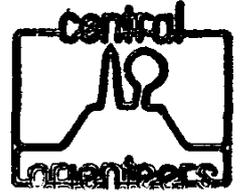


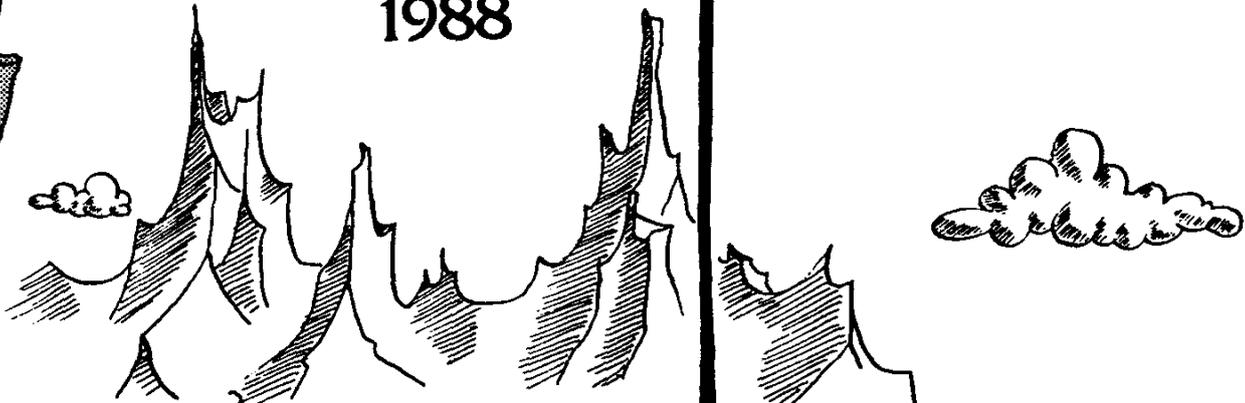
the Auckland

Orienteer



May

1988



editorial

Giddy! Well due to a big (BIG!) error on my part, last month's issue was missing the Queen's Birthday 3-Day entry form. This is going to leave you all in a drastic rush to get them in before closing date, which is MAY 6th !!! The entry form is included in this issue (plus event info), so you'd all better get to with pen and paper and post them as soon as possible. I'm really sorry about the muck-up - hopefully it won't ever happen again!!! This job sure takes a bit of getting used to!

Hope you all had a good time at the Anzac 3-Day Event (those of you that went!) - it was a pity there was such a low turn-out. Maybe we'd better reconsider how many 3-day events we hold each year?

See you all at Queen's Birthday!

Katie Fettes



contents

3	Coming events	12	Junior training day
4	N.Z. Team selection	12	Change of OY2 venue
5	Queen's Birthday 3-Day Event	13	Contact no's and addresses
6	Central Chatter	14	Beginner orienteering
7	North West News	15	Colour-coded events
8	S.A. Weasel Waffles	16-17	Guidelines to colour-coded events
8	N.Z. Secondary Schools Champs	18	Swedish coaching chart
9	Up a grade or two	19	Puzzle page
10-11	New WOA/AOA Challenge		

are you going to the 7-day?

If anyone is interested in doing a group travel/accomodation deal while in the South Island for next year's South Island 7-Day Event, Lorri O'Brien and Stan Foster are willing to co-ordinate groups - either in campervans or in minibuses, staying in camping grounds.

Interested? Contact us as soon as possible.

coming events



MAY

1	Sun	Wh	Mangawai North
1	Sun	C	One Tree Hill
5	Thur	SA	Auckland Secondary Schools Champs
8	Sun		Timberlands Forest Run, Woodhill Forest
15	Sun	SA	Waiuku Forest
15	Sun	R	CDOA OY3, Waipapa II (Rotorua)
22	Sun	NW	Puketapu Road, Woodhill
29	Sun	C	OY2, Temu Road, Woodhill

JUNE

4-6			CDOA Queen's Birthday 3-Day Badge Event and Trial
5	Sun	C	Auckland Domain
12	Sun	NW	OY3, Mission Coast Road, Woodhill
19	Sun	SA	Waiuku Forest
19	Sun	P	CDOA OY4, Orchards Farm (Pinelands)
26	Sun	C	Street-0, Farm Cove, Pakuranga

START TIMES

Sunday park events and OY's have start times from 10.00am till 1.00pm.

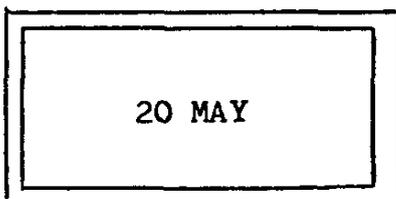
CLOSING DATE FOR NEXT ISSUE

Please post all your many contributions
to :

Katie Fettes
c/o G. Simpson
R.D.4

WAIUKU

ph (085)31217



n.z. team selection

The 1989 Selection Committee elected at the N.Z.O.F. Annual Meeting is as follows :

Robyn Davies (Taupo)

Graham Teahan (Red Kiwis)

Leo Homes (Wellington)

Wayne Aspin (South Auckland) - convenor

South Island's liaison officer will be Ann Scott (Southland).

The N.Z. Team Trials for the 1989 N.Z. team against Australia (Jan. 1989) are : Individual days of the C.D.O.A. Queen's Birthday 3-Day
New Zealand Championships, October 23, Hutt Valley

The Canterbury Championships on October 1 will now not be a trial due to the change of venue.

Orienteers contemplating New Zealand selection should endeavour to compete in both events in their correct age group for 1988. In addition the selectors will be taking into consideration all other badge events up to October 23.

In the event of a competitor changing age groups after 31st December, 1988, the selectors will need to be advised by form of a birth certificate before October 10.

All orienteers concerned, as well as those established in their existing grade, can be confident that they will be given fair consideration by the selectors.

As the main objective will be to win back the Alan Brown Challenge and Cerebos Cups, the strongest available team will be chosen and will be announced after the N.Z. Championships official results are received.

Are you available for selection? (Please don't be modest.) If so, fill out the form (inserted in this magazine) and return to :

Wayne Aspin

Hatton Road

RD4

WAIUKU - by October 10



"Please Lord,
may I be selected!"



queen's birthday 3-day event

Day One : Saturday 4th June

Ngamotu - New Map - 1:15,000 - 6m

Fast to slow run, poor visibility, easy gully/spur system.

Very few point features or tracks/line features.

Forest Farm. (Run by Pinelands - Rotorua map)

Day Two : Sunday 5th June

Highlands Station - 1:15,000 - 6m

Part used for CDOA OY November '87, in effect a new map.

Farm with many features and large patches of native bush.

(Rotorua Club)

Day Three : Monday 6th June

Paetataraoa - 1:15,000 - 5m

Used once for N.Z. Nationals 1987.

Forest Farm with good visibility - fast. Chasing start.

(Taupo Club)

The event will be run in accordance with N.Z.O.F. rules 1987.

Course/Grade Combinations

<u>Course</u>	<u>Men</u>	<u>Women</u>	<u>Win. Time</u>	<u>Difficulty</u>
1	M21E		70+	Hard
2		W21E	55	Hard
3	M19A, M35A, M21A		60	Hard
4	M17A, M40A		55	Hard
5	M45A	W19A, W21A, W35A	50	Hard
6	M50A	W17A, W40A	45	Hard
7	M55A	W45A	40	Hard
8	M60A	W50A, W55A	35	Hard
9	M15A, M21B, M35B		40	Med
10	M40B, M13A	W15A, W21B, W35B	35	Med
11	M21C, M50B, M17-20B	W13A, W21C, W40B, W17-20B	30	Easy
12	M12A, M13-16B	W12A, W13-16B	25	Easy
13	M12B	W12B	20	V. Easy

Please enter now!!! Entries close May 6th!!!

central chatter



* First and foremost I would like to extend on behalf of Central Orienteering Club, a public apology for the non-occurrence of the promotion event at Totara Park on April 3rd, due to unforeseeable circumstances. Thanks to Bruce Henderson for apologising on the day on behalf of the A.O.A.

* The Rix family farewell on April 6th went off with a bang. So nice to see representatives from all the Auckland clubs present. John Rix and his wife Vivienne first appeared on the orienteering scene in February 1976 at Waihou. John has long represented New Zealand in international competition and in 1978 took over presidency of Central Club from Ray Kitchener. In more recent times John has been involved with co-ordinating junior training schemes and our World Team. Vivienne has competed in W21B over the years, in between Joanna and Philippa.

It is with sad regret we farewell the Rix family, who are leaving for the U.K. in May, for a short break, and perhaps returning to Godzone sometime in the future.

* Talk about antics at the party!

- gosh that Coruba didn't last long Rob!
- and Barry, (perhaps you were still celebrating your Easter win), I know the old sparkling amber is good for the hair but I don't know how your good business suit appreciated your 'gaucherie'! No doubt N.Z. Drycleaners will be happy.
- such lovely photos of Simon C.'s wedding - can't understand why Penny didn't want everyone gawking at them - she looked so pretty - wonder why she threw the bride's bouquet away as soon as she caught it?

* At the Annual General Meeting on April 2nd, Tony Nicholls was elected life member of the N.Z.O.F. After more than ten years of service to the sport it is a well-deserved honour.

CONGRATULATIONS TONY!!!

* Congratulations also to Central's Easter weekend place-getters :

M21E : Rob Jessop 5th; Paul Dalton 6th.

M21A : James Brewis 1st

M19A : Matthew Tuck 2nd

M40B : Barry Tuck 1st

* Welcome to our most recent new member - Ian Street, who is to compete in the M35A grade.

* Farewell to Melvyn and Karen Cox. Melvyn has been transferred and they are leaving shortly to start anew in Sydney - perhaps we will see you

both in future N.Z./Australia Challenges? Good luck with the future to you both.

- * Darren Ashmore now has the prestigious title of school prefect. Not only that but he is the only 6th form boy at Edgewater College to be elected so. Good on you Darren!
- * Fieldworkers urgently needed for Western Springs. Please help us! Contact Eddie Reddish at 569-147 (o.k. Eddie?).
- * Outrageous!!! There are known to be 50 or so unfinancial members - spot the guilty faces!! How could you resist belonging to such a wonderful - friendly - supportive club as ours?

Chatterbox

north west news



- * The mapping committee's hard work will come to fruition shortly as four new maps (3 new and 1 redrawn) go to the printers. The club is grateful to all those members who spent long hours of their time on these projects.
- * Best wishes to Mary Moen who is travelling to Melbourne this month to attend a tapestry symposium. Mary recently held an exhibition of her work which received excellent reviews.
- * Don't forget to post your Queen's Birthday weekend entries right now. New club members - don't be afraid to take part in pre-entry events. There are always a lot of courses and grades to choose from and multi-day events are a great time to get to know orienteers, not only from Auckland but from all over New Zealand. Most club members stay in cabins usually, at camping grounds, but if you would like to know more give Leslie Stone a ring on 478-8224.
- * Next club meeting is at the Baronial home of the Stone family, 8 Agathis Avenue, Mairangi Bay on Thursday 5th May at 7.30pm. See you there.
- * Geoff Mead is the new club librarian, so any club members looking for a bit of good old 'O' reading matter (club newsletters from all over N.Z. plus some informative books), just contact Geoff on 410-5193, or call round at his house, 1/32 Knightsbridge Drive, Forrest Hill.

s.a. weasel waffles



- * A warm welcome to our new club members : Jim, Penny, Robert and Lisa Wakelin, who have transferred up from Kapiti Havoc. Also Richard, Linda, Clare and Dylan Seeger.
- * Jill Dalton is in Nepal at present doing a spot of trekking. I hope she doesn't stay away too long as we still need her expertise occasionally.
- * It is rumoured that Val Robinson has a new job to come back to after her stint in Canada - a good promotion.
- * Our list of jobs for people is :
 - May 15, Waiuku Forest : the Oldfields
 - June 19, Waiuku Forest : the Crispes
 - July 17 : the Laurents
 - August 7 : the Eades
 - September 11, OY Waiuku Forest : B. Murphy/J. Dalton/
I. Currie
 - October 2, Redoubt : the Lewis's
 - October 30, Waiuku Forest : the Robinsons
- * Don't forget the reunion, September 11th.
- * Club meetings coming up : May 2nd at Unni's, 23 Park Estate Road, Papakura; June 13th at the Oldfields', 11 Collingwood Road, Waiuku.

n.z. secondary schools champs

So far there are 25 schools interested in competing in the New Zealand Secondary Schools Orienteering Championships to be held in July. We are hoping for well over 200 competitors, and already have 150 entered. Orienteers wanting to compete, who have not yet entered, should get their schools to send in the pre-entry form.

We still hope to have 14 trophies - to cover all categories. They are :

- 6 individual grades (trophies have been promised)
- 6 relay grades (no trophies yet)
- 2 for best overall boys' and girls' schools (trophies from North West Orienteering Club)

If anyone, or any club, wishes to denote a relay trophy contact Stan Foster (ph 416-7106).

up a grade or two ...

Having originally entered the Easter 3-Day in M15A, I later decided I wanted to run a course 6-8km in length rather than 4-5km, so I chose to run M19A on Course 3. This provided excellent competition, running against the likes of James Brewis and Russell Mardon in the M21A grade, and Rob Garden along with all the other 'heavies' in M35A.

Day 1 was held on Crohane, an area of steep forest used for the National Relays last year. The course was just over 7km with a target winner's time of 60 minutes. Rob Garden won the course in approximately 74 mins, with others close behind. Apart from one mistake (8-10 minutes due to running off the map), I ran well (??) but finished in just over 100 minutes a long way behind Rob.

Day 2 was at McNeil, a new map - very steep farmland with large areas of native bush. With one three minute mistake, Mark McLean (Wellington) caught me up the same margin by the fifth control. Mark and I ran together for the next five controls, then after another minor mistake, James Brewis appeared - having started 12 minutes after me! At this stage I decided that I had stuffed around for too long, and the final five controls covered relatively few contours, so I really put it on. Compass-bearing and as much map contact as was possible, I managed to open a two minute gap on James and Mark - small consolation for being beaten by ten minutes.

Day 3 was on Granules. Aptly named, as the area is gully-spur farmland covered in thousands of boulders and rock features. I started three minutes behind Russell Mardon, but had a twenty minute margin to catch Mark McLean, which I had conceded over the previous two days. It was a good feeling to run out of the gully from the start triangle and see Russell standing on top of a boulder in front of me - lost! We really pushed each other through the first eight controls, then Russell took off, and that's the last I saw of him. However, while heading to the fourteenth control, we passed each other going in opposite directions (he was going back to 13). After three or four minutes of mistakes, and a good hard run, I finished in approximately 52 minutes. To my amazement I won the course - beating Ken Holst by 25 seconds! Overall I was 9 minutes behind Mark McLean, and a lot more than 9 minutes behind the top M35A. James Brewis won the M21A grade by 3 seconds, and in M35A Rob Garden beat Ken Holst by 5 seconds over the 3 days.



Matthew Tuck

Dear WOA orienteers,

While reading 'The Auckland Orienteer' I was struck by a bolt from the blue. The numbers taking part in their OY looked remarkably similar to ours. What about an Auckland-Wellington competition?

I got to with pencil and paper, and added up the number of orienteers who scored points in 4 or more OYs (we both have 7). Auckland, 135, Wellington, 121. Then to see how close the competition would be, I added up the number of winners at the National Championships (ignoring other areas). Auckland 19, Wellington 19. In fact other ways of comparing us tend to give an edge to Auckland, but what about it, WOA? Can we rise to the occasion?

The occasion could be run along these lines. Choose an existing event, say the CDOA Championships. Invent a scoring system : number of winners, placegetters, or a points system such as 3-2-1 or the OY score. Rustle up a log of wood or something as a trophy, issue the challenge, and we're away.

What about it, Wellington?

Michael Wood

63A Roseneath Terrace,
Wellington.
28 March 1988.

Paul Dalton,
Auckland Orienteering Association,
72 Arran Road,
Browns Bay,
Auckland.

Dear Paul,

I am instructed by the WOA Executive Committee to issue a challenge to the Auckland Orienteering Association. We suggest that Queens Birthday Weekend (CDOA 3-day event on 4-6 June) would be a good venue. Our Clubs are doing some work on a suitable set of rules, but we feel that your Association should have the privilege of drafting the procedures to be followed.

Michael Wood must be given credit for this original idea. Please see his article in our magazine enclosed. We have not yet rustled up the log of wood, but hope to do so soon.

We hope that you accept our challenge. We would allow the inclusion of the Whangerei Club if you so wish.

We look forward to your reply, and may the best Area win!!



Good orienteering!

Yours sincerely,

Ken Fraser (WOA Secretary).

Ken Fraser



72 Arran Rd
Browns Bay
Auckland 10

17/4/88

Mr Ken Fraser
WOA Secretary
63a Roseneath Tce
Wellington

Dear Ken,

YOU'RE ON !!! The AOA gladly accepts the challenge from the WOA and agrees that the Queens Birthday 3-Day is an ideal battleground.

Our proposed rules:

Venue : Day 1 of Queens Birthday 3-Day (new forest map)

Competition : Run along A/NZ Challenge lines.
All grades available to count if the minimum competitors (see below) take part.

(a) The times of the first two AOA and WOA competitors in each grade to be added together. The lowest combined total wins the grade.
Each grade is worth 1 point. All grades given equal weight.

(b) If either association can only field 1 competitor in a grade then it is competition between that one competitor and the best individual from the other association.

(c) If either association cannot field a competitor in a grade then the grade does not count.

How does this sound. Look forward to your comments.

Yours sincerely
Paul Dalton
(AOA secretary)

junior training day

Calling all Auckland Juniors 12 years and over

There will be a Juniors Day on May 22nd at Puketapu Road, Woodhill. Start time will be 10.00am. There will be training exercises, followed by a meeting for all those interested in being a member of the Junior Squad.

Please come along and share your views and hear the news. Help with transport may be available. Contact Jeni or Judy Martin ph 478-2005.

change of OY2 venue

There has been a change of venue for OY2. Due to requirements of the N.Z.O.F. that the Temu Road map be utilised for Day 3 of the Anzac weekend 3-day event, Central Club has moved OY2 of May 29th from Temu Road to Quarry Road, on the same date.

OY2 - May 29th - Quarry Road, Woodhill

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contact numbers & addresses

Auckland Orienteering Association (AOA)

Chairman : Bruce Henderson, 1/57 Stanaway St, Northcote. Ph 418-4979

Secretary : Paul Dalton, 72 Arran Road, Browns Bay. Ph 478-3378

South Auckland Orienteering Club

President : John Robinson, P.O.Box 575, Pukekohe. Ph (085) 86-911

Secretary : Rosemary Gatland, 2 Jill Place, Manurewa. Ph 267-5087

Central Orienteering Club

President : Tom Clendon, 21 Cleland Cres, Blockhouse Bay. Ph 564-567

Secretary : Barry Tuck, 12 Estelle Place, Pakuranga. Ph 567-414

North West Orienteering Club

President : Leslie Stone, 8 Agathis Ave, Mairangi Bay. Ph 478-8224

Secretary : Lisa Mead, 1/32 Knightsbridge Drive, Forrest Hill. Ph 410-5193

Whangarei Orienteering Club

Rhys Thompson, 116 Memorial Drive, Whangarei. Ph (089) 84-866

HAGAR THE HORRIBLE...by Dik Browne



beginner orienteering

The Editor,
The Auckland Orienteer.

Dear Katie,

Congratulations on your success with our magazine and with your orienteering as well for that matter.

I have a concern that I think merits publicity. It has to do with courses set for wayfarers, novices and other relative beginners. Three recent junior courses, one in each Auckland club area, have required beginner competitors to read contours and to use a compass with skill.

It is internationally agreed that this is highly undesirable. I enclose a Swedish coaching progression which must be relevant to N.Z. course setting, in which the ability to read contours does not appear until Stage 4 'K' for 15-year-olds, with detailed contour reading such as I have seen on novice courses not until Stage 4 'M'.

While there is no reference to setting a compass to determine direction of travel it can be safely assumed from what is included at each level that using a compass with precision would not be required until Stage 4.

In rewriting the old Hare and Tortoise for use by beginner orienteers, I have indicated what might be expected of the courses in the various grades viz.

Wayfarer/novice courses are planned so that the use of a compass is not necessary. They closely follow tracks, streams and other linear features. Wayfarer courses offer little or no route choice. Novice courses invite short-cuts across corners. Neither require the ability to read contours.

On adult B/C courses direct routes are more distant from tracks, fences etc but assistance from such features will be available should less direct, perhaps safer, routes be chosen. Controls will be located close to readily recognisable attack points. The use of a compass to establish direction of travel more precisely, and the reading of contours will be increasingly necessary.

The B.O.F. colour code rules reproduced here (see over page) support the view that beginner courses must be much easier than we frequently make them.

Please : the name of the game is SUCCESS, not D.N.F.

Yours in orienteering,
Laurie B.

colour-coded events

Over the last few months, several people have expressed interest in the system of 'Colour-Coding' promotion events run by Noth-West Club.

We use the British system, as described on the following pages. Thanks are due to Judy Martin, who provided the B.O.F. Guidelines and to the planners who have trialled them in N.Z. conditions.

At the April A.O.A. meeting, copies of these and supporting notes were given to all three clubs in an effort to promote the system across the Auckland area; these will be available to all planners. Pre-event blurb in the magazine could then tell all runners what levels of course are to be offered at each event.

Course setters of colour-coded orienteering events : Guidelines

Attached is a series of excerpts from British Orienteering Federation notes on the setting of colour-coded events, and the levels provided by each colour.

There are several points to note :

1. The colours progress from the lightest through to the darkest, in order of difficulty. The string course is a possible addition and could be used for groups or individual primary-level children.
2. It is important that courses are set very consistently to the guidelines on Page 2 regardless of what map you're using. In this way, orienteers will become used to choosing the most suitable course for their level of experience and fitness, and will be able to achieve success and improvement over succeeding events.
3. It is also important that courses be matched to the map and the expected runners. You can't set a Brown course at Dingle Dell! City maps, where the map is easy and many runners are inexperienced, would be say White-Yellow-Red; but a forest map, where many city runners will not venture, may provide Yellow-Red-Brown, with a short-cut across the Brown course to provide a Green or Blue course. You should never have to set more than four courses to achieve a good spread of difficulty and make the best use of the map.

KEY : Set 3-4 courses having regard to
* the level of experience of the bulk of competitors
* the size and complexity of the map.

Good luck!

Bruce Henderson,
Chairman, A.O.A.

COLOUR-CODED COURSES

1. Courses

Seven colours are used. Each colour represents a certain level of physical and technical difficulty. In outline, the darker the colour, the longer or harder the course. A detailed outline is attached.

Whilst the scheme is not intended to restrict a planner's options (ie he does not have to use all the colours, or he may plan separate 'uncoloured' courses), it is vital that if a course is assigned a particular colour it should be of the appropriate length and difficulty.

Planners should note that it will not be possible to provide certain coloured courses in some areas. For example, a technically difficult area in Cumbria may not allow a white or yellow course, whilst a parkland area may not permit green, blue or brown. If a large entry is anticipated, it is quite reasonable to plan two courses of the same colour; they should, however, be comparable in length and difficulty.

2. Planning and Controlling

The planner and controller have the responsibility for ensuring the success of the scheme. They must do their best to adhere to the Guidelines given opposite for each course; someone entering an orange course on one weekend should be able to enter an orange course the following weekend confident that the physical and technical standard will be similar. In particular, the yellow and orange courses (and to a lesser extent, the red course) should be technically straightforward, with plenty of controls on simple features.

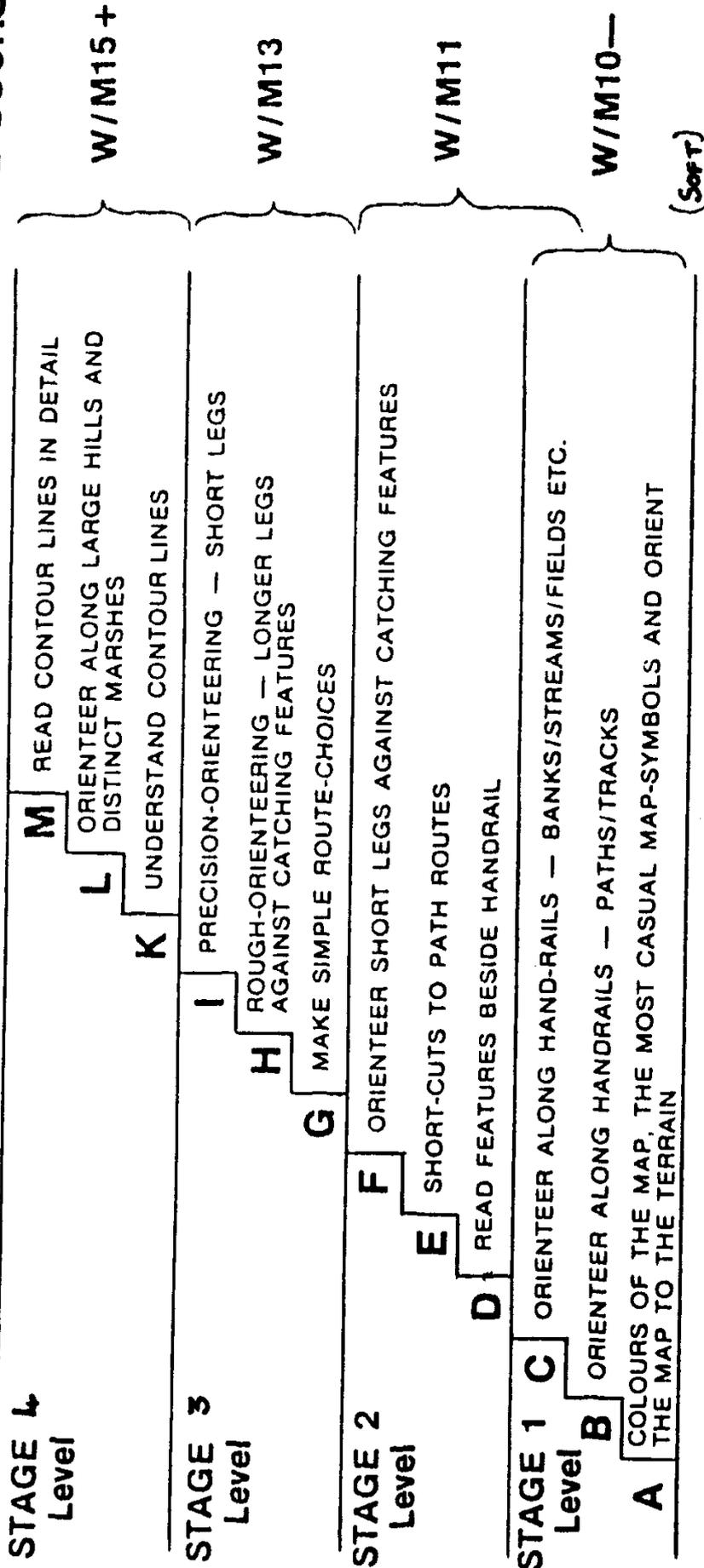
The planner should decide which courses should be provided.



GUIDELINE 2 - COLOUR CODED COURSES

COURSE	WHITE	YELLOW	ORANGE	RED	GREEN	BLUE	BROWN
Intended for:	Novices and Instruction	Novices	Those progressing from the novice stage	Inexperienced orienteers who want a longer course.	Experienced orienteers		
Technical Level:	Very easy	Easy	Easy-Medium	Medium	Hard		
Length:	1.0 - 1.5 km	1.5 - 2 km	2.5 - 3.5 km	4.5 - 6.0 km	3.5 - 4.5 km	5.5 - 7.0 km	8 km +
Time for most finishers:	15-40 mins	25-45 mins	35-55 mins	50-80 mins	35-55 mins	50-75 mins	60-85 mins
Control Sites:	Path bends and junction, fences, stream bends etc.	As for white	As for yellow, plus raised point features near line features.	As for orange	Technically Hard		
Planning:	Plenty of controls virtually no route choice.	As for white	Plenty of controls, but introduce simple route choice via line features or very easy contour features.	Include plenty of route choice and testing legs.			

SWEDISH COACHING PROGRESSION FOR CHILDREN - SKILLS - AGE COURSES



puzzle page

Okay everybody, did you manage to conquer the puzzle in last month's mag? Well, never mind if you didn't, here's the answers anyway!

Bert, Leeds, 2 years, Euston Station
Charlie, Cardiff, 40 years, Hyde Park
Dan, Glasgow, 28 years, Leicester Square
Fred, Walsall, 14 years, Hungerford Viaduct
Mick, Dublin, 55 years, Kensington Gardens

this month's puzzle

Right, how about this one! Five passengers arriving at Auckland International Airport had booked at different hotels in the city. From the clues, can you work out where each passenger came from, which hotel he was staying at, the number of his hotel room, and how he travelled to his hotel from the airport?

1. Both Jefferson, who had made the journey from Papeete, and the man with hotel room no.506 travelled to their hotels in cars, but the man staying at the Regent did not. None of these men hitch-hiked.
2. The passenger from Tokyo was in room 218.
3. Schultz had booked a room at the South Pacific with a higher number than that of the man who travelled to the city by hitch-hiking, and lower than that of the man from Singapore, who was not Harvey.
4. The passenger from Vancouver stayed at the Hyatt-Kingsgate.
5. The man with the rental car was booked into room 137, but not at the Travelodge.
6. Knight was met at the airport by his uncle, who drove him to his hotel in his own car.
7. Harvey's hotel was neither the Hyatt-Kingsgate nor the Regent.

Names : Jefferson, Harvey, Knight, McDonald, Schultz

Hotels : South Pacific, Travelodge, Sheraton, Hyatt-Kingsgate, Regent

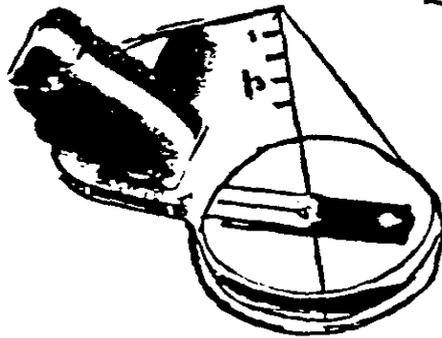
Transport : Newman's Bus, rental car, private car, taxi, hitch-hiked

Place of departure : Perth, Vancouver, Singapore, Tokyo, Papeete

Room nos : 137, 218, 506, 411, 305

Have fun! No giving in this time! Ha! Ha!

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