travels throughout the world. She is in Room 10, Ward 24 of Palmerston North hospital and the fax number is + 64 6 351 6624.

To cap off a really great weekend, her partner's father died in the weekend as well.

ROB CRAWFORD [WACO] ON ONET

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