

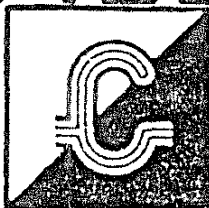
central orienteering club

DEC / JAN NEWSLETTER 1985/8

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Pakuranga
AUCKLAND

Ph : 564-567



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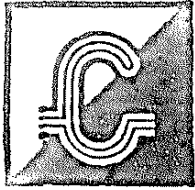
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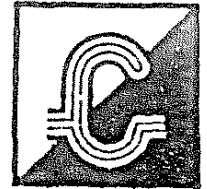
PUBLICITY : Gillian Dance Ph: 893505

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COMING EVENTS



Jan 25-26 T Taupo All Night Relays on new Rogue Bore map.

SUMMER SERIES EVENTS

Tuesday Evenings Start Times 5pm - 7pm

- Jan 21 Dingle Dell
- 28 Auckland Domain
- Feb 4 One Tree Hill
- 11 Auckland Domain
- 18 St. Kentigern College
- 25 One Tree Hill

Next Committee meeting Feb 10th 7.30 p.m. at the Nicholl's residence - 12 Princess St, Mt. Roskill

FROM THE FOREST

The Committee wishes all COC members a Happy Christmas and a better New Year.

See you behind the Christmas tree, at control 12.

ORIENTEERING TIP # 9. by Swampsox RESIST EARLY SEARCHING FOR CONTROLS

With relatively difficult controls without collecting lines, where it is sometimes difficult to measure the distance from the direction of approach, it has been found that searching practically always begins too early. It is only natural that you do not wish to run past the control, you therefore become uncertain and commence searching, not having the heart to run the extra 50 or 100 metres actually required.

Orienteering Hint.

Learn pace counting. Find out how many double-steps you take per 100 metres over various types of terrain. Be mentally flexible; what would the terrain look like if you really had gone too far? This glance at the map 'behind' the control area, which is seldom made, will often show that you cannot possibly be already there; thus you are in front of the control area and you can now run on.



BULLETIN BOARD

Bulletin Board

Of the forty-four applicants for the Taupo training camp for juniors, the following Central Club members have been selected -

Penny Clendon
Darren Ashmore
Tony Reddish
& Matthew Tuck

Well done! We look forward to seeing great improvements from you all.

A fourth fund-raising "get-together" has been completed. Again this was worth around \$700. (I can hear our treasurer counting out his money from here!)

Don't forget the All-night relays in January. Tony Nicholls is co-ordinating teams, so get your name in to him if you are interested.

Enclosed in this newsletter are two Summer Series publicity leaflets. One is for you, and one is for your local dairy or supermarket noticeboard - thanks.

Please note membership subscriptions are due. Yes, another year has been and gone. Subscription form appears later in this newsletter.

SNIPPETS

Rally driver Stig Blomqvist's co-driver, "Captain" Bjorn Cederberg is retiring at the end of the current season and will probably take up orienteering again! Maybe those Scandinavian navigators are all O-ers, and this accounts for their success.

(Source- Auckland Car Club Bulletin)





PRESIDENT'S REPORT - CENTRAL ORIENTEERING CLUB - 1985



Central Club has had a very active year

- 1) AOA Relays
- 2) 2 x OYs
- 3) Primary School Champs
- 4) The 6 Park events and the forest event for the Summer Series
- 5) Our 6 Promotion Park Events
- 6) And a series of "events" set for various clubs and organisations. (A total of 4 forest events and 13 park events).

To the various setters, organisers and controllers of these events please accept the thanks of the club.

For the coming year we are committed to organising 3 OY's, the A.O.A. Night Champs, the Secondary School Champs, Day 2 of the Milo "7 day" event, Day 2 of the Queen's Birthday W.E., our summer series of 6 park events, and a forest event; and our own club's promotional park events; also the NZOF Championships.

Quite a list really - and shortly we will have to be looking for course setters and controllers etc for these activities.

One of the areas of real concern to me, as President, is the rather uneven spread of responsibilities. This year we have not had an events co-ordinator and I have watched with concern some members almost over-committment to our sport - and the approaching state of "burn out" - we cannot run the risk of losing experienced personnel. For some time now we have owed a great deal to a few Orienteers. Please do consider how you can help the club.

Our "Map" Status Quo is a little tight, with Totara Park, Craigavon Park, Western Springs, Churchill Park, all in various stages of re-mapping. We have no Mangere Mountain maps on hand and our Domain Map is also in need of re-drawing. Our Selwyn Road Map is slowly being cut of trees.

We have planned one new map this year - Self's Farm, Mangere - used for the primary school champs for the first time.

We have 3 major maps ready for field working - Steven's Farm, Quarry Road and Temu Road - two forest maps. We are at the moment awaiting overseas mappers to visit NZ to get these maps completed in time for our major events next year.

The club purchased a Nashua Copier Machine which is held by our Newsletter Editor. We have repaired the Campomatic flooring and participated with the other two Auckland clubs to purchase a new Map printer.

Phil Brodie and Selwyn Palmer have taken up a new career of tent making - the prototype we saw at Labour week-end.

I would like to thank publicly the following people:-

Terry Ngtal - for his efforts in organising the money ventures we have recently embarked upon.

The Gregorys and Creaghs for the use of their properties for storing club equipment.



Ray Baker for his untiring work on our club Newsletter.

Selwyn Palmer for his work in keeping our maps up to date.

Eddie Reddish for his work on the club's accounts and membership list.

And of course Jill our secretary - no club can run effectively without a good secretary.

To the members who help out on the day a big thankyou is also due. Orienteering is a high labour sport and please do consider assisting with setting, vetting and organising. If you are approached, or wish to have a go - remember - we all had to start somewhere and there's plenty of help and assistance.

- Leon McGivern



SPECIAL NOTICE

Lightweight selfinflating
Sleeping Pad are coming for the
first time to N.Z.

Cascade Designs Inc. of Seattle USA makers of the original selfinflating pads have appointed as their sole New Zealand Agent, Ian Baine, an active Trumper, Climber and Skier.

Therm-a-Rest® are acclaimed world wide as the most comfortable and warm form of insulated sleeping pad available. They have been used exclusively on many Alpine and Polar expeditions including eight Everest expeditions in the last two years alone.

Therm-a-Rest® are made by a special process patented by Cascade Designs Inc. High quality lightweight Urethane-coated Nylon is bonded to a Urethane-foam core which when selfinflated and the valve is closed gives an airtight pad. The body weight creates internal airpressure which stretches the foam to maximum loft for greater insulation and minimizes compression for optimum body support.

Therm-a-Rest® pads will only be available on a direct mail order basis thus saving you money. Remit cheques, or full credit card number details and expiry date to Ian Baine Agencies, 4 Park Rd, Belmont, Lower Hutt.

Fully Illustrated & descriptive Leaflet available on request. Telephone (04)651-918. Our first shipment will arrive shortly. Cost and size details are as follows:

Type	Length	Weight	Prices Freight paid in N.Z.
Standard Long	1.82 m (6')	1020 g (2¼ lb)	\$119.00 ea
Standard ¾	1.19 m (4')	680 g (1½ lb)	\$ 89.00 ea
Ultralite Long	1.82 m (6')	794 g (1¾ lb)	\$129.00 ea

CENTRAL ORIENTEERING CLUB
1986 MEMBERSHIP SUBSCRIPTIONS

TYPE OF MEMBERSHIP (Tick appropriate boxes)

New Member

Renewal

Senior (19 years and over)\$21.00

Junior (under 19 years)\$11.00

Family\$38.00

The above fees include Affiliation and Levies as below:

(a) N.Z.O.F. Affil. (b) A.O.A. Affil. (c) A.O.A. Levy

Senior .. \$6.50 \$1.00 \$1.00

Junior .. \$4.00 \$0.00 \$1.00

Family .. \$17.00 \$2.00 \$3.00

SURNAME	FIRST NAME	BIRTH YEAR	GRADE
.....
.....
.....
.....
.....
.....
.....
.....
PROFESSION			
ADDRESS			
PHONE (Home)			

OY GRADES 1986. All members are automatically entered in the 1986 OY Competition (Orienteer of the Year). This competition involves 9 events of which the best 5 times count towards the award. The aim is to choose a grade and run it at each OY event. The grade in which you run first OY will be your grade for the year's competition. If later you wish to change your grade you must notify the OY Statistician and all your previous points will be discarded. If you are a beginner, it is recommended that you enter either the C or B grades pertinent to your age.

Grades are: (Age as at 31/12/1986).

DIFFICULTY:	MEN'S GRADES	WOMEN'S GRADES
Hard	M19A, M21E, M21A, M35A, M40A, M45A, M50A, M55A, M60A	W19A, W21E, W21A, W35A, W40A, W45A, W50A, W55A, W60A
Medium	M15A, M17A, M21B, M35B, M40B, M45B	W15A, W17A, W21B, W35B, W40B,
Easy	M-12A, M13A, M12-14B, M15-18B, M21C, M30+B	W-12A, W13A, W12-14B, W15-18B, W21C, W45B, W50+B

Make cheques payable to "Central Orienteering Club" and send remittance to:

Treasurer,
Central Orienteering Club,
12 Pooley Street,
Pakuranga,
AUCKLAND 6.

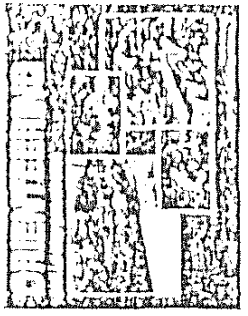
MEMBERSHIP ENQUIRIES: Eddie Reddish Ph 569-147.

Order Form

Please send _____ copies of Orienteering Skills and Strategies @ \$16.00 each plus \$7.50 for shipping and handling.

Name: _____
 Organization: _____
 Address: _____
 Phone No: _____
 Amount Enclosed: _____

Please allow 2 weeks for shipping. Make cheque payable to Orienteering Ontario. Mail to Orienteering Ontario, 1220 Sheppard Ave. East, Willowdale, Ontario, Canada, M2K 2X1. Phone: (416) 495-4160

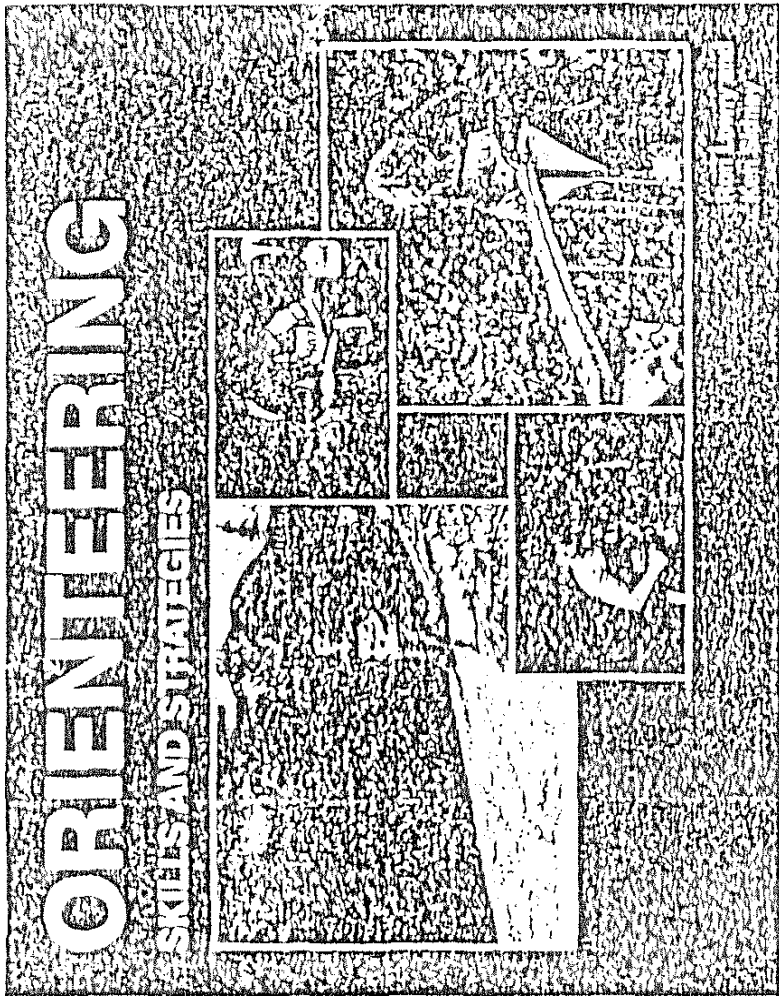
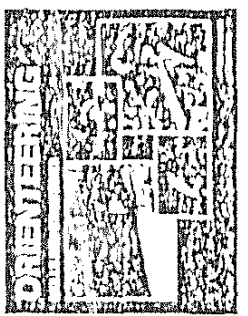


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Please allow 2 weeks for shipping. Make cheque payable to Orienteering Ontario. Mail to Orienteering Ontario, 1220 Sheppard Ave. East.



- An Orienteering Ontario Coach Yourself Manual
- Written by world-class orienteers Ron Lowry and Professor Ken Sidney
- 136 pages, 147 colour and black and white illustrations and 55 current photos
- Regulation 5-colour orienteering map and latest international orienteering map symbols
- Colour and plastic coated cover
- Read this book while your competitors are sleeping!
- A must for competitive orienteers, coaches, and school libraries

NZOF News

2.

FIXTURES

Two further badge event dates have been confirmed for 1986.

These are - C.D.O.A Championships - 17 August, 1986.

Auckland Area Championships - 12 October, 1986.

Clubs are reminded that Waitangi Day Weekend -early February, 1987- is still available should anyone be interested in organising a multi-day event.

PROPERTY

Clubs are reminded that when hiring videos they must return them promptly to Leo Homes as some one else may be waiting to use them. In some instances they have been kept for as long as two months which is not particularly satisfactory. It must be remembered also that the fees are payable when orders are placed. The same applies for copies of NZOF Event Rules.

A video of the World Championships '85 has been ordered and hopefully this will be available early in the New Year.

O-RINGEN

O-Ringen for 1986 will be held in Boras, Seden from 20-25 July.

Entry forms for this event are available from the NZOF Secretary.

ORIENTEERING PUBLICATIONS

The Canadian Orienteering Federation has advised of the publication of two new Training Manuals. They are "Orienteering Skills and Strategies" and "Orienteering Training and Performance". The first is available now and an order form is attached. The other is expected to be available about mid-1986.

N.Z.O.F. ANNUAL GENERAL MEETING

The Federation's next Annual General Meeting will be held in Taupo on Monday 31 March, 1986. This is Easter Monday and follows the conclusion of the Taupo Club's 3-day event the previous day. Venue details will be advised later.

In the meantime nominations are sought for the positions of

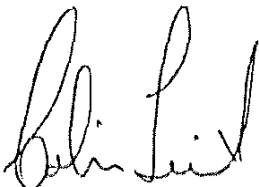
NZOF News

3.

President, Vice-President, Secretary and Treasurer together with sub-Committee convenors. Any remits or rule changes are also required to be given to me in writing.

Closing date for these is 27 January, 1986.

Finally I would like to wish you all on behalf of the Management Committee a Merry Christmas and the very best in Orienteering for 1986.

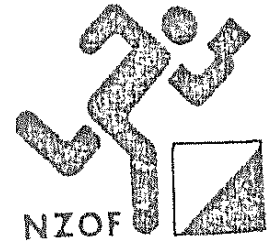


Colin Tait
Secretary.



NZOF News

29 November, 1985.



SILVA ORIENTEERING CHALLENGE AWARD

Nominations are now sought for the recipient of this award for the current year.

The trophy, which was donated by the manufacturers of the Silva compasses, is awarded annually to the person who it is considered has contributed most to the development of Orienteering in New Zealand. Previous winners have been Ralph King (North West) and John Davies (Pinelands).

Would Clubs please give some urgent thought to this and forward their nominations together with supporting information to the N.Z.O.F. Secretary by 31 December. Sorry about the short notice.

N.Z.O.F. AFFILIATION FEES AND EVENT LEVIES

All Clubs are reminded that there will be an increase in affiliation fees for next year. The new amounts will be:-

Senior (19+)	\$ 6.50
Junior	\$ 4.00
Family	\$17.00

Event levies for all Badge and National Events (including Relays) remain at 50c per competitor per event. Would all Clubs please bear these amounts in mind when setting subs for next year.

N.Z. MOUNTAIN SAFETY COUNCIL

Mr. Alan Trist, Executive Director of the Mountain Safety Council, attended the recent Management Committee meeting. He is of the opinion that our two organisations can work together more closely for mutual benefit and sees Orienteering as a way in which their members could acquire skills in compass work and map-reading. In turn his organisation could assist us with the production of promotional type material and with financial assistance in the production of maps.

The Management Committee will be pursuing this further but in the meantime would Clubs please co-operate with local Committees of the Mountain Safety organisation and assist with the organisation and running of training events wherever possible.

TAUPO ORIENTEERING CLUB
P. O. BOX 666
TAUPO

Katoa PO

1986 Inter-club all-night orienteering relays will be held the night of Saturday 25 January 86 on the Land & Survey vers farm block.

Course: Rogue Bore - new five-colour

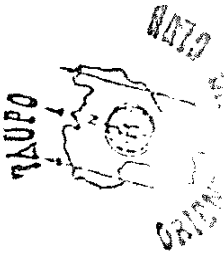
Time: 1:10 000

Course Interval: 5 metres

Course Work: Jim Lewis, Greg Bate, Morna McPa lane
Terrain: Gentle to steep hilly farm country with intricate gully systems. Former part of the Wairakei geothermal test bore field, it is still littered with bores and equipment. From that time and features the crater of the famous Rogue Bore

Teams will comprise seven runners of mixed ability for the following legs:

TIME TO RUN	ESTIMATED WINNERS TIME	DESCRIPTION	GRADE RESTRICTIONS
Dusk	25 mins	Easy	Only for juniors under 16 Seniors over 50 or C graders
Twilight	30 mins	Medium suitable for juniors or veterans	NO M21A M21B M35A M19-20 W21A or M17-18
Night	55 mins	Fairly difficult	Any grades
Night	40 mins	Difficult but suitable for good juniors, veterans or B graders	NO M21A, M35A M19-20 or W21A
Night	45 mins	More difficult than Leg 4	NO M21A M35A or W21A
Night	60 mins	Bloody murder	Any grades
Night/dawn?	40 mins	As difficult as Leg 5	NO M21A



If grade restrictions cause insuperable difficulty in team formation, include with the entry forms written details of the problem with name and grade of the proposed runner, and we'll decide how insuperable your difficulties are! Teams not obviously stacked with bearded W21C runners will receive consideration. If you need runners or have spare runners, provide legs, names, grades, and we'll as usual try to put together composite teams.

ENTRY FEE: \$25 per team, based roughly on \$4 each for 4 adults and \$3 each for 3 juniors

ENTRIES CLOSE: Must be postmarked no later than Tuesday 24 December 1985.

Send to Taupo O Club P O Box 666, Taupo

Enter specific names and grades

Late entries for teams may be accepted up to 20th

January 1986 ONLY if accompanied by DOUBLE entry fee.

START:

Leg 1 runners must be ready to start at 8.30 pm. The actual time depends on light and weather conditions.

SUNDAY EVENT:

A score event will be held on the Sunday morning to wake you all up, followed by BBQ brunch. Pre-entry \$2.50 per competitor, or group.

ACCOMMODATION: The Event Centre is at Poihiki Saleyards, ten minutes from Taupo.

There will be room for camping, toilets, outside tap.

There is no electricity, shop, food, rubbish collection, hot water

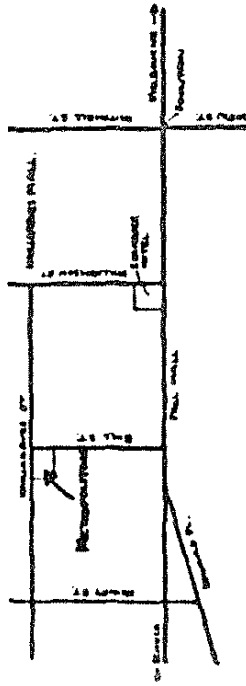
You are not allowed to light fires.

No dogs allowed.

Accommodation in Taupo is at a premium on the holiday weekend so book early if you reckon you will be finished in time to return to a motel to sleep!

TEAM ENTRIES: Please refer team entries to Tony Nicholls who is co-ordinating Central Club entries.

HOW TO ORIENTATE YOURSELF TOWARDS BREAKFAST, LUNCH OR DINNER IN BENDIGO.



The Metropolitan. Bendigo's most exciting range of dining and big possibilities. Under the one roof you have the choice of a superb bistro, an elegant à la carte restaurant and a comfortable bar.

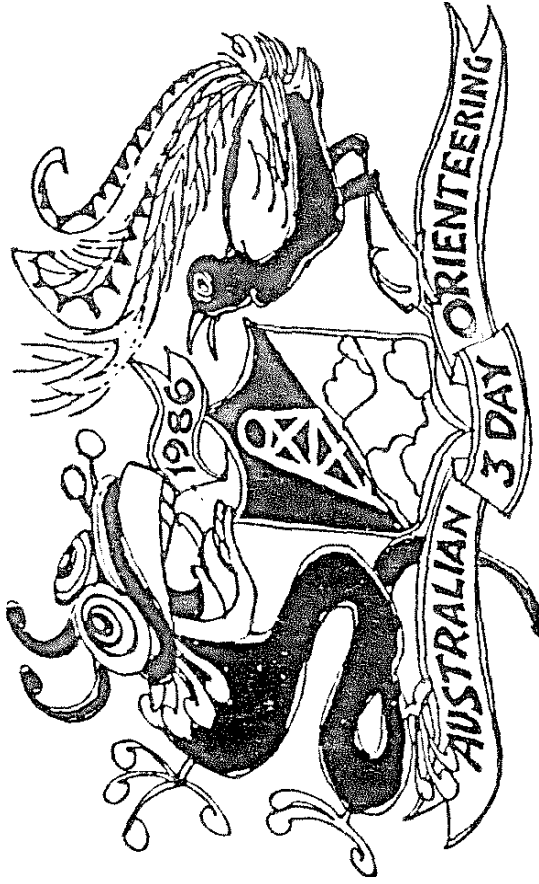
The Brasserie. Drop in for everything from coffee and croissants to a full meal and wine anytime between 10.00am and 1.00am Mon-Sat. 12.00 to 11.30pm Sunday.

The Restaurant. Elegant, yet relaxed atmosphere with the traditional à la carte menu. Lunch: Tuesday to Friday, and Dinner: Tuesday to Saturday.

The Bar. Monday to Saturday: 10.00am to 12.00am
Sunday: 12.00noon to 8.00pm.

Cnr. Hargreaves and Bull Streets, Bendigo. Phone (054) 434916 for restaurant bookings.

METROPOLITAN
BENDIGO AUSTRALIA



AUSTRALIAN 3-DAY ORIENTEERING 1986

SATURDAY MARCH 29 — MONDAY MARCH 31, 1986

'KOOYOORA STATE PARK', INGLEWOOD, VICTORIA

Dandenong Ranges and Bendigo Orienteering Clubs have pleasure in inviting you to enter the 1986 Australian 3-Day event, and the Family Relays.

This Easter will give you your first opportunity to compete on the World Individual Championship map at 'Kooyora State Park', near Inglewood, about 45 kms west of Bendigo.

As many of you know, the area is attractive and challenging, with large areas of wattle forest and complex granite detail.

The Family Relays will be held in the same area, on March 28. This area will be open for training after the Relays.

ENTRY FORM

AUSTRALIAN 3-DAY ORIENTEERING and FAMILY RELAYS
 INGLEWOOD, VICTORIA
 MARCH 28 — MARCH 31, 1986

POSTAL ADDRESS FOR PROGRAMME AND RESULTS

NAME: TELEPHONE (b)
 ADDRESS: (A.H.)
 State Postcode

COMPETITION DETAILS

SURNAME	GIVEN NAME	CLUB	STATE	AGE AS AT 31.12.86	PREFERRED CLASS	2ND CHOICE	FEE \$A
							TOTAL A: \$A

* Only nominate if your preferred class is one which often has only a small number of competitors.

ELITE ENTRY DETAILS

NAME:
 EVENT AT WHICH GOLD BADGE LEVEL ATTAINED

T-SHIRTS

SIZES	8Y	10Y	12Y	14Y	16Y	14A	16A	18A	20A	22A	Total No.	TOTAL B
T-SHIRTS												\$A

FAMILY RELAYS

FAMILY NAME

ADDRESS

State Postcode

Telephone

Course Leg	Given Name	Age Class
SHORT		
MEDIUM		
LONG		
Family Relay Entry Fee: TOTAL C		TOTAL C

TOTAL C: \$A9.00

LATE ENTRIES -- After 3.02.86: At \$A10.00 per person: TOTAL D

COMPETITION INFORMATION

CONTROLLER: Alex Tarr

Course	Km/Difficulty	Cost	Class	Km/Difficulty	Cost
1-12A	1.5 VE	\$20	D10	1.5 VE	\$20
1-12B	2.5 VE	\$20	D11-12A	2.5 E	\$20
3-14A	1.5 M	\$25	D11-12B	1.5 VE	\$20
3-14B	2.5 VE	\$20	D13-14A	3.5 M	\$25
3-16A	4.5 M-H	\$25	D13-14B	2.5 VE	\$20
3-16B	3 E	\$20	D15-16A	4 M	\$25
	6 VH	\$30	D15-16B	3 E	\$20
	7.5 VH	\$30	D17	4.5 M	\$25
	10 VH	\$30	D19	5 VH	\$25
	8 VH	\$30	D21E	7 VH	\$30
	6 M	\$30	D21A	5 MH	\$25
	4 E	\$25	D21B	3 E	\$20
	8 VH	\$30	D35A	5 VH	\$25
	5 M	\$25	D35B	3 M	\$20
	6 VH	\$30	D40A	4.5 H	\$25
	4 M	\$25	D40B	3 E	\$20
	5 VH	\$25	D45A	4 H	\$25
	3.5 M	\$25	D45B	3 E	\$20
	4.5 H	\$25	D50	3.5 H	\$25
	3.5 H	\$25	D55	3 H	\$20
	1.5 VE	\$20	L NOVICE	3 E	\$20

Course lengths are approximate only.
 Difficulty ratings: V — Very; H — Hard; M — Medium; E — Easy.
 Classes: In order to enter these you must qualify by stating the most recent event at which attained. GOLD BADGE LEVEL in the 21E or 21A classes.
 Clothing age classes: If insufficient entries are received for any age class, competitors will be placed in their 'second preference' age class, where possible. Groups will only be permitted on the novice courses.

EVENT INFORMATION

Closing date for entries is Monday, February 3, 1986. There will be a late entry fee of \$10.00 per person. Late entries will only be allowed at the organisers' discretion.
 Please make cheques payable to "Australian 3-Days 1986". Forward entries and cheques to:
 AUSTRALIAN 3-DAYS 1986
 41 Lockwoods Road,
 Boronia, Victoria, 3155.

Souvenirs: A commemorative t-shirt will be available in white with a red logo. They can be pre-ordered on the entry form below. The cost is \$7.00 per t-shirt.
 Awards: Cloth badges will be awarded to the first three placers in each age class.
 Accommodation: Details of caravan and camping venues are included on the separate sheet. Hotel/motel accommodation is likely to be in short supply in Bendigo at Easter. You are advised to book early. For more information contact the Bendigo Tourist Bureau at P.O. Box 119, Bendigo, Victoria, 3550.
 Event Centre: The competition centre will be at the Inglewood Sports Centre.
 NB: If booking camping/caravan accommodation at the Event Centre DO NOT INCLUDE PAYMENT WITH YOUR ENTRY FEES. I.e. please make all accommodation payments direct to those who are accepting bookings.

"INGLEWOOD" YOUR HOST TOWN FOR EASTER 1986

Inglewood is a historic gold mining town on the edge of the "Golden Triangle" approximately forty (40) ks. north of Bendigo on the Calder Highway. The Township was established in the early 1800's and consists of many interesting early Victorian buildings and still retains its old world charm, supporting the local farm communities.

Whilst Inglewood Township is small its structure supports a hospital, two resident doctors, ambulance service, fire brigade (urban and C.F.A.) a strong religious community with three Churches, R.C., C of E, and Uniting, two Primary Schools, State and R.C., a Community Health Centre, Elderly Citizens Club, Kindergarten and Sporting Complex including swimming pool, lawn tennis courts, bowling green and golf club. Nearby, within a few kilometres is fresh water fishing and water ski-ing.

The local district retains a great deal of its natural beauty. The temperate climate, low rainfall and fertile soil ensures an ideal place for growing grain, fruit, cattle and sheep. It has vast state forests of eucalypt, stringy bark and iron bark trees and our local fauna and flora give pleasure for bush walkers and tourists.

Within our boundaries are industrial gold mining complexes which are functioning today whilst amateur gold prospecting is a very popular tourist past time. Metal detectors are available on hire from a local store.

For the tourist we boast of our scenic Melville Caves, vast State Forests, Water Ski-ing on the Loddon, Eucalyptus farms and stills, Wineries with wine grown from local grapes, these are open to the public.

WEATHER PREDICTIONS: Our farming community has been asked to predict weather for Easter 1986. 75% predict that weather will be fine (dry). They are normally reliable (they also predicted our current 1985 drought). The other 25% predicted showers on at least one day, perhaps two.

ACCOMMODATION Immediate accommodation within Inglewood:-

INGLEWOOD SPORTS OVAL (Competition Centre)

Accommodation at Competition Centre - powered and unpowered site areas. Approximately 40 powered sites and 300 unpowered is available on the Oval's main venue, plus an extra 300 unpowered sites located at Inglewood's Primary School Oval within five minutes walking time from the competition centre.

Additional facilities will be provided with 30 hot showers and 50 toilets. The Competition Centre is within walking distance from all social functions, competition headquarters, main dining room and town's shopping centre. Use of the town's swimming pool and tennis courts are available.

COSTS: Powered sites \$6. per night
Unpowered sites \$3. per night

Meals are available at competition centre (breakfast/lunch/evening meals at a small charge). Additional meals will be available in the field areas. **FULL PAYMENT** is required with booking confirmation.

BOOKINGS may be made through either -

Mr. Ron Murphy, 69 Brooke Street, Inglewood, Vic. 3517, phone: (054) 38 3353

OR

Mr. Mike Bearryman, 29 Brooke Street, Inglewood, Vic. 3517, phone: (054) 38 3003

Main catering centre will provide cooked foods, hot drinks etc. is located at the Competition Centre and will cater for breakfasts/lunches/and evening meals. The breakfast menu is as follows:-

BREAKFAST

Cereals - including musell
bacon and eggs
baked beans on toast
spaghetti on toast
tomatoes on toast
toast with vegemite, jam or honey
fruit
fruit juices - tea - coffee - milo
CHILDRENS SERVES
(Evening meals will be prepared)

Special arrangements for lunches within the Competition Site has to be arranged on a daily basis.

ACCOMMODATION – COMMERCIAL

“Eagles Rest” Motel/Caravan Park

Located one quarter of a mile from Competition Centre and has 40 powered sites (own van) \$7. per night for two people with \$3. extra per night per person. On site van \$8. per person per night.

Motel cost \$28. a single and \$32. a double. Contact (054) 38 3232.

“Royal Hotel”

This Hotel is located in Brooke Street, Inglewood has limited accommodation mainly single beds at a cost of \$15. per night or \$30. a double, this includes bed and breakfast.

Please contact either Mr. Ron Murphy on (054) 38 3353 or Mr. Mike Bearryman on (054) 38 3003.

Private Billeting

The towns people have arranged 30 beds for competitors at a small charge of \$5. per night. Bookings contact Mr. Ron Murphy (054) 38 3353 or Mr. Mike Bearryman (054) 38 3003.

Private Caravan Parking

We can arrange for 18 caravans on private property at a cost of \$5. per night. Bookings contact Mr. Ron Murphy (054) 38 3353 or Mr. Mike Bearryman (054) 38 3003.

ENTERTAINMENT

It is proposed that evening entertainment be as follows:-

Saturday . . . B.B.Q./Spit Roast . . . “Old Timers” Country Dance.

Sunday . . . Bush Dance

Special Night Youth Entertainment of a “Disco” held at the “Charlie Napier” Saturday and Sunday cost \$1.00 per head.

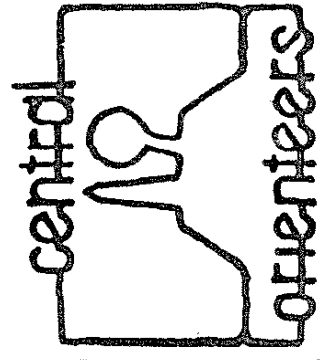
OTHER ACCOMMODATION

Caravan Parks	- Bridgewater 10 ks. south of Inglewood.....	(054) 37 3143
	Marong 35 ks. south of Inglewood.....	(054) 35 2329
	Dunolly 40 ks. east of Inglewood.....	(054) 68 1262
	Laanecoorie Weir 40 ks. east of Inglewood.....	(054) 35 7303
	Wedderburn 30 ks. north of Inglewood.....	(054)
Motels	- “Goldseeker Motel”, Wedderburn.....	(054) 94 3002
	“Riverside Motel”, Bridgewater.....	(054) 37 3200
Hotels	- Marong Hotel, Calder Highway.....	(054) 35 2206
	Wedderburn Hotel, High Street.....	(054) 94 3008

NEWSLETTER

Club Officers for Central Officers

NEWSLETTER



Club Secretary
Mrs J Roberts
182 Methuen Rd
Avondale
Auckland 7.

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