Equipment;	Leon Mc Givern	564567
Newsletter:	Brewis family	556989
Publicity:	Ray Baker	861485

CENTRAL ORIENTEERING CLUB

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CCC NEWS! FEBRUARY 1982

The O year has begun with the summer promotion events held on Tuesdays at One Tree Hill and the Domain. They will continue as long as daylight saving does. Thanks to Tony Nicholls for his efforts as Controller and chief-of-Publicity.

Forthcoming events:

Feb 14	North-west	LONG BAY Regional Reserve, start times 10am-12pm
16	Central	ONE TREE HILL (Tuesday), start times 5 - 7pm
21	C	WOODHILL (Sunday) Claypit Road map, entry through Park Headquarters - pine forest, start times 10am-12pm. 3 courses + compass pacing exercise. Planner: Tony Nicholls, Controller: John Gregory, Coordinator: Clendon family
23	C	AUCKLAND DOMAIN (Tuesday), start times 5 - 7 pm
28	Sth Auck North-west	MANUKAU CITY, start times 10am-12.30pm RANGITOTO COLLEGE, start times 10am-12pm
Mar 2	C	ONE TREE HILL (Tuesday), start times 5 - 7pm
7	South Auck	AWHITU Regional Reserve, Southwest shore of Manukau Harbour - farmland, start times 10-12.30pm
14	North-west	WOODHILL, first Orienteer of the Year event, 16-mile map - pine forest, start times 10am-12pm.
21	C	WOODHILL, Telephone Road map, start times 10am-12pm
28	Hawke's Bay	NZOF NATIONAL TEAM TRIAL, HAWKES BAY. Pre-entry necessary (entry form in this newsletter). Bill Bruce will co-ordinate car pooling; recommended transport contribution = 3 c a kilometre, 4½ c a mile, to cover petrol, tyres etc, about $25 all told (less than half NZR bus fare). Bill's phone no = 583-672 home; 797-713, ext 73 business.

April	4	South Auck	DUDERS BEACH (past Maraetai) - farmland, starts 10am-12.30pm
	9-11	North-west	WOODHILL Three Day Event, pre-entry necessary, 1st day is National Trial
	25	C	WOODHILL forest, 2nd OY event, Claypit Road map
	28	South Auck	AUCKLAND SCHOOL CHAMPIONSHIPS
May	9	South Auck	MATAKAWAU (Awhitu Peninsula) - farmland, 3rd OY event
	16		CHRISTCHURCH, National Team Trial
	16	C	WOODHILL, Winstone Forest Run, fundraising - prizes, 10 km and 5 km courses in forest

START PREPARING NOW FOR:

Sept	25-26	AUSTRALIAN O CHAMPIONSHIPS, Stanthorpe, Queensland. Lead-up events in N.S.W. on 18th, 19th, 21st and 23rd September. N.Z. Team size and class distribution will be: M21 and W21 - 5 each M-16, W-16, M17-20, M35,W35, M43, W43, M50 - 4 each. Urgent: in view of closeness of Commonwealth Games in Brisbane, accommodation and travel arrangements must be made NOW. Bill Bruce has made bulk travel booking and will co-ordinate: phone 583-672 home, 797-613, ext 73 business.

* * * * * * *

THE 4th NZOF COURSE SETTING COMPETITION 1981

We were pleased with the number and standard of entrants - some 64 applied (49 Senior and 15 Junior) of whom 44 actually submitted maps (30 Senior, 14 Junior). Preliminary judging was done by a group of the NZ World Championship team, resulting in a shortlist of 7 Seniors and 4 Juniors, with the final adjudication by Don Rolfe. Brief comments were made on each course, these are returned with the map. The results were as follows:

Senior Competition

1st	Bob	Murphy	SA
2nd	Linda	Parker	HV
3rd	Karl	Rogers	W
4th	Robert	Kay	RK
5th	Penny	Wakelin	KH
6th	Selwyn	Roper	RK
7th	Maurice	Ongania	SA

Junior Competition

1st	Andrew	Smith	KH
2nd	Phillip	Bell	SA
3rd	Robert	Crawford	C
4th	Michael	Davies	P

Notes on the Competition Entries

Although there was a generally sound presentation, it must be pointed out that in course-setting as in almost any other scientific or technical field, there are certain rules and conventions which can only be ignored at one's peril (e.g. circle size, control description format, avoidance of dog legs etc.). No matter how good the rest of the course is, if one of the basics is ignored then it cannot be expected to advance beyond the "short list".

The best way to make sure of a sound course is to refer to the following:

1. Course Planning (BOF publication)
2. Control Descriptions (IOF)
3. O Tech Sheets 4 and 5

and if time to:

4. Principles of Course Setting IOF (very similar to "1")
5. Chapters relating to course setting in most orienteering books.
6. The Course setting slides and explanatory notes (with the NZOF Equipment Officer).

Clubs should all have copies of the publications 1, 2 and 3 above.

Here follows a list of some of the points that surfaced in our discussions on the merits of the courses. Hopefully future course setters will reflect on these points and of course add their own further observations and recommendations It must be admitted that certain limitations were imposed by this map, but this will be true in almost every New Zealand situation (e.g. rectangular path network, large chunks of green etc.).

- Courses should aim to set a constant challenge and keep the competitor thinking from start to finish.
- A control really only has a maximum of 3 functions; a good starting point for a leg, a good end point, or to avoid a dog leg - without any of these, it shouldn't be used!
- No controls in "fight" and very rarely in "walk".
- Choose suitable start and finish areas, vary leg length and control features, have plenty of direction changes.
- Use the best terrain in the most challenging manner (e.g. the N.E. blocks on this map involved by far the most demanding map reading and offered the best route choice possibilities - some people didn't even use this area).
- Have "cross-overs" by all means but do take care, e.g. see diagram:

(i.e. set the crossover legs more or less at right angles and no controls near the actual crossing point.)

- Show that you are aware of the need to ensure fairness by indicating which controls need manning.
- Don't forget it is necessary to tell the competitors how the finish is reached (e.g. navigate or follow tapes).
- Do check the course distance and control descriptions carefully (some were obviously incorrect e.g. re-entrants labelled spurs etc.)

None of the above points are particularly original but we hope to remind entrants of some of the principles we were looking for.

Good luck and do enter next time!

John Rix p.p. (Colin Battley
(Ross Brighouse
(Mavis Hatwell
(Kevin Ireland
(Phyllis Snedden

August 1981.

Note absence of Central entrants above!

Further Results

A group of commended courses (no particular order)

D. Mellsopp P, M. Mc Kenna R, R. King NW, J. Browne SA, I. Basire KH, G. Manning KH, Q. Golder W, B. Long W, A. Cook P&P, K. Holst R.

Other entrants

S. Foster NW, J. Bottomley C, J. Bottomley C, R. Sinclair KH, J. Roberts C, A. Moore NW, J. Bocock KH, R. Hayes KH, C. Wakeling KH, I. Basire KH, M. Wood HV. W. Bottomley C, R. Higham W, L. Homes W, M. Parker HV, D. Browning T, M. Tuohey RK, C. Pearce RK, R. Oldfield SA, J. Davies P, P. Ireland P, L. Ireland P, K. Ireland P.

N.Z.O.F. TRIAL AND BADGE EVENT

ORGANISERS: Hawkes Bay Orienteering Club.

VENUE: Gwavas State Forest situated some 45km Southwest of Hastings. 40 minutes by road.

MAP: Premarked, 1:10000, New 5 colour map, contour 6m.

TERRAIN: Rolling with some steep areas. Similar to first Ngaumu Map.

PROGRAMME: Saturday, 27 March 1982
Warm-up event to be run on a part of the map that will not be used for the Badge Event.
Start times 1.00 to 3.30p.m.
Entry on the day.

Sunday, 28 March 1982
NZOF Badge Event and NZ Team Trial.
Start times and course information will be sent out on 18 March 1982.
Pre-entry only.

GRADES: M12 & under, M13-14, M15-16, M17-18, M19-20, M21 A, B, M35 A, B, M43, M50, M56 and over
W12 & under, W13-14, W15-16, W17-18, W19-20, W21 A, B, W35 A, B, W43, W50 and over
AGES taken as at 31-12-82.

ENTRIES: Warm-up: $1.00 per entry.

Badge and Trial Event	Senior	$ 4.00
	Junior (18 & under)	$ 2.00
	Family Maximum	$10.00

Send entry form, your cheque or postal note payable to "Hawkes Bay Orienteering Club" to:
C.W. Tait, 11 Reynolds Road, Havelock North.
Entries close Saturday, 27 February 1982.

T-SHIRTS: A special t-shirt will be available but these must be preordered. Cost: $8.00.
Sizes available: 8/10/12/14/SM/M/OS/XOS

ACCOMMODATION: Motor Camp: Windsor Park Motor Camps, Windsor Avenue, Hastings, Phone: 86692 - Cabins, Campsites and Caravan Sites.

Motels/Hotels: See overleaf. Please support these motels, they have supported orienteering - they are all on the Gwavas Side (West) of Hastings.

Camping Site: Kereru School has kindly offered the use of their grounds for campsites - sorry no power available. This is relatively close to the competition area.

CLUB LIBRARY

Books	Pages	
WORLD CLASS ORIENTEERING (HOLLOWAY)	202	
ADVENTURES WITH MAP AND COMPASS		
COMPETITIVE ORIENTEERING (KAILL ETC)	62	
DISCOVERING ORIENTEERING (WALKER)	46	
MAP MAKING FOR ORIENTEERS (HARVEY)	107	
MODERN ORIENTEERING TRAINING (HOLLOWAY)		3 copies
O FOR SPORT AND PLEASURE (BENGTSSON)		
ORIENTEERING FOR THE YOUNG (PALMER)		
ORIENTEERING (DISLEY 1978)	174	
THIS IS ORIENTEERING (RAND AND WALKER)		
ORIENTEERING - KNOW THE GAME (SCOTTISH O)		
BE EXPERT WITH MAP AND COMPASS - (KJELLSTROM)	214	
YOUR WAY WITH MAP AND COMPASS - (DISLEY)		

Booklets	
ORIENTEERING, FUN AND FITNESS (NICHOLLS)	47
PLANNING AN O COMP (ANDREW AND HOGG)	18
TRIM O (OFA)	21

Official Booklets		
COURSE PLANNING	4 copies	41
DRAWING SPECS. FOR MAPS	4 copies	
CONTROL DESCRIPTIONS		25

Latest addition to CLUB LIBRARY:

Course Planning S.O.F.T. (Swedish O Fed) and I.O.F.
Pub. April 1981. 96 pages.

This is the course setters' godsend. Everything that matters in Orienteering is discussed including : the evolution of course planning through the '50's and 60's as coloured maps developed, the uniqueness of the sport and how to preserve it, direct method courses, night events, relays, start and finish areas and most important map examples of suitable courses and legs for nearly 20 different categories of age and ability level from elite to wayfinders.

Nobody who considers themself a serious course setter can afford not to read and re-read this book and I'm sure many who didn't consider themselves in this category would still find many an evenings interest ing study.

A.O.A. Officers for 1982

Chairman	John Rix (1st Central club holder ever)
Vice-chairman	Ray Eade
Sec/Treasurer	Selwyn Palmer

"ORIENTEER OF THE YEAR" 1981

A total of 150 entrants were received for the series compared with 155 for series for 1980. This year points were gained by 115 competitors in the various grades and it is encouraging to note that the maximum total of 100 was achieved in only four grades; evidence of the keener competitive element developing.

Notable were the close results in grades W13-14, W15-16, W21A, W43, M21A and M50. In reference to the attached list only those competitors who gained points are included. In addition it should be noted that some competitors who, on occasions ran in grades other than that originally entered were not eligible for points in those cases; but of course would possibly affect other competitors points. We look forward to the continued success of the "series" in 1982.

Jim Denyer

NEW ZEALAND ORIENTEER OF THE YEAR

BRIGHOUSE TROPHY

1981 RESULTS

1st	Geoff Bendall	M43	Central	20 points
2nd	Colin Dahm	M50	Pinelands	15 "
3rd	Jillian Clendon	W12	Central	14 "
4th	Hilary Weeks	W43	Sth Auckland	13 "
	Robert Brewis	M12		12 "
	Ross Brighouse	M21		
	Simon Clendon	M15		
	Barry Shuker	M35		
	Athol Lonsdale	M50		
	Trish Aspin	W21		11 "
	Jill Bell	W35		
	Janine Brown	W15		
	Craig Brighouse	M13		
	Debbie Hayes	W13		
	Karen Sheldon	W12		
	Tania Nicholls	W13		
	Phillip Bell	M13		10 "
	Janine Cunningham	W15		
	Jill Evans	W35		
	Tony Nicholls	M43		
	Linda Parker	W21		
	Andrew Smith (KI)	M15		

Points based on each Area Champs and the National Champs:

Area Champs: winner 4 points
second 3 "
third 2 "
other finishers 1 point.

National Champs: Winner 8 points
second 6 "
third 4 "
other finishers 2 points

Only A grades count. There must be four starters in the grade.

Competitors can gain points in different grades if eligible for the grades, e.g. a 15 year old running up in the 17-18 grade in one area championship.

Present maximum of points would be 24 from Auckland, Central, Wellington and South Island Area Champs plus the Natio nal Champs.

ALL NIGHT RELAYS - TAUPO 30-31 JANUARY

In daylight the mapped area was deceptively smooth. Bare and brown with few trees; a gently sloping expanse rising towards the skyline in the west. Rural Taupo, with sheep and cattle grazing peacefully. Several large bulls and 80 Orienteers glared at each other over a stout fence but the confrontation never developed - fortunately.

After dark, a maze of gullies intersected by fences. Long grass, thistles and livestock. Sheeps' eyes reflecting torchlight, steers thundering away as they took fright, skylarks, near dawn, causing missed heartbeats as they fluttered from underfoot. For one unwary lass, a step into nothingness - an unmarked tomo, 8 feet deep. Her fall was broken by a cow which had preceded her into the hole. It lived and she used its back as a step to freedom when help finally arrived.

For those waiting to run it was fascinating to watch the progress of those in the field. Torch and lamp lights twinkled in the dark, vanishing and reappearing as gullies, hills and obstructions were passed. It was quickly established where the last control (a common one) was sited. Almost at the foot of thatblacker clump of trees it seemed, although, later in the cold hard light of day the trees were nowhere near. First the lights would flicker over the hill near the farmhouse, then bump down the slope, followed by the barking of the dogs disturbed by those who had shortcut through the kennel paddock. Forays to left and right, seeking the control while those waiting willed the runners in the right direction. At the ultimate xxxxx moment lights disappeared into the hollow where the control lay. A few seconds then back they bobbed and winked and the runners started the last 400 metres for home. Watchers and next leg runners lined the fence alongside the finish chute yelling encouragement and trying to identify the finishers. Tags exchanged, and the next leg was off.

For the record the Brighouse family team were convincing winners. Central was second, 81 minutes behind. With a supply of new batteries and a little bit of luck we could have been a bit closer.

Perhaps the courses were too long. It had been hoped to finish by 3.30 a.m. but when the last runners were sent off at 5 a.m. there were still 2 legs out on the course. Those last away ran for the most part in daylight.

Central's team was:

Leg 1	Kirsten Nicholls	3.2 km	9 controls
2	Bill Bruce	3.8 "	9 "
3	Tony Nicholls	7.5 "	15 "
4	Simon Clendon	5.2 "	13 "
5	Robert Crwaford	6.2 "	13 "
6	John Rix	9.1 "	19 "
7	Geoff Bendall	6.7 "	14 "

And so to bed!

FOR A MAP

a short orienteering story by Wilf Holloway

He slipped his hand through the bedroom window and skilfully undid the catch. Gently he swung the window open. Then he waited, listening. There was only the regular breathing of a man sleeping deeply.

Silently he eased through the window and stepped lightly onto the floor. All was dark and quiet. He touched a knob on the tiny torch he held and a slim beam of light swept over the room. There was the bed and in it slept Harald Anderson, forest controller for next week's World Champs.

He stepped carefully over to the bed, making no sound on the plush hotel carpet. He pointed the torch at the sleeping man's pillow, allowing no light to pass onto those unconscious eyes. Then his heart leapt! There it was! The newspaper reports were right then. A corner of brown envelope stuck out from under the pillow. Anderson slept with the World Championship maps after all.

Carefully, oh so incredibly carefully, he pulled at the envelope and it slid smoothly out from under the pillow. He had nerves of steel and he took his time. The sleeper stirred and he paused. Anderson didn't trust safes overnight—perhaps he was going to see that pillows weren't much better.

Then the envelope was free and he took it to the corner of the room and opened it. One map was marked "men" and the other "women". He photographed both and then put the miniature camera away again. Now came the tricky part. He pulled a small bag out of his jacket front and searched through the dozens of envelopes it contained. Finally he found one that matched Anderson's in every detail. What little information the newspapers had given had proved good reading.

He slipped the maps into the new envelope and sealed it. Quietly he crossed the room again and half pushed the valuable items under the pillow, as far as he dared. Anderson wouldn't suspect anything, thinking merely that the envelope had been displaced as he tossed around.

The world's first O-thief then left the room, cleverly closing the window behind him. In his camera he had information which would enable his compatriots to run fantastic times in a local forest. And Anderson slept on peacefully happy in the knowledge that the real WOC maps lay idly amongst a pile of newspapers on the armchair!

Plea for Missing Controls. If you have a control or flag in your garage (or anywhere else) please return it to the Club equipment officer, Leon McGivern, Phon 564-567.

Summer Promotion Events - A Reminder. Please make newcomers and strangers to orienteering welcome. Provide instruction where needed. This is a sport where there is no danger from strangers. And why not bring a picnic tea?