

MARCH 1992

# 0-4-FOCUS

AUCKLAND'S ORIENTEERING CLUBS' NEWSLETTER



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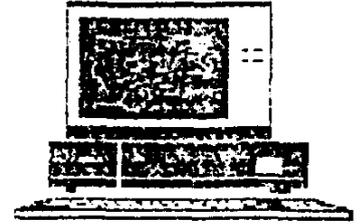


PLEASE SEND ARTICLES AND NEWS TO THE EDITOR BEFORE MARCH 20th FOR APRIL ISSUE.

# EDITORIAL

Hi folks,

The Summer Series continues to be in a good shape with excellence numbers especially from the public and some good support from the club memebtrs through out Auckland. Well Done.



What is there about One Tree Hill that bring about huge numbers - 230 to 240 people at the last OTH 18-2-92, is it the location of the site of the event in Auckland or is it convenient to have orienteering in a central site or is it the organisation that run the event well. It would be nice to have those numbers at every event in the Summer Series and every other event through out the year.

Don't forget to ring John Robinson if you still want to enter for the Weekend training at Waiuku Forest with the Auckland Night Champs included.

There is an Easter weekend down in Wellington-Masterton area, the forms are in the last issue so don't forget to enter them.

Sorry there's not much to say the editor hasn't been listening to the gossip at the orienteering scene during the summer series because he choose not to keep tuned in.

Please send your contributions to the Editor for the April issue, the deadline is 20th March.

Bye Bye for now!!

*Mervyn Paitry*

## COMING EVENTS

### MARCH

1	SAT	NW	SHAKESPEAR RESERVE, WHANGAPARAOA	10-12.30pm
3	TUES	C	AUCKLAND DOMAIN	
7	SAT	SA	TRAINING DAY - WAIUKU FOREST	
7	SAT	SA	AUCKLAND NIGHT CHAMPS - WAIUKU FOREST	
8	SUN	SA	SHORT 'O' EVENT - WAIUKU FOREST	
10	TUES	C	ONE TREE HILL	
15	SUN	C	COLOUR CODE 1-TEMU ROAD, WOODHILL FOREST	
14/15	SAT/SUN	TAUPO	ALL NIGHT RELAYS - KATOA PO	
15	SUN	TAUPO	CDOA OYI PUNETEKAHI, POIHIPI RD	
29	SUN	NW	THE GREAT O DAY, NORTH OF AUCKLAND	

## APRIL

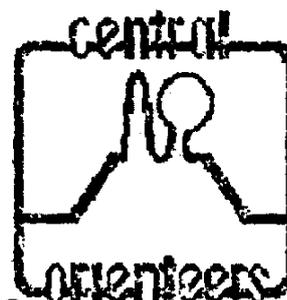
5 SUN NW COLOUR CODE EVENT 2 - 16 MILE, WOODHILL FOREST  
12 SUN SA PARK EVENT - DOCTORS HILL, PUKEKOHE  
12 SUN PIN CDOA OY2 MAMAKU FOREST  
17-20 SAT-MON W EASTER MULTI DAY, WELLINGTON  
19 SUN C WESTERN SPRINGS  
26 SUN WOC FOREST RUN - TEMU RD

## MAY

3 SUN NW COLOUR CODE 3 - WOODCOCKS  
10 SUN C COLOUR CODE 4 - KIWITAHU  
17 SUN SA PARK EVENT - PAERATA  
17 SUN HAM CDOA OY3 KAPAMAHANGA/FOUR BROTHERS  
24 SUN SA COLOUR CODE 5 - TAURANGARURU

## THE CENTRAL SPY REPORT

- \* NEW MEMBERS: A warm welcome is extended to Chris, Stephen & Tim Day; Lisa Allcott; David Puddephatt; Robert Gleed; and all the orienteering girls at Kelston Girls High School.
- \* KATOA PO (Taupo All Night Relays): Will be held Sat/Sun 14th & 15th March. All those nightowls who wish to attend this great fun event and have not yet given their names to Eddie Reddish (Ph 576-9147) are requested to do so as soon as possible. At the moment it looks like the club will be fielding two teams. All grades of orienteers are required as the relay legs are grade specific, so don't be shy. Come on, we came second last year - make this year's event the one we win.
- \* SUMMER SERIES EVENTS: Out Tuesday evening park events are attracting some very classy orienteers. The Spy spotted Jorgen Martensson (1991 World Champion) and Egit Johansen (1976 & 1978 World Champion) at events in the Domain and One Tree Hill.
- \* KARRIMOR MOUNTAIN MARATHON: Alister Cory-Wright, club member now in the UK, together with his partner Mike Jubb of Sheffield won the "A" section of the 1991 Karrimor International Mountain Marathon, held 26/27 October. This event was held in the Arrochar Alps area of Scotland west of Loch Lomond. A great effort in what proved to be a very long tough event for 70% of the competitors failed to finish the "A" event and 80% of the "elite" also failed to finish. Only 4



Elite and 21 "A" teams finished within the 1st day's 9 hour time barrier.

- \* **SUBSCRIPTIONS:** Your 1992 subscription is now due. Forward your subscription to the membership officer, Bob Lindop, 1 Shelly Beach Parade, Howick by the middle of March to ensure that you remain on the mailing list for the O 4 FOCUS magazine.
- \* **CLUB MEETINGS:** The next club meetings will be held on the 4th March and the 1st April. The venue will be 56 Allens Rd, East Tamaki. Start times 7.30pm. All members are invited to attend.

*The Spy*

## NORTH WEST NEWS

- \* Our club has once again received a grant from the North Shore City Council. It is a \$2000 distribution from the Lotteries Grant and it is go towards mapping costs. Thank you North Shore City.
- \* This year's Kaweka Challenge was held in unpleasant weather and a number of North West members took part. Those to feature in the results were - Katie Fettes, who together with Central's Rob Jessop came 1st in the Mixed Teams competition on Course 1; Geoff Mead and Adi Butcher who were 2nd on Course 2; and Chris and Lorri O'Brien who were 2nd Mixed Veterans Team on course 3.
- \* The same weekend saw the South Island Champs held in colder and even more unpleasant weather in Invercargill. Alison Stone (W21E) was 2nd on Day 1 and 4th on Day 2, with several Swedish visitors taking out the major placings. Having spent the last three weeks Bungy Jumping, White Water rafting and running the Kepler Track etc, Alison will find life in an office very uneventful.
- \* Barry Hanlon writes from Australia that he is tramping, orienteering, experiencing changeable weather, and looking for a job. Sounds just like home Barry!
- \* Don't forget to send your membership form to the Treasurer. There are many events coming up and you don't want to have to pay extra do you? If you have lost your form ring Alison 478-8224 for a new one.
- \* The next club meeting is on Thursday 5th March at Geoff and Lisa's home, 10B Patuone Ave, Devonport. If you would like to have a run first, arrive there about 6.15pm, otherwise the meeting starts 7.30pm. The April meeting will be at Stone's house, 8 Agathis Ave, Mairangi Bay, on Thursday 2nd April.



*North West Newshound*

## SOUTH AUCKLAND GOSSIP

- @ Welcome back this year of orienteering.
- @ John Robbie is holding an training weekend on 7th/8th March at Waiuku Forest so if you want be there, ring Robbie Ph 09-238-6911.

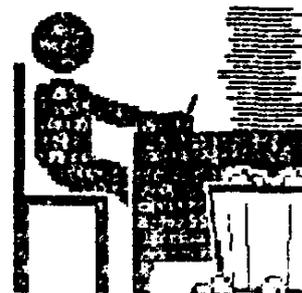


- @ The Auckland Secondary Schools Championships will be held on 25th June. Ed where??
- @ With the Summer Series in full swing I hear kids from my school have been at Totara Park, Hayman Park, Mt Richmond which is great.
- @ The AGM was held on 3rd February at Tremain's place with 14 people turning up.
- @ Well thats it for this month, any info or gossip please ring Daniel on Ph 294-8181

*South Auckland Gossip*

## FROM THE ARCHIVES

There were no events over the Xmas period ten years ago. 30 South Aucklanders spent six days jogging around the Coromandel Peninsula - the Robinsons and Sneddens thought of that - and another group travelled to Japan for POC. Geoff Bendall won the Brighthouse Trophy from Colin Dahin with 12 year old Jillian Clendon in third place and Bob Murphy won the NZOF course setting competition from 49 entries.



In February the COC Tuesday twilight series started with the Nicholls family running events in the Domain and One Tree Hill. How many times have these two maps been updated? Looking through the rresults we see club member who have been the backbone of on sport for a long time - Selwyn Palmer, Ralph King, Ray kitchener, Mike Ashmore, Moens, Brighthouse, Rixs and Brewis.

The maps which have given good runs Telephone Track, Puketapu Rd, Awhitu Regional Park, Claypit Rd, are still being used with different names in some cases.

The first of three trials to select the team for Australia was held at GWAVAS Hawke Bay in March, a steep area with a ravine cutting across the middle. Among the close was based all with Gold credits (when a Gold was based on the winners only time) were M50 (Browne, King, Debbie, Mellisop, Baxter) W35 (Fortune, Brighthouse, Davies, Robinsons, Bell) and M35 (Moen, Fortune, Aspin, Hall, Stronich).

*Ken Browne*

## AOA NEWS



The final programme for 1992 has been finalised and should be available for distribution about now. Would all clubs try and give as many non-orienteers as possible the opportunity to see one, either through your local library or supermarket display board. Maybe everyone could take some to their local school.

The AOA is responsible for the format and rules of the main events on the Auckland calender....

Colour Coded Events-Five courses grade in accordance with the technical officer's report(elsewhere in this mag).  
 OY Series -OY statistician will pulish Courses and grade combinations in a later magazine as agreed by AOA Committee.

AOA Champs-Short O: Format as agreed by AOA Committee.

Champs: as per NZOF Badge event requirements.

Relays: as agreed by AOA Committee.

Other Auckland events in the calender may be run any way the clubs would like. Novelty events, memory courses, contour only are some of the many options available and help to make the programme interesting.

The following event fees for 1992 have been agreed upon by the AOA at the 1991 August meeting.....

	Financial Club Members	Non-Members
<b>OY Events</b>		
Family	\$16.00	\$24.00
Senior Individual	\$6.00	\$9.00
Junior Individual	\$4.00	\$6.00
KiwiSport Course	\$4.00	\$4.00
<b>Colour Event</b>		
Family	\$14.00	\$20.00
Senior Individual	\$5.00	\$7.00
Junior Individual	\$4.00	\$6.00
KiwiSport Course	\$4.00	\$4.00
<b>Park Events</b>		
Family	\$9.00	\$12.00
Individual	\$3.00	\$5.00
<b>Auckland Championships</b>		
Family	\$32.00	\$38.00
Senior Individual	\$12.00	\$14.00
Junior Individual	\$8.00	\$10.00
<b>Auckalnd Relay Championships</b>		
Senior Individual	\$6.00	-
Junior Individual	\$4.00	-
<b>Auckland Score Championships</b>		
Family	\$16.00	-
Senior Individual	\$6.00	-
Junior Individual	\$4.00	-
<b>Secondary School Championships</b>		
\$ 4.00 per competitor		
<b>Primary School Championships</b>		
\$3.00 per competitor		

We will be trialling an ongoing Schools competition to be held in the first part of the year, ending with the Secondary School Champs in June and the New Zealand Champs which South Auckalnd are hosting in July. I will be sending an invitation to schools to take part. It will be interesting to see how many schools make the effort to send pupils along.

Most of you will know that Tony Nicholls is the AOA Liaison person with Woodhill Forest management, and he has done a great job looking after our interests through changes of ownerships and other upheavals in the forest industry. Tony has now decided to resign from this position, and I would like to thank him for all his work during the last few years. Many thanks Tony.

Please remember that the AOA is not just a faceless bunch of people handing down rules and regulations from on high! We value your input and ideas, so use your club delegats and club meetings to bring those ideas to us, AOA meetings are every two months.

*Lesley Stone, Chairman*

#### WVC in Tasmania

The 1992 World Veterans Cup in Tasmania well always be a special event in my orienteering life. Two years prior to this, Wayne and I travelled to Hungary for the same competition. I was fit and orienteering well. I collected a silver medal in W40. We returned home via APOC in Canada and it was there that I met up with Carol McNeill from Britain. On enquiring about the event in Hungary she put in a challenge for W45 in Tasmania. Carol's orienteering ability is highly regarded worldwide. I had great plans of being really fit and ready but the frustrations of recurring tendonitis and leg problems saw training scarcely at maintenance level with my old bike being used as an alternative till I was sick of the sight of it. Two days before we left I got the flu!

The Vet Cup was run in conjunction with a 4 Day "SunCoast" event. Sunday was to be Day 1 but due to the flooding of LittleChild Creek the organisers spent the day building bridges and we all went to the Model for the Final of the World Cup instead. Even there, a few controls couldn't be visited because of high water levels. The area was intricate - eroded old tin mining terrain. It wasn't steep and it gave a good indication of the intense concentration one would need for the Final - a bit like Nazeby down South. I had to approach the week from a new angle - how to recover enough to be able to run in 5 days time and also to ensure that my misery didn't envelop Wayne and our travelling companions Mary and Terje.

I walked Mondays 6.2Km course - no orienteering problems, just in the body. Tues brought the 1st Qualifying race. My grade was split into 2 groups with 7 to be weeded out of one and 8 from the other, giving 80 to contest the Final. Hook it easy and walked/jogged the straight forward 5.4Km course and finished well up. The 2nd Qualifying race was on steeper and more intricate granite terrain. I went steadily, felt quite good, tested the leg and lungs and finished the 5Km in 2nd place behind Carol. Needed ice treatment though.

Thursday was rest day, we rested, went sightseeing and found out our start times and positions for Friday. The slower finishers over the qualifying races run first with the fastest qualifiers starting last - all with 2 minute intervals. I was happy with my position - 8th from last, away from the racehouse and hopefully with a few to pay back a few notches on the way. I was trying very hard to be positive and not to feel "down". I looked at all those old folk having a great 'O' week and decided I had another 30 years of orienteering to come and so

"what the hell were these few days!" Consequently I went into the final with a more relaxed attitude than I would've otherwise. I was the last of my lot to the triangle but then the old competitive bit took over and I began pushing it.

A longish leg to 1 gave a great opportunity to get into the map - no problems. I did not spike No 2 but picked up the 20m or so very quickly. Passed the previous starter on the course and wasn't aware of anyone else for the rest of the course. 2 to 3 to 4 were straightforward and fast, 4 to 5 fast at first and then care needed approaching the control in an erosion area, same care for 5 to 6, 6 to 7 a long fast leg requiring some route choice, 7 to 8 downhill through green and I drifted a little and bounced off an earthwall 30m north of the control, 8 to 9 was back into erosion stuff again. 9 to 10 was a trap - it looked easy but was fairly vague. It was easy to drift and I willed myself to believe the compass. This leg was Carol's undoing and I can scarcely believe she was capable of doing what she did! 10 to 11 to 12 and home was still in mining areas but was straight forward and so I pushed it. I felt I'd had a good run and was pleased to complete the 6.9Km course in 64mins. I had given it what I could. Now I had to look behind me and watch the first qualifiers come in. The minutes ticked by and I became incredulous - enough minutes ticked by and then came Carol's announced time of over 2 minutes slower. I still couldn't believe what all my Kiwi and Aussie mates were saying I'd won.

The next day, Day 4 of the SunCoast event I was "had it" and could only manage 4th place on the same map. However, I finished 3rd overall in the 4 Day.

Now Merv, you wanted an article on how to do it - that it - walk one, jog one, try a bit harder for one, take a rest, go hard and forget the hurting for the one that really counts and be stuffed for the last one! Could be that I just thrive on a challenge.

Trish Aspin

#### WORLD VETERANS CUP 1992 (A personal view)

The WVC final was just one of a series of events to be held in Tasmania. There was a Pre-event, a model event, a 4 Day Forest Commission event (incorporating the two qualifying events for the right to compete in the A & B finals of the WVC), the actual WVC A & B finals, an event to allow everybody to have another run on the WVC map and a Post-event.

The Pre-event was held on the SANDSTONE VALLEYS map at Kempton. about 1 hours drive north of Hobart on the Launceston road. The terrain was mainly semi-open, eucalypt forest, undulating with a number of very steep ravine like gullies with many sandstones rock features on the edges of the gullies.

It was only 1.9Km to the start from the parking area! There were 74 of us competing in M45A today as not everybody had entered this event. Course length 5.8km with 290m climb. I had no problems in spiking the first 3 controls, then the canyon leg. Wow, down 14\*5m contour lines and then up 18\*5m contours with the up bit being at about a 60 degree angle! Once I got my breath back, I had to search around and find a

rock in a flattish forest. I had caught an earlier starter (Kiwi now resident in Hobart) at control 3, and just beat him to 4 only have him leave me as I regained my breath. Caught him again at 6 and dragged him off on the long downhill leg to 7. I was then hijacked at 8 by a Scandanavian who was waiting at the control to find out where he was (about 300 metres off track). The last controls were in the rocks at the side of another gully and were common to a lot of course but the middle control was at a lower level than the others and I got caught stranded for awhile in trying to get down the 6 metre cliff to it. Others in the mean-time had observed where I was looking, realised where the control was and took a better line to the bottem of the cliff so that by the time I got there my rival and about 9 others had beaten me to the control. My 66 minutes put me 42nd but still behind my goal of breaking the 10 minutes/Km barrier.

I lost about one minute helping the Scandanavian. I found out later that it is common for the poorer navigators amongst them, when lost to find a control and wait there until someone comes along. With many people racing at the same time it can be quicker for them to wait and ask instead of trying to relocate by themselves. This is an unfair tactic as it breaks the outer competitor's concentration as well as the time lost in providing the assistance. It is also unfair on others in that person's grade who relocate by themselves when displaced. I resolved never again to stop and help people at major competitions.

Event 2 was the first of the Forestry Commission events at St Helens, (NE side of Tasmania) ont the LITTLECHILD CREEK map, but the unseasonal heavy rain that had fallen just three days prior forced the organisers to postpone this event by one day to give them time to have the Forestry Commission use heavy equipment to construct 7 log-bridges across the now flooded creek. This was the area used for APOC 88 but the western half of it had since been burnt clear so all activity was on the eastern side. What wasn't rock or hills was swamp. All the 190 competitors in my M45A grade were now running so we were split up into three separate groups running 3 parallel course. My course was 7.0Km, 240m climb. No real problems except one control description was wrong - the control being at he bottem of the cliff and not at he top! Not worth protesting about. Plenty of legs through what proved to be leech infested swamps. Just as well you can't feel them latch on. Never saw the one that got me but it sure took a while to stem the bleeding. Finished 32nd out of 63 with a time of 88 minutes. I was about where I expected to be but still behind my 10 minutes/km rate. Beat some Scandanavians. Would you believe it, the same bloke that had stopped me at the previous event was waiting at my first control trying to do the same thing again!

Event 3, the model event, CHIRON - JASON'S TEACHER was a small 1 sq km area, 8 minutes drive from St Helens and which later proved to be immediately next to the WVC Finals area. It was generally fairly flat eucalyptus forest with many erosion gullies caused by the sluicing of the land by the alluvial tin miners back in the 1870's. 27 controls were placed out and we all trotted around slowly going from this control to that as the fancy took us. This was the best photo opportunity to take pictures of runners "spiking" controls. A very pleasant relaxing outing.

Event 4, the 1st qualifying day for the WVC finals. M45A was the largest group at the WVC and had so many competitors that only the

fastest 81 over the 2 qualifying days would get to run in the A final, the next 81 in the B final and the rest in the C final. As there were 3 heats running parallel course this in effect meant that the competitors with the fastest 27 combined times from each heat would go into the A final the next 27 from each heat into the B final and the leftovers into a C final. A DISQ or DNF on either of the qualifying days meant you would be unable to run in any final.

This event was also the second of the Forestry Commission events. The map THE ARGONAUT was gully-spur tin mining terrain and it was on the opposite side of the WVC Finals map to the model event. This was where we got out first 1:10,000 map. What a size! Almost A3! My course was 6.5km with 230m climb. No real problem on the hills but I came a little unstuck with a parallel error in the tin mining area where number 5 was situated - lost about 2 minutes. Then came the first of the really long legs that were to become a feature of this competition. It was 1.8km from 5 to 6 and the correct route choice had to be made within seconds of leaving number 5 - got it right! Got dragged off course later going to number 9 by other runners homing into a control 80 metres from where mine was but a sluicing ditch proved to be an effective backstop to my control. The other two M45A courses with a common control. Finished 40th out of 64 with a time of 76 minutes. Still to break the barrier.

Event 5. An early start had to be made to attend the 2nd qualifying event for the WVC and day 3 of the Forestry Commission events. The venue was the BEACHES, BUSH & BOULDERS map at Cole Bay on the Freycinet Peninsular, 120km south of St Helens. With 1.9km and 165m climb to get to the start - the organisers suggested that 45-50 minutes should be allowed to complete this phase of the event! The terrain was gully-spur with many rock features and knee-high bracken. The map proved to be grey in colour, so numerous were the rock features. My course 5.7km with 220m climb. I went well through the first two controls (and had overtaken the Swede that had started ahead of me) and had passed the large boulder group 2/3rds the way to number 3 (only 110m left to go) when my longer left leg/heavier right ear caused me to veer off to the right once more. Then my brain forgot that this was a 1:10,000 map and the 1:15,000 mentality took over and I went searching for the control 300m past its position. Eventually sanity was restored and I returned to the large boulder group to try again using the compass and pace counting instead of trying to read the ground. Hit the control straight off. What should have been a 4 minutes leg had taken 29 minutes! "There goes my chance for the A final". I thought.

I made one small mistake later when I nearly forgot to visit number 9, so intent was I in planning how to travel the long leg from 9 to 10. This 1km leg was mainly uphill with the later downhill portion being over very broken rocky ground. I walked the entire leg in 16 mins. The next 1km, through 3 controls, to the finish was downhill over knee-high bracken covered, loose rock - took 8 minutes in unsuccessfully trying to drag-off an Englishman (who had less respect for his ankles than I). (The winner of my heat took 45 minutes whilst the winner of one of the other heats took 41 minutes!).

The next day was rest day so that the calculations could be done to establish which competitors were to compete in the A, B, and C final. My combined times qualified me for the B final (even if I hadn't made

that 25 minute error in the 2nd qualifying event I still would have been in the B final).

Event 6. WVC Finals. The area was about 10 minutes drive from St Helens, just past the model area, and centered on Argonaut Road, which gives you some idea of how the three maps came to be named. The map was JASON'S TASK and it was another huge map. (An even larger map combining the 3 orienteering venues was for sale later on and was called THE GOLDEN FLEECE).

I can't speak of the A Final except to say that the length was 8.5 km with 140m climb (Ross Brighthouse didn't have too much trouble with it as he finished a very excellent 4th). My M45 B Final, was 5.0km and 90m climb. I started well enough and had no trouble in spiking the first 2 controls but then took what proved to be the hard, straight option to number 3 - the better route would have been out to the right and along the main highway - lost about 3 minutes. 3 to 4 and 4 to 5 were no problem but then came the trickiest leg. The main difficulty was a long, very green, swamp to be negotiated within 200m from the start of the leg. The decision was: go straight, go right or go left? I initially tried the straight option but soon realised my stupidity and after extracting myself from the swamp elected to go right! About halfway to the control (which was situated at the foot of a knoll on the far side of a small, multi-armed pond) I entered a flatish area of open to semi-open alluvial mining terrain. This terrain lasted for 450m until the pond was reached. In order to make certain that I entered a large open area and thus would be sure to see the pond I aimed right and jogged off on the compass, neglecting to pace count as I went. After a while I realised that I must have run far enough but was puzzled that I hadn't entered the open area. Assuming that I had run too far to the right (as is my norm due to my longer left leg/etc) I turned left and soon came to a pond of water that couldn't by its shape be the one I was looking for. Looking at the map I realised that I must have run left of track all the time. A quick diversion to the nearby river soon pinpointed my position. No further problems until the last control which was a spectator control. I had not visited the assembly/finish area before I started, as my car was parked closer to the start (1.6km from the assembly area) so I was unaware of that control's location. Whilst I went 30m away out to one side of it the two other runners I had led through the previous controls got it first (they had sighted its location earlier from the assembly area). I was so mad that I passed both in the 130m dash to the finish. Total time 67 minutes = 45 out of 81 (The winner took 46 mins!).

Event number 7 was the last of the Forestry Commission events. This was held on the WVC Finals map and was a chance for those unable to run in the finals to have a run on the map. Most courses were in the southern and central part of the map. My course 6.3km and 95m climb. I got off to a bad start when I failed to pick an attack point into the first control and when I eventually realised that I had overshot the control I was forced to retrace my steps about 300m to relocate - nearly 14 minutes to number 1. I was so annoyed with my bad start that I then overshot the short 170m leg across an alluvial mining area to number 2. The split time was 4.5 minutes! - I should have paced. I took the easy open route to number 3 but balked at the very swampy direct route to 4 - I kept wondering how many leeches were out there. Whilst I was pussy-footing around a Norwegian ran past me and out into the swamp. "What the hell, you can't feel leeches bite (they

exude some form of anaesthetic)', I thought, so in I went. The afr end of the 150metre swamp proved to be waist deep. Acursory glance down as I wmerged from the swamp didn't reveal any of the little horrors so off I squelched into a parallel error in a vain attempt to locate number 4. Watching where others were going soon revealed the position of my number 4. Lost about 5 minutes on that leg. The next leg was , in hindsight, the trickiest on the course and was the old classic - it is quicker to go straight over the hill(17\*2.5m contour over broken ground with some green), run around it to the left using the road and track for the first 1/2 of the leg(longer but with only 14 contours to climb) or run back (almost 180 degrees for 200m and climb only 7 contours) and then contour around the hill to the right using a water sluice ditch for guidance? No prizes for guessing the option I took. I've since wondered how many took the run back option? The next long leg had an obvious route choice - run the ridges and, then, compass and pace count carefully across that open alluvial area that I had trouble with the previous day. The next three controls, also in the flat alluvial terrain, were attacked in same manner with no problems, whilst the last control was a spectator control whoes whereabouts, this time, I had sussed out before I started. Finished in 88 minutes with my final position in the Forestry Commission 4 Day event being 32nd out of 64. It was interesting to note the large number of DISQ's and DNF's. Almost 1/3rd of the competitors, particularly Scandanavians (probably because there were more of them) ended up with no final time.

The last event was the Post-event held two days later in Launceston on the DEADMANS KNOB map of the Trevallyn State Recreation Area. This is a large park situated only a few minutes from downtown Launceston. The terrain was undulating broad spurs and steep gullies with eucalyptus forest and extensive groves of wattle. There were many tracks, rock and manmade features and thousands of wallabies. The weather was very cold with light drizzle and strong winds. The 1.3km jog to the start soon warmed everyone up and then it was off on the 7.4km, 250m climb course. What was this? The longest and steepest course for the last event! Do these Tasmanians no mercy? The first half of the course was really a track run as to do anything else was stupid. Next came 3 controls in very steep loose rock, a couple of reentrants, some more rock, the long 1km leg to number 11 and then back to the finish area were 5 controls were set within a 200m\*200m light green shaded area. Gee did I have fun in there! The first was a shallow pit - took two attempts to get that. Then came two tree stumps 100m apart - took 3 attempts and 11 minutes before I stumbled across the one I wasn't looking for - attacked the first from the second and then retraced my steps. The next control was another pit and I was thinking it would be the same size as the earlier one which had the control flag situated on the edge of the pit. Wrong! This was a deeeeeep pit with the control at the bottom. Took two attempts to spot this one in the green. It was with some relief that I finished and managed to con the organisers into returning my map early(not very trusting souls though for they personally escorted me and my map to the car) so that I could slink away and not notice my 109m 36s time go up on the results board. The 10 minute barrier remained unbroken but I'm determined to beat it one day.

*Eddie Reddish*

Listener 17th February 1992

**P**PETER SNELL, one of the luminaries at John Walker's 40th birthday bash, was as ever, self-effacing, rather reserved, but happy to answer any question. In that he is similar to Halberg and so many other former stars - why are today's super-achievers so lacking in modesty by comparison?

Snell and his American wife Miki had come from tasmania where they had competed in a world orienteering event. For the uninitiated, orienteering is like rally-driving on foot. Snell has been orienteering for five years now.

"It's only small in the states," he says.

"There are just two clubs in Texas, so it's not taken off there like it has in New Zealand."

It's interesting how the old competitive fires still burn, though. He told how his pride had been pricked when a friend suggested he drop down to the B grade section. "I'd rather come way down the lists in the A grade than line up with the B graders." he says. "You like to do your best, and if you are in with people better than you, they drag out better performances from you."

Though Snell, a fit looking 53, doesn't have any trouble handling the running side of the sport, often about five kilometers, he marvels at how the best orienteers can read on the run. They run cross-country courses, reading maps at the same time, at an average pace of about seven minute a mile. "I know one who trained by reading comics while he went jogging, it taught him to read while running, which is one of the keys to orienteering.

"Before you even think about how fit you are, or how fast you want to run, you've got to be able to read maps and follow directions. Otherwise you get horribly lost. I've had some terrible mix-ups and trailed in way behind because of that" ■

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Listener TV Times.

# NOTICES

Up-date to Waiuku Short-O  
Sunday 8th March

This event is the finale of a fun weekend of orienteering including a training day and the Auckland Night Champs that evening.

If you haven't entered yet, don't panic. You are only 2 weeks late. While this isn't a problem for the Short-O, it does make planning training events difficult so if you want to enter and haven't yet, get on the phone to John Robinson (Ph 09-238-6911).

The training day starts at 10am. Saturday and will be signposted from Waiuku township. The night champs will start as soon as it gets dark that evening.

The Short-O consists of two short races. The first in the morning is a "qualifying" race for the finals in the afternoon. Start times are 10am to 1045am and 12 noon for the afternoon with the fastest qualifier starting last.

There will be 3 courses and 1 kiwisport course.

If you have any questions, ph John Robinson (09-238-6911) or Rolf Boswell (299-9671)

## SUMMER SERIES

Due to the shortage of Robots some of the official/stewards are human and may react unpredictably when abused.

Tony Nicholls

## Central Club

Would the previous winners of Central club members please return the trophies to Eddie Reddish Ph 576-9147

Please note the Central Club Champs will be a OY6 Waterfalls map on 13-9-92.



# Easter 1992 17 - 20 April

## 4 Day Badge Event in Wellington / Wairarapa

### REMINDER AND SUPPLEMENTARY INFORMATION

The following information changes or adds to the information with the entry form.

- Day 3 on "Matahiwi" will NOT NOW BE A SHORT-O.  
All four days will offer standard-length courses for multi-day events.
- Badge event results will be calculated on CUMULATIVE TIME OVER ALL FOUR DAYS.  
This will enable you to compare results more quickly. The controller, planner and coordinator for each day will be entitled to an assessed time for the day they cannot run, based on the other three days.
- What are MENS OPEN (Course 5) and WOMENS OPEN (Course 8)??  
They are SHORT A GRADES offered to experienced orienteers who do not wish to run the A grade length. This is a response to many pleas over the years, such as Margaret McLauchlan's letter in MAPsport, Summer 1991.

We see the eventual possibility of offering Long-A, Short-A and B grades in every age group. We want to start the ball rolling by offering one Short-A for men and one Short-A for women. These will suit you if you are 17-44 and want something shorter than 17A, 19A, 21A, 35A or 40A. Difficulty will be as hard as we can set.

- Accommodation in Wairarapa.  
We have learnt that most rental accommodation in Masterton is fully booked, including our usual budget accommodation at Ararangi Camp. We suggest you plan on staying in Wellington on Friday and Saturday nights at least.

The Hutt Valley, Wairarapa and Wellington clubs look forward to seeing you at Easter. Remember that entries close on

**Friday, 27 March 1992.**

Enquiries: Rachel Shelton, 19 Rochester Street, Wellington.  
Phone (04) 475 8236





Trish Aspin winning the Gold Medal at the World Veterans Champs in Tasmania in January. Here Trish leaving the last control of the WVC Finals.

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*Auckland Orienteer*  
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