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CENTRAL ORIENTEERING CLUB

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August Newsletter 1980

COMING EVENTS

Events are Sundays and start between 10 am. and 12.30 pm. unless otherwise indicated.

- AUGUST 10 SA WAIUKU FOREST 7th OY event
9/3/80 o/y for M17-18,
- AUGUST 17 SA WAIUKU FOREST Re-run of M 19-20, M 21 B, M 35 A, M 43,
W 19, W 21 A. (In these grades the March courses were
ruled invalid). For the others a training event.
- AUGUST 17 H FLETCHERS FOREST NGARUAWAHIA CDOA OY Event
- AUGUST 17 C NO EVENT AT CHURCHILL PARK postponed until 19th October
- AUGUST 24 NW LONG O Courses 20 km plus, 15 km, 6 km and Novice-wayfarer.
Woodhill Forest. Entry via Rimmer Road.
- AUGUST 30 SA PATUMAHOE Reeve's Farm. Waiuku Rd 5km past Pukekohe
golf course. Start 6-8p.m. Saturday
- AUGUST 31 C WESTERN SPRINGS New coloured map
- SEPT 3 C ONE TREE HILL Night Event. Start 6.30-7.00 by Children's
Playground Carpark (near Manakau Rd) (Wednesday)
Committee Meeting at 13 Buckley Rd ^{Royal Oak} at 8p.m.
Course-setting slides to be shown at end of meeting.
- SEPT 7 NW WOODHILL FOREST 8th OY Event
Entry via Rimmer Road. North Woodhill
- SEPT 13 C WOODHILL NIGHT EVENT
Saturday night. Start time 6.30 - 7.30 pm. No longer
a Championship event.
- SEPT 14 RK WELLINGTON CHAMPIONSHIPS (Badge Event)
Entry form and information sent out a few days ago.
Entries close 31/8/80.
- SEPT 21 P KINLEITH. CASHMORE HILLS
(Entry via Paper Mill ???)
- SEPT 28 SA AUCKLAND CHAMPIONSHIPS
Matakawau. Information with this newsletter. Entry form.
closing date for entries 14/9/80

LOOKING FURTHER INTO THE FUTURE (selected happenings)

- OCT 25-27 NEW ZEALAND CHAMPIONSHIPS
Labour Weekend Near Taupo. ARRANGE ACCOMODATION NOW! (See page 8)
- NOV 23 WIRI MARATHON
(includes section for unregistered runners)
Start training now if you enjoy excessively long road races.
- JAN 81 4-9 AUSTRALIAN 6-DAYS near Ballarat.
If you can afford it you should have a real feast of O on
great maps of open forest.

RECENT EVENTSTHREE DAY EVENT - QUEENS BIRTHDAY WEEKEND

The three day event probably rivals the National Championships and the annual international competition with Australia as the premiere event of the Orienteering Calendar. This year's event was well up to the usual high standard with two new photogrametric maps and a high standard of organisation and course setting.

The first day was run on the new "North Woodhill" map. This is the block north of "Otakanini Topu" and has similar terrain with generally low visibility and excellent contour information on the map. More tracks are present than Otakanini but the same degree of care is required in the navigation. Despite this, it is interesting to note that the men's open was still won by an Australian. Apparently the ability to move more quickly over such terrain is something New Zealand Orienteers need to place more emphasis on.

Day two was on the well tested "Old Telephone Road" map with excellent courses set by Tony Nicholls (setter) and John Gregory (controller). Speed is possible in this block with good visibility, varied terrain and a good hand drawn contour map.

The last day was, in my opinion, the best by far. The courses were set in the new "Puketapu Road" block. This is an excellent area with good visibility throughout, clear but varied terrain, and an excellent photogrametric map. Speed is important here and the compass is only occasionally required to locate direction. It is possible to travel almost entirely by mapped features and once again the Australians showed the value of speed on all types of terrain.

Central Club was responsible for the organisation of the competition and for the courses for day two. North West set day one and day three courses. Everything went extremely well, even the weather did not dampen peoples enthusiasm too much.

Placegetters for Central were:

Simon Clendon (1st in M15-16), Karl Rogers (3rd M21B), K. Welch (2nd M35B), C. Small (2nd M21C), Vivian Rix (3rd W21B), James Brewis (3rd M13-14), Tanya Nicholls (2nd W12). Our two course setters also had good runs in the two courses they completed in - John Gregory (2 seconds in M35A) and Tony Nicholls (1st and 6th M43).

WOODHILL OY 29/6/80

2.00 pm: time to think about going home, but better see if any help is needed... " How about collecting in some control flags " they say, " Could be a good idea " I think, " Like to take another look at the area where I had trouble " (control 4, 54, Course 3). I should have known better, any confidence I had in my orienteering ability quickly disappeared when I started pacing in from my third attack point on my collecting up exercise. I seem to recall having similar feelings when taking my third or fourth shot to try and get out of golf bunkers a few years ago ... come to think of it wasn't that why I packed up golf and turned to orienteering Back to the OY event itself: I found that I did not know Telephone Road as well as I thought and that starting from near to the coast made most of the area seem new to me. Course (3), seemed one of the best ones I have run on for a while : in length and difficulty it seemed just right, one of the nice things was finding controls clearly placed and once you got into the area of the control there it was - none of this scrambling down a hole or into a bush on this course. Best thing of all I found, were the accurate and up-to-date map corrections. I know these must have taken ages to locate and plot in the week or two before the event (I have even heard tell, that corrections were made the day and night before!) but I for one appreciated them and wish events were always set with such care.

MARTIN NEWTON.

The 29/6/80 Organizers [Ray Baker (Coordinator), Karl Rogers (Planner) and John Rix (controller)] got good support from their team of helpers:

Registration: Grant Plimmer, Bruce Alston
 Start: Bob Johnson
 Pre-start: Martin Newton
 Finish: Sam Small, Terry Garbolino
 Results: Jim & Maureen Denyer
 Others: Kevin & Terry Small, Robert Crawford
 Beginner Instruction: Doug Morris
 Manned Control: Clendon family

BLOCKHOUSE BAY 6/7/80 HELPER'S COMMENTS

An overcast day with recent rain may have put a few off coming but there was a good turnout for the well set courses. A lot of mud underfoot made running difficult in places along with water pouring down some tracks.

The courses offered many route choices especially in the scout camp area which had a network of complicated tracks which could confuse anybody.

The large scale may have made a number of people overshoot and lose time re-locating themselves.

The times were sometimes very close as the terrain suited every age group and even a small mistake could cost somebody a couple of places.

Thanks must be given to all the willing helpers who made the event run like clockwork.

Simon Clendon.

*OODHILL O/Y 13/7/80 Puketapu Road

My favourite N.Z. orienteering venue is now Puketapu Road. (Sorry South Auckland but I've become too familiar with the excellent Waluku no. 2 map) I enjoy running in this open forest with plenty of contour features that can be seen in the distance and located on the map.

Liking an area and orienteering well over it do not always go together as I found out at this event. Before the next event I'll be telling myself to think first, run later (not run first, think later).

Thank you Rodney Evans (course setter) for some interesting legs. On Course 3 I particularly enjoyed legs 2, 12 and 14 which were all 500 metres plus and with plenty of contour information (not too complex) to assist in getting to a sizeable feature where the control was sited.

KARL ROGERS

LONG STREET AND PARK EVENT 27/7/80 CONTROLLER'S REPORT

This event provided an interesting change for the serious orienteers in the long events run on street maps and 3 of our Domain maps. There were also shorter courses on Karl Rogers' new Auckland Domain map. This map adds a very valuable area to the inner city venues available.

The long 'O' events were well supported (36 competitors) and I think, enjoyed. Geoff Bendall put a lot of time into setting the courses (on 5 maps) and set some interesting challenges. The long leg across One Tree Hill was one of the best legs ever set on that map. Those on Course A had a long climb up from Onehunga to One Tree Hill and everyone had another difficult climb from the penultimate control in the Domain.

We also had good turnouts for the Domain courses (set by Karl). The Domain has interesting challenges for all levels of orienteers, with a lot of open land for novices but some quite thick areas to test the more experienced competitors.

Courses in Domain maps are often cramped because of the limited area available. Newcomers to the sport should note that control must be taken in order. Controls are placed so as to provide interesting and testing route choices from one to another and taking them out of order destroys this challenge. In forest competitions controls are sometimes manned and cheating should not be possible, however, in the domains where the competition is less fierce, we do not usually man controls. This is mainly

because, with the participant nature of our sport with many club members helping at each event, we do not have the numbers to fully patrol the courses. There should be little pleasure in a good result gained by breaking the rules in a fun competition.

I would like to thank all those who helped organise the event and to thank Karl for his excellent map.

DAVID KNIGHT

FOOTWEAR

When its slippery underfoot orienteering is easier in orienteering shoes. Serious competitors are ready to spend \$40 for a pair of Reebok from John Robinson at events or perhaps \$36 for Patrick O shoes from Offers (Otauhu). Those looking for a cheaper shoe should have a look at the Skellerup All Star Trainer about \$11 at Para Rubber Stores (canvass with studs).

ORIENTEERING - IS IT REALLY THIS EASY ? (From an unknown source via John G)

1. From one control to the next

Move just away from control.

Orient map

Select attack point for next control.

Plan route to attack point.

At attack point -
check description.

Use care (compass, pacing, map reading) to control.

Check code.

Put card in correct box.

2. If lost

Orient map.

Work out route from last known position and use features you can see to try and locate yourself.

If still lost, use compass to head for nearby large feature (like a road).

Locate yourself on large feature.

Select new route to next control (CARE - one mistake tends to lead to another).

FERRY CLOSE

(reprinted from O-Focus Vol. 1)

All of us know the dangers and difficulties of uncrossable water; it takes but a small slip of navigation to land you in the proverbial - as I found to my cost one hot summer day in 1975.

The occasion was one of the first street events in the U.K. and a "Long O" to boot, meaning some 15 km of direct line orienteering. We started on a coloured map of Wimbledon Common taking the first half dozen controls in any order to split the field up after the mass start. Once off this map we moved onto a 30 by 50 cm black and white sheet at 1:20,000 with a jigsaw of four other maps on it, three being Lands & Survey type city maps with road names marked. Controls were then mainly in the form of information gathering from man-made features - e.g. ages on gravestones, hydrant numbers etc.

We picked our way through the maze of streets via Roehampton, through to a very busy Richmond and then into the peace of Richmond Old Park to mingle with the deer. Crossing the Thames by a lock we followed towpath and footpath to Twickenham and Strawberry Hill. Here the route choices to get to the polo ground in Petersham seemed to be south to Teddington lock or retracing steps $1\frac{1}{2}$ km to Twickenham again to the bridge I had seen to the inhabited Eel Pie Island in the middle of the Thames.

Always one to try the unexpected route I opted for the latter - but soon wondered seeing John Disley heading in for where I had just come from. Convinced I had still pulled a fast one, I was already estimating my time back and adding it on to the two hours I had been out. A sharp rightangle turn soon took me up the humped footbridge to the island and a 200m footpath across it to the far side. There I looked for the continuation of the bridge but all there was to be seen was a hundred metre gap of old Mother Thames. A quick check of the map showed my error - of bridge there was none, access to the island was simply from one bank. The choice was apparently 2 km more north, 3 km south, or a swim. But wait, a thin dotted line ran across the map just north of the island: "f-e-r-r-y".

Panting back over the bridge I espied a large rowing boat setting off from the pub landing stage. Amid a rising bank-side murmur of conversation I swung myself inboard to join the solitary passenger and boatman's dog. Now to explain that I was in a race, trying to get from A. to B. in a hurry but had no money. Anxiously willing him to row faster the far bank loomed up, my story was accepted, and I was off grateful for my luck, his generosity and the four minutes rest to get my breath back.

John Rix.

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AUCKLAND ORIENTEERING CHAMPIONSHIPS (BADGE EVENT)

Venue Matakawau (20 km NW of Waiuku)
 Map New 5-colour map
 Terrain A large area, 9 sq. km., of predominantly open farmland intersected by large valley systems. Generally steep with plateaus and rolling areas of hillock knolls etc.

Date 28th September, 1980.

Grades	M12	W12
	M13-14	W13-14
	M15-16	W15-16
	M17-18	W17-18
	M19-20	W19-20
	M21A, M21B, M21C	W21A, W21B, W21C
	M35A, M35B	W35
	M43	W43
	M50	W50
	M56	

Entry Closing No entries accepted after 14 Sept

Notes 'C' grade must be 1st year orienteers. Entrants must be NZOF affiliated through their clubs (all Central Club Members are). Trophies can only be won by members of the Auckland clubs.

ENTRY FEES Senior: \$3.00 Junior: \$2.00 Family maximum: \$8.00
 Officials Planners- W & P Aspin
 Controllers W & P Aspin
 Coordinator K. Holborow
 Race Secretary R. Sheldon P.O. Box 358 Papakura

TAUPO ACCOMMODATION for N.Z. CHAMPIONSHIPS

Elaine Brighthouse has advised that the Iwitihi Camp is now booked out. In fact I found out about this just after I had finished putting the Aug 1 Event information (including Taupo info) into envelopes. Central Club members therefore missed out on the Camp. This was not the result of slow distribution of information by the club. Apparently some other clubs got advance information and there was considerable early booking and block booking. *North-West and South Auckland missed out too.*

As most motels are already booked for Labour weekend, members are advised to book now through the Taupo Information Centre. *(AA members could use the AA Travel Service).*

Don't let problems getting accommodation prevent you from attending what promises to be a very good weekend of O for competitors of all grades.

KARL ROGERS